FIRST-YEAR GUIDE
PREPARING FOR YOUR FIRST SEMESTER
Welcome to the University of Minnesota!

Orientation & First-Year Programs congratulates you on your decision to attend this world-class institution. You are about to embark on an exciting and challenging journey that will provide amazing opportunities for growth. In order to make your transition to college a successful one, our mission is to:

- coordinate a variety of programs that are welcoming and inclusive of all new students;
- work with colleges and many other departments to maximize your potential for personal and academic success;
- assist you with the adjustment to the challenges presented by collegiate life.

As stated throughout this brochure, you can expect that the many programs and services offered by the U of M will enhance your learning, while challenging and supporting you. In return, we expect that you are engaged in the process and take responsibility to utilize these resources and get involved. Now is the time to begin planning for your transition.

With that in mind, this brochure contains information about the required New Student Orientation and Welcome Week programs. It also provides an overview of many of the incredible resources and services available at the U of M that are important to new students. As you read through this guide, look for action items that need your attention now (see action icon on opposite page). Although there are many more things to learn about the U of M, we hope this provides a good start.

To ensure a successful transition, be sure to:

- make note of items that relate specifically to you while reading all materials you receive from the U of M;
- pay close attention to new responsibilities, as well as new opportunities that come with being a college student;
- complete all expectations and tasks required of you before they are due. A number of action items are identified in this brochure and are labeled with an “action” icon.

If you are ever unsure of anything, just ask. In this time of change, it is understandable that some things will be confusing, but do not wait for the answer to come to you. If you do not know where to start, feel free to contact us. We are happy to help!

We wish you success as you begin this exciting new chapter in life. See you this summer!

Orientation & First-Year Programs Staff

www.ofyp.umn.edu | ofyp@umn.edu
612-624-1979 or 800-234-1979
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Quickview Foldout  Key Contacts / Dates and Reminders
As a new student and future University of Minnesota graduate, you can expect to receive a world-class education. While you work toward earning your U of M degree, the emphasis of your education will be both on what you are learning and how you are developing as a member of the University and citizen of the world. To encourage this development, the University of Minnesota has developed two sets of outcomes—one in the area of student learning and one in the area of student development. Along with the University’s liberal education curriculum, these outcomes will help shape your undergraduate education.

**Student Learning Outcomes**

The University’s student learning outcomes define what you will be able to do when you have completed any undergraduate degree, regardless of major, at the University of Minnesota.

At the time of receiving a bachelor’s degree, you:

- Can identify, define, and solve problems
- Can locate and critically evaluate information
- Have mastered a body of knowledge and a mode of inquiry
- Understand diverse philosophies and cultures within and across societies
- Can communicate effectively
- Understand the role of creativity, innovation, discovery, and expression across disciplines
- Have acquired skills for effective citizenship and life-long learning

As a U of M student, you can expect that faculty and staff will integrate these outcomes into the design of your academic courses, undergraduate research experiences, service-learning opportunities, internships, and learning abroad experiences.
The Undergraduate Experience

Taken together, the student learning and development outcomes underscore the important partnership between you and the University in achieving success at the University of Minnesota and in your endeavors upon graduation. The outcomes provide comprehensive goals and ensure that University of Minnesota graduates are responsible and engaged citizens prepared to participate in and meet the challenges of a complex, diverse, and global society.

Student Development Outcomes

The University recognizes that an undergraduate education is made up of a wide variety of experiences both inside and outside the classroom. Research shows that successful students and graduates should possess a certain set of skills and characteristics in order to succeed as citizens of the University community and our world. To assist in the development of these characteristics, the University has created a set of student development outcomes.

University of Minnesota students will demonstrate:

• **Responsibility and Accountability** by making appropriate decisions on behavior and accepting the consequences of their actions
• **Independence and Interdependence** by knowing when to collaborate or seek help and when to act on their own
• **Goal Orientation** by managing their energy and attention to achieve specific outcomes
• **Self-awareness** by knowing their personal strengths and talents and acknowledging their shortcomings
• **Resilience** by recovering and learning from setbacks or disappointments
• **Appreciation of Differences** by recognizing the value of interacting with individuals with backgrounds and/or perspectives different from their own
• **Tolerance of Ambiguity** by demonstrating the ability to perform in complicated environments where clear-cut answers or standard operating procedures are absent

These outcomes reinforce the principle that learning takes place throughout your University experience. Personal development in these areas can take place through your participation in Orientation and Welcome Week, on-campus employment, undergraduate research, service-learning opportunities, internships, learning abroad, and different types of curricular and cocurricular activities.

academic.umn.edu/provost/teaching/cesl_loutcomes.html
Orientation is a required two-day overnight program where you will meet other new students, learn about University resources, experience a night in a residence hall, meet with an adviser, and register for fall semester classes. Most Orientation programs will take place in June or July, based on your college of enrollment. If you have not yet received information about your college’s New Student Checklist and setting your Orientation dates, contact your college of enrollment (see Key Contacts in the back of this guide). It is in your best interest to sign up for your Orientation dates as soon as possible.

For additional information on Orientation and the required overnight experience, refer to the New Student Orientation newsletter that was mailed to you by your college or go to www.ofyp.umn.edu/fystudentpubs.

SCHEDULE AT A GLANCE

DAY ONE

8:30–10:30 a.m. Check-in
8:30–10:30 a.m. Optional Morning Activities
10:30 a.m. University Welcome
11:00 a.m. Transition to College Student Success Session
12:00 p.m. University Resources and Lunch
1:50 p.m. Housing or Commuting Sessions
2:30 p.m. College Meeting
4:25 p.m. Small Group Meeting
4:50 p.m. U Card Information Session
5:20 p.m. Dinner and Frontier Hall Check-in
7:15 p.m. Pieces of the Puzzle: College Life Issues
9:30 p.m. Evening Activities

DAY TWO

7:00 a.m. Breakfast
8:45 a.m. College Advising and Registration

Your New Student Checklist

If you haven’t already, now is the time to take action on items contained on your New Student Checklist. To complete your New Student Checklist log onto myu.umn.edu and select the My College Tab. Some items on this checklist include the Pre-Orientation Survey, placement testing (if required), setting your Orientation dates, and any other items required by your college.
Academic Advising and Registration Preparation
Working with an academic adviser is essential in successfully planning your academic career and getting the support you need. At Orientation, time will be set aside for you to meet with a college adviser to prepare for class registration. During these meetings, you will learn about degree requirements, tools to plan your four-year graduation, and the online registration system. On Day Two of Orientation, you will register for fall classes.

Class Selection Tutorial
During Orientation, you will register for your classes. In order to prepare for class registration, please review the Class Selection Tutorial prior to Orientation.

Disability and Mobility Accommodations
If you have a documented disability and would like to request accommodations at the University (this would include sign language interpreter and alternative format), contact Disability Services at 612-626-1333 (v/tty) two weeks prior to your Orientation date.

If you have a short-term disability (e.g., broken leg) and would have difficulty walking long distances during Orientation, please contact Orientation & First-Year Programs for accommodations at 800-234-1979.

Why am I required to attend Orientation and Welcome Week?
Many students often wonder why they are required to attend the Orientation and Welcome Week programs. Extensive research shows that students who participate in transitional programs like Orientation and Welcome Week are more successful during their first year of college. Orientation and Welcome Week provide students with the opportunity to meet people, become familiar with their new surroundings, and learn about the academic and social norms of the University before classes even start. They are designed to complement one another and contribute to your success.
Parent Orientation

Parents play a vital role as new students adjust to University life. Because this time can be both exciting and challenging for the entire family, we offer a separate program for parents and guests in conjunction with New Student Orientation. Parents and guests are strongly encouraged to attend!

Sign up

Once your student registers for his/her Orientation dates, sign up for Parent Orientation at www.ofyp.umn.edu/fyparentregistration or use the form found in the New Student Orientation newsletter. Registration for Parent Orientation and Student Orientation are separate. The cost to attend Parent Orientation is $25 and includes lunch and refreshments, a full day of workshops, and helpful materials. Preregistration is required. A fee waiver is available for eligible families. Please contact OFYP for additional information about the fee waiver process or any questions regarding Parent Orientation.

Program Highlights

• Talk one-on-one with financial aid counselors and attend sessions to answer specific questions regarding your student’s award package and payment options
• Find out about campus safety and Boynton Health Service, the University’s health care center
• Learn about the registration process, the student account system, student employment, and campus resources
• Meet with staff from your student’s college to learn more about academic expectations and opportunities
• Talk with current students about their college experiences
• Get insight into what to expect during your student’s first college year

Who should attend?

Whether this is your first or fourth student going to college, Parent Orientation will provide you with new, timely, and relevant information regarding the University and your student’s transition. Many families have already visited campus for a tour or admissions reception, but Parent Orientation will provide you with a different opportunity to gain more in-depth information about financial assistance, tuition and billing, health and safety, advising and registration, University support services, and the U of M student experience.

Evening Program

While the Parent Orientation program ends around 5:00 p.m., parents are invited to enjoy the sights of Minneapolis with our Evening Program. Enjoy dinner in the Campus Club on the top of Coffman Union overlooking campus and downtown. Following dinner, see the sights of our beautiful city and relax on a two-hour trolley tour. Highlights of the tour include the century-old milling district, Mississippi Riverfront, downtown shopping and theater districts, Minneapolis Sculpture Garden, and Chain of Lakes. The cost of the Evening Program is an additional $30 per person. Registration is required.

For additional information and to sign up for Parent Orientation go to: www.ofyp.umn.edu/parents
Parents and Families:
STAYING CONNECTED!

Parent Program
The Parent Program helps connect parents and families with information about the U of M and the student experience. Check out the Parent Program Web site to learn more about what is featured on this page and other Parent Program resources and initiatives including:
• Timely updates and reminders
• Online workshops, guides, and seminars on topics such as student alcohol use, mental health, and college finances
• Current news stories
• Parent events

Parent Newsletter
Throughout the year, parents will receive a quarterly newsletter through the mail from the U of M about campus issues and events of particular interest to parents. In addition, you can sign up for biweekly parent messages designed to keep you updated on current campus events. To sign up, send your email address to parent@umn.edu. You can also find parent resources and information on the University Parent Web site.

Residence Hall Move In Day/Welcome Week Begins September 1
There will be a program for parents on September 1 during Residence Hall move-in before the start of Welcome Week. Look for additional information soon!

Parents Weekend
October 8–10
Parents are invited to campus for a three-day weekend of activities and programs. All parents are invited to come and take part in the festivities and events planned especially for Parents Weekend, including special parent workshops, gallery and museum visits, and the pleasure of spending time with your student.

Minnesota Parents Association
Together, the Minnesota Parents Association and the University of Minnesota Alumni Association have created a special joint membership offer that provides parents and their student with valuable programs and rewards. As a parent, you will have access to communications and programming designed especially for you. Parents and students receive a subscription to Minnesota, the award-winning Alumni Association magazine that highlights what’s happening at the U. Other rewards include a 10 percent discount at the U Bookstore; special pricing on travel and hotels, including the Radisson and Days Inn on campus; and information on special events. Registration information is available at www.parent.umn.edu/association/.

Once school begins, here are some great ways for your parents and family to stay connected with the University

www.parent.umn.edu
What is Welcome Week?
Welcome Week is a continuation of New Student Orientation and will provide opportunities to enhance your academic and personal success. Over the course of this required six-day program you will be a part of a small group of incoming students guided by two upperclass students. In this group you will start to learn your way around campus; begin to build relationships with other students, faculty, and staff; learn to access the multitude of resources available to you; join the incoming Class of 2014 in campus traditions; and become a significant member of the University of Minnesota community.

Am I required to attend?
All first-time, first-year, degree-seeking students are required to attend and participate in Welcome Week activities. These activities are designed to prepare you for your first year. You won’t want to miss out on getting a jumpstart on your college experience. If you are in CEHD, CFANS, or CBS you may be enrolled in a class that includes Welcome Week activities that are required in course content.

What do I need to do now to prepare for Welcome Week?
- Mark your calendar for September 1-6, 2010!
- Plan family vacations, work schedules, and housing leases (if living off-campus) early so you will be able to start Welcome Week on Wednesday, September 1.
- Look for an email in July that will ask you to complete the Welcome Week Event Selection.

What will I do during Welcome Week?
On the following page you will find highlights of what you will be doing and how it will prepare you for the first day of class and your first year.
Wednesday, September 1:
Get Settled
Get settled: Welcome Week Leaders and Community Advisers will greet you and help you move into your residence hall room.
Commuter Student Check in and Commuter Kickoff
Meet your small group members!
Target Run: Spend a late night shopping at Target and participate in U of M trivia and karaoke.

Thursday, September 2:
New Student Convocation & College Day
New Student Convocation: The official welcome to the Class of 2014. This program includes a welcome from President Bruininks, faculty members, and current students.
College Activities: Explore what it means to be a member of your college of enrollment. You will learn academic expectations, meet advisers and faculty members, form study groups, meet students with whom you may share classes, and learn what your college has to offer you.
Pride & Spirit: Join your class in learning University of Minnesota traditions and cheers so you can show your Gopher spirit at future sporting events.
Fun Zone: Come with your friends and enjoy this high-energy event with inflatables, lawn games, dance lessons, and food!

Friday, September 3:
University Day
Learn to navigate the full Twin Cities campus: East Bank, West Bank, and St. Paul
Attend a variety of sessions, depending on your interest: health and wellness, money management, study skills, safety resources and tips, and building relationships
Keynote Speaker: Jermaine Davis, a local communications professor, will share his own life challenges and offer advice on how to stay motivated, succeed academically, and achieve your full potential.
Gophers After Dark Kickoff: Join in a U of M tradition and participate in evening entertainment at Coffman Union!

Saturday, September 4:
Community & Engagement Day
Participate in a service and engagement project that will connect a local community organization or social issue to your university experience.
Explore-U: Attend the Student Organization Fair and find a group with which to get involved, then stop by the Business Fair and enjoy free samples, giveaways, and coupons.
Take a late night trip to the Mall of America and check out Nickelodeon Universe, Underwater Adventures, and Moose Mountain Golf.

Sunday, September 5:
Community & Engagement Day
Participate in a Community Exploration trip to explore points of interest in the Twin Cities.
Attend House Meeting if living in a residence hall.
Participate in evening entertainment.

Monday, September 6:
Prepare for Classes
Take the day to relax and prepare for classes.
Participate in optional activities around campus: walk your route to class, check out a coffee shop, or ride a bike around campus.
One Stop
For answers to all your financial questions, look to One Stop Student Services. Our professional counselors give you individualized service in person, by phone, or online. When visiting the Web site, make sure to check out the Money Management section for more great advice on budgeting, saving, and borrowing wisely. onestop.umn.edu

Tuition Discounts
If you are from North Dakota, South Dakota, Wisconsin, or Manitoba, you can apply for reciprocity tuition. Obtain an application from your high school guidance counselor or on the Web site: admissions.tc.umn.edu/costsaid/residency.html

Six Steps to Financial Aid
There are six steps to receiving financial aid. To find out what step you are on, go to the One Stop home page and log in to the “Financial Aid Status” Quick Link. The six steps are:

<table>
<thead>
<tr>
<th>STEP DESCRIPTION</th>
<th>TIMELINE EXPECTATION</th>
</tr>
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<tbody>
<tr>
<td>1. Complete a Free Application for Federal Student Aid (FAFSA)</td>
<td>ASAP</td>
</tr>
<tr>
<td>2. Submit additional documents if asked</td>
<td>ASAP</td>
</tr>
<tr>
<td>3. Review paper estimated Financial Aid Award Notice (FAAN)</td>
<td>April–July</td>
</tr>
<tr>
<td>4. Review email asking you to respond to the electronic Financial Aid Award Notice (eFAAN)</td>
<td>late July</td>
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<tr>
<td>5. Complete entrance counseling and promissory notes for any accepted loans</td>
<td>early August</td>
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<tr>
<td>6. Receive disbursement of funds</td>
<td>1 week prior to the semester start date</td>
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Tips From Students Like You
I wish someone had told me....
1. To budget carefully and track my spending regularly. Don’t assume there’s enough in the bank at the start of the semester to last until the end!
2. To have “rainy day” funds available at all times.
3. To live within my means. It’s tempting to try and keep up with the campus ‘Joneses’ but certainly not worth going into credit card debt.

Now that I am a senior, I have realized that:
1. There are so many scholarships out there, and to get them you have to apply for them.
2. I should not be shy to take advantage of free items. They help save money in the long run.
3. My student job didn’t disconnect me from social activities on campus. In fact, it gave me more campus connections, taught me some valuable skills, and even made my social activities more enjoyable because I had more money to spend on entertainment.
4. You do not have to go off campus to have fun. Fun activities on campus are very cheap and free in some cases.
Changes in Your Family’s Financial Situation
If your family has a major change in financial status after you file the FAFSA, speak with a One Stop counselor regarding different options. You may qualify to submit a special circumstances appeal.

Private Scholarships
If you are receiving a private scholarship, ask the donor to send notification of the award—including the name of the scholarship award and dollar amount—to One Stop Student Services.

Do you want your parents or a guest to be able to help you with financial aid or billing?
Federal and state laws, as well as University Board of Regents policy, protect the privacy of your student record information. If you would like to allow your parents (or spouse, guardian, or other third party) to speak with a One Stop counselor regarding registration, financial aid, billing, or grades, please sign up for Parent/Guest Access on the One Stop Web site.

onestop.umn.edu

Veterans Services
University Veterans Services provides a wide range of services to military members, veterans, and their families through the Veterans Certification Office (612-625-8076), assisting with educational benefits, and the Veterans Resource Office (612-625-7620), directing veterans to non-educational benefits, services, and programs for housing, medical needs, employment, family and transition issues.
onestop.umn.edu/veterans
Are you planning to live in one of the University’s eight residence halls or three apartment complexes? If so, make note of these dates to ensure your space.

Housing Guarantee
Deadline: May 1
May 1 is the last day that you will be guaranteed a University housing space (Housing Application Freshman Guarantee). The sooner you apply, the greater your chances of getting one of your top hall choices. Complete the online application (www.housing.umn.edu) with a $25 nonrefundable housing application fee. If you mail your application, we suggest that you obtain a “certificate of mailing” from the postal service for your records. When you submit your housing application with your application fee, you will receive a letter stating that you are guaranteed University housing.

Housing Rates
Tentative housing rates are available at www.housing.umn.edu. Final rates will be available midsummer.

Changes to Application by May 15
Changes to your housing application can be made online until May 15 and will not affect the date your contract was received. Changes requested after May 15 are not guaranteed.

Housing Guarantee Payment: $250 due May 15
You may not receive a housing assignment if payment is not received by this date!

Your Housing Assignment by July 31
Details about your assigned residence hall, your roommate’s name and contact information, and information about lofts, refrigerators, and items to bring will be sent by July 31.

Loft and Bunk Orders by August 15
Loft and bunk orders must be placed by August 15 for the residence halls. Ordering information will be sent by July 31.

Move In August 31 and September 1
In July you will receive information from Housing & Residential Life (HRL) in the mail with the time and date of your move-in. All other students will move in on September 4.
Living Off Campus?
As a commuter, you may want to explore the Commuter Connection Student Group (www.sua.umn.edu/commuter) for events and gatherings for commuter students. They offer a lounge space in 236 Coffman Memorial Union, where you can form study groups, have a locker on campus, store your lunch, study, and meet other students outside of class. Watch for an August mailing containing details on welcome events and how to become involved in the group!

Need Off-Campus Housing?
Housing & Residential Life maintains a Web-based service to assist students who wish to live off campus. See listings of privately owned rental units around campus at www.housing.umn.edu/offcampus. Get tips from fellow commuter students and additional information at the Class of 2014 Web portal at myu.umn.edu.

Internet Access in Residence Hall Rooms
Watch for a helpful mailing this spring that tells you how to take advantage of the high-speed Internet connection (ResNet) in your residence hall room. For information, visit www.resnet.umn.edu.

Living Learning Communities
Living Learning Communities offer students the opportunity to live with residents who share similar academic interests. Change your application online or contact Housing & Residential Life directly by May 15 if you are interested in this option (based on space available). Please note: Living Learning Communities assignments are based on the guidelines listed in the Housing & Residential Life Contract Booklet (page 5), and space is limited.

Honors Housing (see p. 16)
University Honors Program (UHP) housing in Middlebrook Hall is a place for connecting and community building, featuring cocurricular and extracurricular activities. UHP students are encouraged to live in Middlebrook Hall.

housing@umn.edu
www.housing.umn.edu
Getting Connected
You will need your Internet ID and password to access the University’s online resources. If you have not initiated your U of M Internet account, locate your student ID number on your letter of admission and follow these steps:

• Go to the Student Internet Account Initiation page at www.umn.edu/initiate, and follow the instructions.
• Make note of your Internet ID, shown after you click Submit Form. This ID will be your permanent ID for all online applications at the University.
• If you ever require assistance retrieving your Internet ID or resetting your password, call 1-HELP at 612-301-4357. Due to security and privacy concerns, these requests cannot be handled by email.

Further details on these resources can be found at www.oit.umn.edu/help-support.

Do you need a computer or software?
After you attend Orientation and register for classes, you will be able to:

• Purchase a U of M certified laptop bundle
• Receive discounts on computers, cell phones, software, and high-speed Internet access and telephone service
• Purchase low-cost Microsoft software, including Office and Windows operating system upgrades
• Receive free Symantec AntiVirus software

Learn more at www.oit.umn.edu/umart and www.oit.umn.edu/utools.

Student Tools and Resources
As an undergraduate student you will have access to:

• Wireless campus network
• Public student labs and communications kiosks
• High-speed Ethernet residence hall network (ResNet) application
• NetFiles — a storage application with collaboration and sharing features
• UMChat — an open, secure, ad-free alternative to consumer instant message applications
• UMCal — a University-wide personal calendar management and scheduling system

Learn more about these and other great options at www.oit.umn.edu/students.

Email
Email is the official method of communication for the U of M. Confirm that you can access your account, and check it regularly.

mail.umn.edu

Safe Computing
An essential and required part of maintaining your computer’s connection to the University’s network is to keep it virus free. Visit www.oit.umn.edu/safe-computing often for the latest news and tips about safe computing. To get a head start on safe computing before you move to campus, follow the steps provided in Secure a Personal Machine.

Forgot your Internet password? Visit www.umn.edu/myaccount or call 612-301-4357 (1-HELP on campus).

Need technical help? Go to www.oit.umn.edu/students or call 612-301-4357 (1-HELP on campus).
MyU is the official University of Minnesota Web portal and is your cyber link to the University’s online community! MyU is personalized just for you. Information you have provided to the U, such as your college affiliation, helps the system display information that makes sense to you. Additionally, MyU gives you the power to make choices for yourself. As a result, no two portal views are exactly alike. Your view is designed to meet your specific needs.

Start by visiting myu.umn.edu, and sign in using your U of M Internet ID and password. MyU will provide you with the most current information about student activities, academic opportunities, U of M events, discussion boards, online tools and resources, and so much more!

By signing into your MyU account, you receive U of M information designated specifically for you. Your MyU portal view will contain college-specific information, access to your schedule and grades, library resources that apply to your program, and the ability to customize that information just for you! Sign in and find out more!

Here are a few ways you can use your U Card at the University right away:

• order your U-Pass (bus pass)
• gain access to your residence hall during move-in weekend (and thereafter)
• access your meal plan at residential dining facilities
• charge books to your student account at the U of M Bookstores
• access the recreation center
• get discounted athletic or arts tickets
• make purchases with Gopher GOLD™ value

Get your U Card one of two ways:

1) Visit the U Card Office on Day 2 of your Orientation with a valid photo ID (driver’s license, state ID, passport, or high school ID) to have your picture taken and receive your U Card.

Or avoid waiting in line and...

2) Complete and return the U Card Express service forms you will receive in the mail from the U Card Office and we’ll preprint your U Card.

• Simply go to the U Card Office on Day 2 of your Orientation, tell them you had your U Card preprinted, show your valid ID, and pick up your U Card. It takes only minutes!
• To preprint your U Card we must receive your return information in the U Card office no later than two weeks prior to your Orientation date.

It’s important to get your U Card on Day 2 of Orientation because your U Card is the University of Minnesota’s official student ID card and more!

www.umn.edu/ucard
The University Honors Program (UHP) housing in Middlebrook Hall is a great place for connecting and community building. Curricular support, including tutoring services Monday through Thursday evenings, and co-curricular programming, extend the Honors learning experience to the Honors residential community.

If you have been admitted to UHP, be sure to register for an Orientation date reserved for Honors students. If you would like to learn more about the University Honors Program, visit honors.umn.edu.

Freshman Seminars
When you register for classes, consider taking a freshman seminar, which are offered both fall and spring semesters. These seminars are small classes taught by some of our outstanding faculty members. Designed for first-year students, they are a great way to interact with a faculty member, meet other new students, and explore a new topic such as:
- CSI Minnesota: Biologists Look at Forensic Science
- Einstein for Everyone
- Introduction to Game Theory
- Who Told You This? Or, Thinking Things Through
- Brazil: Land of the Future, Postponed

When you come to Orientation, your adviser can help you choose a freshman seminar for fall semester. For a current list of seminars, visit www.ofyp.umn.edu/freshsem.
Student Employment
Working on campus is one of the best ways to connect to campus, to help with tuition costs, and to meet other people! Once you register for classes at Orientation, you can search and apply for student positions—on campus and off campus, work study and non-work study—at the U of M Employment System.

www.umn.edu/ohr/studentemployment.

Central Career Initiatives
Provides centrally coordinated career initiatives such as GoldPASS (the University's own job posting and resume database system), the annual Etiquette Dinner, and the annual U of M Job & Internship Fair. Take advantage of the many career exploration opportunities, events, and resources available to you early and often throughout your college career.

www.career.umn.edu

Graduation Planner
Graduation Planner is an interactive planning tool for University of Minnesota students on all campuses. Use Graduation Planner to:

• Explore the requirements for majors and minors
• Discover what courses you need to take, and when you should take them
• Make a plan that will help you stay on track for graduation

Your adviser will be able to review and comment on the plans you create. Be sure to work with your adviser as you plan for your degree.

plan.umn.edu

Office for Student Conduct and Academic Integrity
This office responds to inquiries about student conduct that poses concern for members of the University community and may constitute a violation of the Student Conduct Code.

www.umn.edu/oscai
Parking and Transportation Services (PTS)

PTS offers one-stop shopping for all your campus transportation needs.
Visit: 300 Transportation and Safety Building, 511 Washington Avenue S.E.
Email: pts@umn.edu Call: 612-626-7275.
Check PTS online for great student employment opportunities.

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Check PTS online for great student employment opportunities.
Health and Wellness

To make the most of your college experience, it will be important that you strive to live a healthy lifestyle and make decisions that ensure both physical and emotional health. This page highlights some of the programs and services that promote wellness.

Complete your immunization form
All students are required to submit a Student Immunization Form the first time they register for one or more credits. To submit your form online visit www.bhs.umn.edu/immunization-requirements.htm.

Make sure you have health insurance
All students are required to have health plan coverage. If you’re covered by your own or a parent’s health plan, bring that information to Orientation. You’ll need to enter it as part of online class registration. Students who do not enter health plan info at the time of class registration will be automatically enrolled in the University-sponsored Student Health Benefit Plan. To learn more about the University plan, visit www.shb.umn.edu or contact the Office of Student Health Benefits at umshbo@umn.edu or 612-624-0627.

Check out Boynton Health Service
As a member of the University of Minnesota community, you have access to one of the highest quality health services in the nation. For over 90 years Boynton Health Service has taken pride in meeting the health care needs of students, staff, and faculty with compassion and professionalism. Boynton’s clinics and services include: eye clinic, dental clinic, pharmacy, massage therapy, primary care, women’s clinic, mental health clinic, physical therapy, nutrition services, health education, lab, x-ray, and more. Students who pay the Student Services Fee and have health plan coverage (e.g., a parent’s plan, the University-sponsored plan) receive most services at Boynton at no out-of-pocket cost after the bill has been processed by their health plan.

Information: 612-625-8400
Appointments: 612-625-3222
Located behind Coffman Union

University Counseling & Consulting Services (UCCS)
Check out UCCS for help with choosing a major, learning better study skills, or resolving personal conflict. Students can also access individual and group counseling, career and personality testing, and crisis counseling. www.uccs.umn.edu

Student Mental Health Web site
A web resource for students, their parents, faculty, and staff who wish to learn more about mental health and related resources at the University of Minnesota, Twin Cities. www.mentalhealth.umn.edu

Aurora Center for Advocacy & Education
Provides free and confidential services with a 24-hour help line (612) 626-9111 and weekday walk-in hours that include information, emotional support, referrals, and advocacy for survivors of sexual assault, relationship violence, and stalking. The Aurora Center also provides prevention education for the campus community. www.umn.edu/aurora

www.bhs.umn.edu
Office of Equity and Diversity (OED)
One of the advantages of being a U of M student is the unique opportunity to connect and interact with students, faculty, and staff from a wide variety of backgrounds and experiences. The Office for Equity and Diversity is responsible for the University of Minnesota’s system-wide equity and diversity initiatives and programs, and for infusing the core values of equity and diversity into all aspects of teaching, learning, research, service, and outreach at the University. www.academic.umn.edu/equity/

Disability Services (DS)
The Disability Services office is committed to making the University accessible and inviting for students, faculty, staff, and guests with disabilities. If you have a disability that requires an accommodation, you will need to register with Disability Services. Students are encouraged to contact DS as early as possible to discuss reasonable accommodations. A disability specialist will assist you with disability-related concerns that affect learning and student life. The primary responsibility of the disability specialist is to determine your eligibility for services and to facilitate the process of identifying appropriate and reasonable accommodations. Please contact Disability Services at 612-626-1333 (v/tty) if you have additional questions or wish to register for services. To make accommodations for Orientation, see page 5. ds.umn.edu

Gay, Lesbian, Bisexual, Transgender, Ally (GLBTA) Programs Office
The Gay, Lesbian, Bisexual, Transgender, Ally (GLBTA) Programs Office is dedicated to improving the campus climate for all University of Minnesota students, staff, faculty, alumni, and visitors by developing and supporting more inclusive understandings of gender and sexuality. The GLBTA Programs Office seeks to bridge and build communities that create affirming and welcoming environments in which people can be their whole selves and which honor all identities and experiences. www.glbta.umn.edu
Multicultural Center for Academic Excellence (MCAE)
The following are just a few of the services the Multicultural Center for Academic Excellence provides to enhance the academic, personal, and cultural experiences of multicultural students.
• First-year learning communities
• Personal support, mentoring, and advocacy
• Academic resources and tutoring
• Referral and information
• Employment opportunities and career exploration
• Cultural and social programs and community building
  www.mcae.umn.edu

Women’s Center
The Women’s Center works as a catalyst to achieve equity for all U of M women (students, faculty, and staff). Gain more out of your University experience by attending our programs, applying for travel grants, joining our blog, or tapping into our resources. Our weekly e-Bulletin announces events, programs, scholarships, jobs, and more. Subscribe at women@umn.edu.
  www.umn.edu/women

Multicultural Kickoff August 31-September 1
This two-day program will help you get the inside scoop on the U, learn about faculty expectations in the classroom, build relationships with multicultural students, staff, and faculty, connect with other new students and returning students and develop new friendships, and make valuable multicultural connections that can support your educational goals. There will be special sessions that will provide information for those participating in the SEAM program, as well as Wallin Scholars, Multicultural Excellence Program (MEP), Puckett Scholars and Jackie Robinson Scholars programs, American Indian Cultural House, and Casa Sol Living and Learning Communities. Our goal for the event is to provide information that will ensure that you get your academic career at the U of M off to a great start. Most of all, this will be a great opportunity to meet other students who are new to the University just like you! The Multicultural Kickoff is free! Lodging and food will be covered by MCAE. » www.mcae.umn.edu

Student Parent HELP Center
The HELP Center, open to all undergraduate students with children, provides services that encourage and support student-parent success at the U of M. Services offered include various child care assistance grants, as well as a weekly parent group held in Appleby Hall Room 24, Wednesdays, noon to 2 p.m. To schedule an intake appointment please call 612-626-6015 or walk in any weekday between 8:30 a.m. and 4:00 p.m.
  www.sphc.umn.edu

International Student and Scholar Services (ISSS)
ISSS is the office dedicated to serving the University of Minnesota’s international community. Its primary mission is to assist international students and scholars in successfully accomplishing the goals that brought them to the University, by using all available resources.
  www.isss.umn.edu
The University of Minnesota offers countless opportunities for you to be involved in various facets of campus and the community. You may find yourself involved in multiple areas you find important. We encourage you to be intentional in your involvement, understand the reasons why you are getting involved, and know the outcomes you want from your experience. Our hope is that you will build upon an involvement experience and branch into other opportunities to enrich your experience and become engaged members of our community.

Student Unions & Activities
Attend events and explore your interests with Student Unions & Activities. Check out our Web site to see the campus-wide events calendar and search the over 600 different student groups on campus. Join an organization or start your own!

[www.sua.umn.edu](http://www.sua.umn.edu)

Leadership Education and Development - Undergraduate Programs (LEAD-UP)
Offers cocurricular leadership programs for undergraduates, a credit-bearing Leadership Minor, and civic leadership opportunities in the neighborhoods near campus.

[www.umn.edu/lead](http://www.umn.edu/lead)

Engage! Do What Matters
The Engage! search helps University of Minnesota undergraduates connect with meaningful experiences outside of the classroom. Use this search to discover opportunities that will help you pursue your interests and aspirations, and complement your academic experiences. The search is also available to prospective students, graduate students, and members of the public who are interested in learning about engagement opportunities across the University of Minnesota system.

[engage.umn.edu](http://engage.umn.edu)

Learning Abroad Center
When you meet with your adviser, consider planning to study abroad. Many students say that it was one of the most memorable experiences of their time at the U. You can earn general liberal education requirement credits or major credits abroad, so an international experience doesn’t have to delay your graduation date. There are scholarships specifically created for study abroad, and financial aid will follow you if you are earning credit. Go abroad; you won’t regret it.

[www.UMabroad.umn.edu](http://www.UMabroad.umn.edu)
Homecoming 2010: Paint the Town Gold
September 26-October 2

Since 1914, the University of Minnesota, Twin Cities, has celebrated Homecoming, a week dedicated to honoring the spirit of the maroon and gold. This celebration brings the campus community together with events such as a campus-wide scavenger hunt, cheer and lip sync competitions, sports competitions, community service events, pep rallies, and of course the Homecoming parade and football game. This year’s theme, Paint the Town Gold, encourages the campus community to embrace their pride in maroon and gold by wearing gold, thinking gold, and being golden gophers! www.homecoming.umn.edu

Office for Fraternity and Sorority Life
Fraternities and sororities provide opportunities for the development of academic abilities, civic involvement, leadership skills and lifelong friendships. Through the Office for Fraternity and Sorority Life, the University provides assistance to students and parents with questions about fraternities and sororities at the University. www.umn.edu/fsl

Recreational Sports
Offers programs and facilities for the entire University community featuring open recreation, intramurals, aquatics, fitness programs, sport clubs, and additional programs on both campuses. www.recsports.umn.edu

Student Conflict Resolution Center
SCRC provides a full range of services to students with campus-based complaints or concerns. Helps students resolve problems or conflicts informally. www.sos.umn.edu

University Student Legal Service
USLS represents, advises, and educates students in legal matters that students frequently encounter, such as landlord/tenant law, family law, immigration law, and misdemeanor offenses. www.umn.edu/usls

Student and Community Relations
SRC provides information, programs, and referral resources to support all aspects of off-campus student residential life. The goal of SCR is to assist students in being active and contributing members of their neighborhoods. SRC is a University point of contact and resource for property owners, neighborhood organizations, and parents of students. www.scr.umn.edu

Problem Solving
First-Year Programs
Just for You!
In addition to Orientation & Welcome Week, Orientation & First-Year Programs offers supplemental programs throughout your first year. As you have read in this guide, the University provides outstanding learning opportunities and services. It is your responsibility to take advantage of these programs. OFYP assists you by offering several communications to keep you informed and programs for you to consider after classes begin.

Class of 2014 eNewsletter
The Freshman Newsletter is a monthly e-newsletter sent to the freshman class throughout the academic year. The newsletter content includes items pertinent to the success and well-being of first-year students. Content addresses developmental needs and time-sensitive materials relevant to a seamless transition to the University of Minnesota.

MyU First-Year Web Portal
As described on page 15 of this guide, MyU is personalized just for you. As a first-year student you will see content related to items pertinent to the success and well-being of first-year students.

Kick It!
Kick off the first month of each semester by navigating campus resources, offices and attending events highlighted by Kick It!, and you will be entered into raffle drawings to win prizes. Prizes typically include gift certificates, iPods, and other great giveaways! Stay tuned to the Class of 2014 Web portal for more information later this fall.

First-Year Photo Project
This summer first-year students can apply to be a part of this program. A small group of students are selected to document their personal transitions to the U of M through guided photography and journal entries that reflect their personal identity, future dreams, uncertainties, and what the U of M means to them. In the spring semester their work is shown in a campus gallery exhibit, which all students are invited to attend.

Be a Leader!
Do you want to assist new students in their transition to the University next year? Although most of our programs serve new students, we also recruit and train many students to help lead our programs. As you go through Orientation and Welcome Week, pay attention to your student leaders. You will have the opportunity to apply to be a Welcome Week Leader for summer 2011, or to be an Orientation Leader for summer 2012. Developing your leadership skills will not only benefit you at the U of M, but well into the future.

OFYP developed these programs with one purpose in mind: your success here at the U of M. We want you to enjoy your experience, do well academically, get involved on campus, graduate in a timely manner, and find post-college success. It is up to you to utilize the programs to focus your attention on your goals, academics, and the interests that matter most to you.
YOUR KEY CONTACTS
Directory 2010–11

Academic Center for Student Athletes
612-625-6888
www.gopheracademics.com

Admissions, Office of
612-625-2008 or
1-800-752-1000
admissions.tc.umn.edu

Alumni Association, U of M
612-624-2323 or
1-800-862-5867
www.alumni.umn.edu

Aurora Center for Advocacy and Education
(page 19)
612-626-2929
612-626-9111 (help line 24 hours a day)
www.umn.edu/aurora

Biological Sciences, College of (CBS)
612-624-9717
www.cbs.umn.edu
newincbs@umn.edu

Bookstores, U of M
www.bookstores.umn.edu

Boynton Health Service (page 19)
612-625-8400
www.bhs.umn.edu

Carlson School of Management (CSOM)
612-624-3313
www.carlsonschool.umn.edu

Central Career Initiatives (page 17)
www.career.umn.edu

Computer and Technology Information Office of Information Technology (page 14)
612-301-4357
www.oit.umn.edu/help-support

Design, College of (CDes)
612-626-3690
design.umn.edu/welcomenewstudents
cdesinfo@umn.edu

Disability Services (page 20)
612-626-1333 (v/tty)
ds.umn.edu

Education and Human Development, College of (CEHD)
612-625-3339
cehd.umn.edu/orientation
cehdnew@umn.edu

Email, U of M (page 14)
mail.umn.edu

Equity and Diversity (OED), Office for (page 20)
612-624-0594
www.academic.umn.edu/equity

Events Calendar
events.tc.umn.edu

Food, Agricultural and Natural Resource Sciences, College of (CFANS)
612-624-6768
z.umn.edu/cfansorientation

Fraternity and Sorority Life, Office for (page 23)
www.umn.edu/fsl

Gay, Lesbian, Bisexual, Transgender, Ally (GLBTA) Programs Office (page 20)
612-625-0537
www.glbta.umn.edu

Gopher Athletics Ticket Information
1-800-U-GOPHER
612-624-8080
www.gophersports.com

Housing & Residential Life (page 12)
612-624-2994
www.housing.umn.edu

International Student & Scholar Services (ISSS) (page 21)
612-626-7100
www.issss.umn.edu

Leadership Education & Development (page 22)
www.umn.edu/lead

Learning Abroad Center (page 22)
612-626-9000
www.umaboard.umn.edu

Liberal Arts, College of (CLA)
612-625-2020
iamnew.class.umn.edu
class@umn.edu

Libraries, U of M
www.lib.umn.edu

Multicultural Center for Academic Excellence (MCAE) (page 21)
612-624-6386
www.mcae.umn.edu
### REMINDERS & DEADLINES
**April–October**

#### April

**Dates to Remember**
- 7: Orientation date selection begins
- 15: Residence Hall students: View tentative housing rates

**Timely Reminders**
- Send transcripts of any completed college level work and scores on AP exams to the Office of Admissions
- Commuter students: plan for parking and transportation (page 18)
- Begin checking your U of M email and MyU account regularly (page 14)
- Complete college checklist

#### May

**Dates to Remember**
- 1: Housing Application Freshman Guarantee Deadline (page 12)
- 15: Residence Hall students: Housing Guarantee Payment due (page 12)

**Timely Reminders**
- Parents: Register for Parent Orientation (page 6)
- Out-of-state residents: Be sure to apply for tuition discounts (page 10)
- Complete the Class Selection Tutorial before Orientation (page 5)

#### June

**Dates to Remember**
- 9: Orientation begins (page 4)

**Timely Reminders**
- Enter Parking Contract lottery (page 18)

#### July

**Dates to Remember**
- 4: Fourth of July (University offices closed Monday, July 5)
- 15: Parking contract lottery closes (page 18)
- 21: Welcome Week event selection begins

**Timely Reminders**
- Financial aid applicants: Award notices sent to your University email account
- Check 2010-11 tuition costs (pages 10-11)
- Look for jobs on campus (page 17)
- Residence Hall students: receive hall and roommate assignments by end of July

#### August

**Dates to Remember**
- 1: Deadline to submit final high school transcripts
- 15: Last day for loft and bunk order (page 12)
- 27: Minnesota State Fair begins
- 31–Sept. 1: Residence Hall students move-in (freshmen only)
- 31–Sept. 1: Multicultural Kickoff (page 21)

**Timely Reminders**
- Purchase your books at the University of Minnesota Bookstores
- Purchase your U-Pass in early August (page 18)
- Student Health Plan coverage begins August 26 (page 19)

#### September

**Dates to Remember**
- 1-6: Welcome Week (page 8)
- 6: Labor Day (University offices closed)
- 7: First day of fall semester
- 7: Transportation Fair - Coffman Union
- 22: Deadline to enroll in or waive the Student Health Benefit Plan
- 26–Oct. 2: Homecoming (page 23)

**Timely Reminders**
- Check out Kick It! and win prizes (page 24)
- Financial Aid disbursed
- Tuition bills sent to your U of M email account

#### October

**Dates to Remember**
- 8-10: Parents Weekend (page 7)

**Timely Reminders**
- Boynton’s on-campus flu clinics start
The Orientation & First-Year Programs office will help as you prepare for college. Contact the office with any questions about University resources and college life during your first year at the University.

612-624-1979 or 1-800-234-1979
www.ofyp.umn.edu
ofyp@umn.edu

REGULAR HOURS
Monday - Friday: 8 a.m.–4:30 p.m.

SUMMER HOURS
(May 17 through July 15)
Monday - Thursday: 8 a.m.–6 p.m.
Friday: 8 a.m.–4:30 p.m.

The University of Minnesota is committed to the policy that all persons shall have equal access to its programs, facilities, and employment without regard to race, color, creed, religion, national origin, sex, marital status, disability, public assistance status, veteran status, or sexual orientation.

If you need disability accommodations during Orientation, or would like to receive this publication in alternate formats, call Disability Services at 612-626-1333 (v/TTY).