### What is your primary concern/anxiety at this point in time?

<table>
<thead>
<tr>
<th>Concern</th>
<th>Count</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Making friends and meeting people</td>
<td>866</td>
<td>25%</td>
</tr>
<tr>
<td>Relationship with others (friends or family members)</td>
<td>78</td>
<td>2%</td>
</tr>
<tr>
<td>Academic coursework (doing well in class, workload)</td>
<td>1109</td>
<td>32%</td>
</tr>
<tr>
<td>Living situation (i.e., residence hall life, roommate problems)</td>
<td>173</td>
<td>5%</td>
</tr>
<tr>
<td>Deciding on a major/career path</td>
<td>292</td>
<td>8%</td>
</tr>
<tr>
<td>Health (nutritious eating, physical fitness, healthy lifestyle, adequate sleep)</td>
<td>96</td>
<td>3%</td>
</tr>
<tr>
<td>Financial concerns (paying tuition, budgeting)</td>
<td>370</td>
<td>11%</td>
</tr>
<tr>
<td>Developing skills related to note-taking, studying, time-management, or stress-management</td>
<td>213</td>
<td>6%</td>
</tr>
<tr>
<td>Registration for spring semester courses</td>
<td>9</td>
<td>%</td>
</tr>
<tr>
<td>Homesickness</td>
<td>69</td>
<td>2%</td>
</tr>
<tr>
<td>Finding places to study</td>
<td>14</td>
<td>%</td>
</tr>
<tr>
<td>Finding a job (while in school)</td>
<td>102</td>
<td>3%</td>
</tr>
<tr>
<td>Obtaining tutoring assistance</td>
<td>9</td>
<td>%</td>
</tr>
<tr>
<td>Other:</td>
<td>79</td>
<td>2%</td>
</tr>
<tr>
<td><strong>Total Responses:</strong></td>
<td>3479</td>
<td>100%</td>
</tr>
</tbody>
</table>

**Mean (Based on Assigned Alias):** N/A  
**Standard Deviation (Based on Assigned Alias):** N/A

### Other

- Getting through pointless Welcome Week Surveys
- A combination of homesickness, academic stress, and keeping up with course work.
- How to get to and from school.
- Time management
- Time Management
- being too involved in academia to enjoy college life
- Actually getting there- I'm flying in alone from Texas; flight delays and cancellations could kill me.
- Adjusting to the big changes of college life.
- Moving on from high school
- Getting involved in my faith at school
- Finding my nook
- Traveling for my sport and doing school
- Safety issues, mainly sexual assault
- Prepping for grad school
- Being a year older, and having more life experience than other "freshman"
- Finding my way around
- Finding my classes & being on time to class the first few days
- Making good study habits
- Doing everything i want too- fitting it all in.
- none
- Finding and discovering my own beliefs and through that find my own opinions
- Resolving registration/payment/scheduling issues
- My GAD (Generalized Anxiety Disorder)
- MORE THAN ONE!
- All of the above.
- commuting/parking
- Transportation
- My step father taking over the house once I'm gone, and being a dick to my mother.
- Getting lost
- Discrimination


Getting to the University and my classes on time.
Attending useless sessions without regard to my self-responsibility or independence
All of the above
balancing doing well in school work while trying to meet new people
balancing my ft job and school.
Balancing everything
Going to welcome week
stalkers
making new friends while keeping the old
Food
That all political beliefs will not be treated equally.
nothing, i think welcome week is stupid and pointless
Fitting into a Dorm
commuting
finding the best way to commute
Everything
Welcome Week
balancing other responsibilities with school
leaving my boyfriend
No concerns at this time
finding internships and research opportunities
I met the girl my roommate is dating on facebook and she's super touchy about me not liking small towns...
Having to waste my time with welcome week
Welcome Week
safety on campus
I fear nothing.
none
food
Getting home on wednesdays for church
getting around campus & finding my classes
I do not want to participate in welcome week, nor be forced to provide community serve and stay up until 1 am
Being lost on campus during a class
Finding a research position.
Welcome Week is going to be a waste of my time, and therefore should not be mandatory.
All of the above.
Exhausting myself.
finding a career path that i find interesting
None
finding my way around campus, being comfortable on campus and in my dorm
Communting to campus
Finding my classes
boyfriend going to a different school
boyfriend at another school
academic, financial, job, balancing life
none
Making friends, meeting new people, and homesickness
balancing relationships, friends, family, a job, and school work

In what ways have you thought about addressing this anxiety/concern?

Response Count: 2785

- I plan to just be open with everyone and remember that everyone is on the same boat! We all are looking for friends!
- Taking things slowly and time management
- Setting study times and find people who want to study with me.
- balancing time so i can work out and eat healthy meals
- Getting involved.
Trying to be as easygoing as possible in order to have a good relationship with my roommate.

I plan on being outgoing and joining as many student groups and clubs as possible in order to try and meet and befriend other students quickly.

I've been trying to figure out my priorities.

developing good study habits

Just getting everything out there. However, as of right now I do not know my roommate so I do not know if it will even be an issue.

My family has really pushed me to be thinking about this all the time, so I need to do my best to find and hold a good job in Minnesota and keep my grades up so I can get some good scholarships.

Talking to more people.

Worked whole summer to save money, applied to scholarships

I definitely need to learn about what different things the school offers so I can maximize my time in class and also get the help I need when necessary. I also thought about setting more rigorous study hours during the week, and making it mandatory that I follow my set hours for studying and doing homework.

I have been trying to look for hours between my classes that would be ideal for going over classwork, or for needed study.

I have been researching majors.

Setting up healthy habits in those areas.

I'm a gay guy and I'm a little worried I'm going to end up with a homophobe of some type. It'll probably work out though.

Studying more than I did in high school and, if needed, talking with me professors

I will pay attention more in class and try to stay on track by working ahead.

Visiting the career center talking various classes to see what I really like

planning when I am going to study and for how long.

Managing my time well, and maintaining an academic focus.

Time management

keeping an organizer, trying not to over-commit/over-schedule myself

I've been looking at some options for what to take spring semester, everything should work out fine.

Calling home, bringing along pictures of people and pets I'll miss, getting involved and meeting new people, making new friends.

Staying focused and setting aside time to study.

learning better time management skills, talking to advisor.

I have been working and saving up to pay some of the tuition. Not only that, I am hoping to get a job on campus.

study hard and often learn to relax

Putting myself out of my comfort zone. This is a new place with new people which is a good thing, at home I built a group of friends that were very close and I maintained a lot of relationships, but I'm looking forward to making new friendships.

Setting aside time to study and going into the tutoring centers for help.

Looking for ways to cut my expected financial need down by spending less.

Utilizing the Health Center and grocery shopping

I plan to meet with my academic adviser when school starts to discuss a major/minor that will fit my career goals.

Talking with my parents and figuring out what they think the best plan is.

To address my anxiety/concern, I have thought about and researched possible social groups to join, such as Student Government or Spanish club.

I don't know anyone within seven hours of the school and my family is twelve hours away. No one from my high school has ever gone to the University of Minnesota and so I have no connections to the school or the surrounding area.

Just by getting involved in as many things as possible in order to meet a big variety of people.

study groups

Being open to new ideas and being social.

To try to be more open about myself, as well as open to trying new things; making the first step; smiling more.

I hope to come into my residence hall with a positive attitude, while remembering that everyone has something to offer. Even if my room-mate doesn't seem to be a good match at first, I would like to be able to learn more about them and take away many new perceptions while forming a friendship in the meantime.
Counseling, tutors and making sure I stay focused.

I’ve talked to older college students to find out how they handled meeting new people.

I will have to be structured and disciplined in order to stay caught up in my classes.

Taking a variety of different classes that interest me, and trying to find a career that incorporates my interests.

I haven’t yet. Once I find out who my roommate is I will try my best to meet him and get to know him in order to create an excellent experience for both myself and him.

I have thought about using my time very wisely so that I will be able to do well in class and balance coursework with other things. Also, as a member of the University Honors Program and Gopher swimmer, I will have many tutoring opportunities and other valuable resources that may help me to keep my classes under control.

I hope to find a study group for each class, but I am also nervous about finding that.

I’ve thought about meeting new people to try and alleviate the pain of not keeping in such close contact with the others. Otherwise, Web access and facebook are good ways to keep in touch with those friends that you can’t be physically with all the time.

I’ll just have to meet a lot of new people.

Be open with people and not afraid to meet them.

Talking to friends and family about it.

I have looked over my schedule and planned out certain times for me to study. I have also looked into obtaining tutoring assistance if need be.

I’ve talked to people who are close to me and realized that it will likely turn out just fine.

Taking a few moments to really access my situation, then come up with a logical conclusion to resolve my anxiety.

I hope that after a short period, adjusting will be easier and eventually it will not be an issue.

I can’t address it until I experience a few classes and know what the workload will be like. Then I will need to plan my time out so I have enough time to finish my work. I will talk to my adviser if I have trouble.

Dividing time between life and school, not skipping class, taking everything seriously and doing all work full-heartedly

By talking to other U students and teachers.

I want to remain focused on school and not get side-tracked by lots of social engagements.

Just being open and trying to be friendly.

Trying my best in classes.

Taking a Career exploration class.

I’ve just been preparing myself for the countless hours of study and to stay on track to keep my scholarships.

working my tail off

Opening up and talking to new people and getting involved with campus activities

Be more open to all types of people and be more outgoing. After all, I’ll be in a group of freshmen who are in the same boat as me.

I researched and used the resources the U has available for on campus jobs and I know the area around campus fairly well. I am fairly confident I will be able to find a job, but it is still my biggest concern out of the list.

Taking a community college course during the summer right now, and doing some household chores I don’t usually do in preparation for college. Have also practiced using my college debit card and writing checks. I have also bought some calendars/organizers and have been contemplating an organization system.

While the educational aspect of college is the most important part of college to me, I am afraid that I will miss out on the social aspect and make no friends.

I think about how hard it will be keeping up relationships with friends who are living in a completely different state. I also worry about what happens if I don’t make enough friends at the U, and can’t get back to my old ones. I think I will just make sure to call home and my friends as much as I can, and utilizing email and video chat and that sort of thing to keep in touch.

Facebook

Focus, and use resources available to me.

I have talked with a counselor about how to complete my goals without stretching my time to thin.

Taking one day at a time

Try to do my best

By putting myself out there and hoping for the best.

Attending Welcome Week events and talking on Facebook

I’m not sure.
concentrating on building up my willpower, creating good study habits.
Looking into gym on campus, along with considering the club sports offered by the university.
I just plan on being as friendly and outgoing as possible, even though I'm usually a shy person.
I'm planning on getting a job as soon as possible.
I just need to relax, I sometimes push myself too hard and therefore crash.
English is my second Language and I am worried about not following the classes completely.
I'm planning on getting a job as soon as possible.
I just need to relax, I sometimes push myself too hard and therefore crash.

Believe in myself.

Using the University Recreation center, watching what I eat when I get to campus.
I haven't really done anything to help with my anxiety.

well I've been thinking of going to the career center and such to help figure this out for me. I also just want to go to classes in the different majors I have in mind and see what I like best.

Just focusing more on these skills and making sure all my assignments are complete.

I plan to start meeting people in my dorm/classes and afterward venture outwards.

RELAXING AND TAKING IT AS IT COMES. NO SENSE IN WORRYING ABOUT WHAT I DON'T KNOW ABOUT YET.

Maybe I should make more friends and learn from their experience, get lessons from them.

Just being myself. Trying to realize that everyone is in this together and everyone is experiencing the same thing.

I've sought out several employment opportunities, as well as scholarships, and am currently looking for ways to reduce my expenditures.

Study

Exploring different careers

Get a job!

Wait at least two weeks of the school year to assess my state, and if I can handle extra-curriculars, to do so, and if not, then just to continue as begun. At two weeks, I will attempt to swap classes if the load is too much.

I have considered a variety of note-taking and studying methods, including the Cornell- and "holistic"-methods. Since I have never been a full-time college student before, I may also need help budgeting time between social life and academic life.

I think having confidence in myself and take things one step at a time, if i need help i have to ask for it.

I'm going to miss my family and my boyfriend who is going to school in Wisconsin...so I'm hoping to be able to visit them as much as possible. I'm also concerned about money,...for tuition and for traveling.

I have thought about getting two jobs one on-campus and one off-campus. One towards my work study and one towards my tuition and other expenses. But that leads to other anxieties...having time to study and get good grades and meeting people on campus.

Budgeting time better, forming regular study times and habits.

I haven't really done anything about it. I kind of just pushed it to the back of my mind and tried not to think about it.

I haven't really done anything about it. I kind of just pushed it to the back of my mind and tried not to think about it.

I'm clueless so far on how to address this issue. I signed up for a class about getting along with your roommate, but that's all. Probly going to end up winging it.

I'm clueless so far on how to address this issue. I signed up for a class about getting along with your roommate, but that's all. Probly going to end up winging it.

Put course work and studying first before all other things and taking time to learn more in depth so I can understand the materials.

Going to welcome week

By working hard in classes.

Planning to be very social to meet as many people as possible.

I know that I have to do my work and not put it off until the last second. I put down all my homework that I have to do in my planner so that I don't forget later on when it is due.

Being open minded to ask for help from TA's and also attend professors' office hours if I need extra assistance.

Trying to stay focused and keep up with my classwork.

I'm clueless so far on how to address this issue. I signed up for a class about getting along with your roommate, but that's all. Probly going to end up winging it.

Putting course work and studying first before all other things and taking time to learn more in depth so I can understand the materials.

Going to welcome week

By working hard in classes.

Planning to be very social to meet as many people as possible.
Getting to know people on my floor, leaving my door open for others to be able to introduce themselves, join student groups and activities

going a job.

join a sorority, meet people in the dorms

Going to events on campus and just being social.

studying alot

Staying Positive and seeing this as an opportunity of a lifetime!

Will I be able to find a healthy balance between school and nutritious eating, physical fitness, healthy lifestyle, adequate sleep, etc.

talking to counselors and utilizing opportunities to find out which major suits me best

Work hard at my school work

I have taken classes and explored many different major and career opportunities. I have done several research papers in high school on the careers that I am interested in but still have not decided.

Researching possible career options & using resources available like the university career center

By studying more

I haven't thought about it too much

practice listening to people, managing my stress better now will help me in the future. getting enough sleep.

Going into the situation with an open mind and just knowing that my roommate is going into the same situation so hopefully it will turn out fine.

I think it shouldn't be very difficult to meet new people and make friends because everyone is feeling the same way. If you are friendly, it should just happen naturally

Getting a better job.

Learning how to manage my time, studying a bit over the summer, talking to professors

Participating in study groups, blocking special study time, eliminating distractions, not overloading my schedule.

I've looked into many different majors.

I've begun to plan when and where on campus I will study for each of my classes. I'm especially worried about Phys 1302; to address this, I've thought about how I might better use my studying time (by doing all the practice problems assigned, and not just re-reading a chapter). Through my associate dean, I've devised a way to benefit from even my worst tests by analyzing what leads me to make mistakes.

I exchanged facebooks with several people I met during orientation, and we have become friends. I also plan to email/write/call my roommate once I know who she is to try to break the ice before actually meeting her.

Complete school in four years and spend money wisely.

Being open minded and friendly

Go to class, study often.

I arranged my freshman schedule so that I would have more than enough time to study. It takes a lot to stress me out, so hopefully that won't happen too often.

I plan to set aside time every day (from 9-10 am) to exercise and I'll address food concerns as I go

Patience, and Talking things out.

spending as much time as i can with the people i have relationships no with

I am going to try to be very open and friendly to everyone.

I guess to just be friendly and talk to people that i meet.

Being open to new ideas and experiences and trying to go out of my way to meet new people.

Talking with professors in those given fields and seeing which fields address my skills and personality best

I will try to get involved in clubs and activities

freshman job guarantee program.

Making steps to become more outgoing considering I am quite shy.

I am going to explore by taking some different classes and see if anything catches my attention. Also, I hope yo use the resources available to me on campus.

Just try as hard as I can.

Hoping for the best. Checking my classes with my councilers and planning some tutoring time into my schedual.

Trying to be open and positive
I will study as much as possible.

Learning to branch out

Buying a gym pass to attend yoga and pilates classes, finding healthy eating choices

I really need to make sure that I set time aside to study. I also can't procrastinate as much in college, as I did in high school.

study more.

You just have to take it a day at a time... and that everything will work its way out in the end.

By applying for a job before I even get to Minnesota and/or trying to find a job as soon as possible

Joining a club.

It will be fine once my roommate is received

E-MAIL

I am an international student. My English is not as good as native speakers. I'm not sure whether I can keep up with others or not.

Figuring out ways to get along with my roommate.

I have thought about ways to solve problems and work around difficulties

Remaining open-minded and realizing my future roommate is going through the same things.

I have thought about trying to make sure I am outgoing and willing to approach people I may not know. I have also thought about the opportunity to meet people that will come along with living in a dorm and being a member of a varsity athletic team.

Leaving enough time to study and complete homework every night, talk to my professors or join a study group.

Taking advantage of all the extra help the University has to offer. By using the libraries and tutors that are available to me.

I know I need to calm down, but I just want to get my eFAAN, so I can just get it over with.

study, joining study groups, talking to teachers, and getting tutored if needed.

Maybe I can introduce myself and my hometown first.

Just to be myself and I will find people I like.

Studying and working hard to achieve the grades I desire.

Joining student groups/getting involved in community

By being outgoing and open to all situations. Approach people and introduce myself and be open minded because everyone probably feels the same way I do.

I figure I will call home when I need to and my family lives close so it will be easy for them to come visit when I am homesick.

I'll do well in school.

Talking to others to see how they dealt with the problem.

haven't really thought about it

I'm not terribly worried about NOT making friends, persay; It's just all new people, and I only have a few friends that are going there. I try to remember that everyone is in the same situation as me. And I was anxious about that at orientation, but it turned out to be so easy to make friends and it wasn't a problem at all.

Try to be outgoing

im a new fish in town...and im a foreign fish!

By attending a lot of things where I can meet other students.

make the most out of the welcome week stuff... basically getting involved in general like they always say at orientation and such

Staying with a friend I know from high school until we branch out and meet new people

Just trying to make the most of every situation.

By looking for jobs on campus.

Talking to a financial advisor

Try my best to get to know other people and realize that my family will always keep in touch.

Making sure I don't take advantage of the buffet style eating, utilizing the fitness center, and managing my time wisely to ensure adequate amounts of sleep.

Working on getting over senioritis.

prioritizing school work over everything else.
Though organizational skills have not always been my forte, I have learned that keeping a schedule book and documenting all my obligations is an effective method of managing my time and maximizing my potential. I have also learned that prioritizing is essential to my success. In addition, I plan to surround myself with people that care enough to assist me when I lose my way.

I haven't yet.

Finish all of my generals and hope in doing that, I find something that I am really interested in pursuing as a career.

I'll just try to be overly friendly I suppose.

I've always struggled with the concept of note taking and good study habits, but I have learned invaluable things from my friends and siblings on how to address these issues.

I just have to wait and see how things go and if there's an issue deal with it then.

Making sure to manage time wisely.

I think it's important that I budget my time, and I've begun to think about how to do that most efficiently.

I hope to meet as many people as possible in order to meet life-long friends in the long run.

Using my time in between classes to review what was just taught, so it is easier to remember later, especially around finals.

to get involved in order to meet other people and being paired with a random roommate.

I haven't really thought about how to address this concern I guess I'll just have to see when happens when college starts.

Once I get to campus and figure out my new life I am not sure how I am going to deal with anything but I am not worried, everything will fall into place it always does.

Cutting costs wherever possible.

I know that it will be necessary for me to get a job. Whether it be on or off campus, all I know is that I am fully supporting myself through college while also paying for it on my own.

Being more socially outgoing. Trying to talk to more people.

by not wasting time.

I'm just trying to work as much as I can and save money so I'll have less to worry about.

Being open to new situations/opportunities, trying to get involved and having a good attitude towards the events I am required to participate in.

Get involved with the activities and clubs the U has to offer.

Studying

By not working and keeping a open schedule outside of school so that I have time to study and complete my course work.

Joining a lot of activities

I plan on setting up a strict schedule for myself an making sure I stick to it. Focusing on school will be number one and take precedent over everything else. I also know that I have a great support system and can get help if I need it.

I will try to learn healthy study habits and stick with them throughout my college career.

Will everyone be open to me and will I be like able to open up and be outgoing enough to meet to people and make new friends. Like will people think I'm weird or not like me at all?

I'm just going to take the coursework as it comes at me

Working hard and taking extra time to study until I am comfortable.

Getting extra time to study by not working and keeping a open schedule outside of school so that I have time to study and complete my course work.

Joining a lot of activities.

I plan on setting up a strict schedule for myself an making sure I stick to it. Focusing on school will be number one and take precedent over everything else. I also know that I have a great support system and can get help if I need it.

I will try to learn healthy study habits and stick with them throughout my college career.

Getting a tutor and managing my time well.

I will take a career exploration class to find out more about my interests.

I want to try a bunch of different activities so I can meet new people and make friends.

I'm just going to take the coursework as it comes at me

Working hard and taking extra time to study until I am comfortable.

Forming study groups.
focusing a lot of time towards my school work
joining groups with similar interests
Since I am an international student, I am worried about my communications with the professors. Also, I’m not quite sure about the difficulty of the college level courses.
scholarships and loans
scholarships and loans
I undertook a summer job in order to avoid at least one of the loans required to pay for the tuition in the fall.
I plan to be myself and meet people that will become good friends for life.
not worrying to much about it, taking life as it comes, praying
getting to know my roommate and meeting her friends and taking any and every opportunity to meet new people and make new friends
Spending extra time studying at first and working hard to make sure I am successful
Haven't really thought about it.
Remember to be friendly and outgoing with as many people as possible; someone is bound to fit with me.
I’ll do my best to break the ice with other people and try to be nice and active towards my friends because I know that friends are one of the most important factors of my way to success.
not getting behind in school.
I have been reminding myself that I am an adult now and need to experience the rest of the outside world and give myself a chance.
Living in the freshman dorm to meet more people, trying to be more outgoing.
Doing internships and look into overview courses to get a general feel for the field. Look into the industries and see what opportunities there are.
Getting help from the variety of resources at the U
Watching what I eat in the residence halls, using the gym facilities that are available at the U, and staying focused so that I will not become over-stressed or lose too much sleep.
I plan to work quite dang hard.
I plan to do my work and study.
I will research the fields I am interested in and job shadow professionals in those fields.
Referencing the pamphlets I’ve been given when in times of need of tutoring.
I'm going to be more open with others.
Orientation and Welcome Week should help with making friends.
1. participate actively in school events 2. take every chance of speaking to a freshman right beside me
Beginning to visit local businesses to apply
Just to stay on top of everything that I get thrown my way.
I’ve been looking for jobs this summer, trying to apply, etc., but it just hasn't been working out really.
I am going to take a variety of classes to explore different subjects.
Just working hard at it, studying and taking good notes. I’m worried about basically everything on this list
Studying and finding a good place for studying
I plan to talk to academic advisors and explore the opportunities offered by the University.
Be more active in class participation.
Just do my best to remember that I have time to decide and explore my options, even though there is pressure to decide already.
Not sure yet.
I try not to get concerned because I know that everyone is in the same boat.
Working on time management with sleep, schoolwork, and social time to keep myself healthy in first semester.
I plan on attending many of the events during welcome week and meeting people on campus.
i want to learn about different majors and careers i am interested in, and see the pros and cons of each.
ill try to get out as much as i can, be open, etc.
Time.
Exploring various classes at the CLA

I'm planning on talking to my advisor and all of the professors that I have about what fits me best.

First semester I'm going to finish my generals, and then second semester I'm going to take a diverse course load in subjects that I might be interested in, then hope that will help me.

asking peers/family/advisors

I just have to make myself vulnerable and go outside my comfort zone and just introduce myself to new people and hopefully all the pieces will fall into place. It has worked in the past so I have no idea why it would not work now. Especially since the majority of new freshmen at the U are in the same situation.

I will be trying to improve my own study habits and not get distracted too much.

I know because I am a dance major I will be with the same group of people often. I'm living in Middlebrook and many dance majors live there. However I'm worried that living on the West Bank will prevent me from making friends outside of the arts community. I'm not sure how to address my concern.

Being open, not closing myself into my dorm, etc

I know I will always try my hardest and study as much as I can, I'm just worried for when all I can do isn't enough.

Trying to go out and meet people more than I usually would.

I do everything with my mom so it will be hard not to see her but I will be home some weekends and on holidays so I'm not too concerned. I'm also worried about living space and doing well in my classes, but I am just going to remind myself to calm down and have time to myself to chill out.

I figured that everyone else is going through the same thing, and that gives me comfort knowing I'm not the only one who feels like this!

I just need to be right on the ball with my coursework when classes start so that it won't turn into a problem.

I suppose I will go to all my classes and complete all the required reading and do all my homework.

I want to be very open to knew people. I also want to join many new groups so I can find people with the same interests as me.

I'm not giving myself an unmanageable work/class load, time management

Building relationships with my professors, setting aside time each week just for studying.

By perhaps creating a very thorough weekly schedule, including study times, but I still worry about my ability to follow through with myself.

I want to be very open to knew people. I also want to join many new groups so I can find people with the same interests as me.

By just acting more open and outgoing.

By focusing on studying and avoiding distractions.

talk to him about how we can work things out.

Talk to them before school starts

Being open to meeting new people and attending events where I'll be able to meet people with similar interests.

getting used to the college life

Studying more

Making lots of phone calls and visiting my friends and family when I am able

talk to my adviser and figure out a basic understanding of my interests and career path.

Taking a wide range of classes and experiencing as much as I can until I find my passion.

Tried to look for jobs on campus.

Pure unhealthy ignoring the problem

Talking to various people on the campus who can help me make a decision.

Joined marching band, got to know people through orientation day and facebook.

Becoming a part of a study group and also getting a tutor to help me.

I've been trying to really motivate myself any way possible. I've been trying to prepare myself mentally, as well. I've basically been doing anything I can to be ready.

Focusing more on school work rather than focusing on the social aspect, but also balancing the two

I've been doing a lot of research on different majors and trying to find something I really like.

Being open and willing to accept everyone.

Trying to find a job on campus or close to campus with flexible hours.
Going to Class

- Being very open and accepting of everyone. Trying to get to know people.
- I really have just been working and saving money for financial problems.
- Applying for a work-study job
- Try to meet with faculty teacher and friends to help me to get through these academic works.

Planning Ahead

- Getting to know my roommate before I get to school.
- I have put a lot of thought into the fact that managing my time will be the key to my success throughout school. I will have to balance work and play in order to be successful and have a good time.
- I am going to be organized and be sure to ask for assistance when I feel it is necessary. I would also like to build strong relationships with each of my professors.
- Take some classes and see what I like.
- I will try to find them ahead of time.
- Studying hard and balancing my time well.
- I have decided not to get a job the first semester so I will not put myself under undue stress.
- Keeping up my good study habits, and taking it one day at a time.

Dorm life

- Make sure I know the bus schedule
- Be assertive and outgoing
- Just to take it one step at a time and once I settle in better I can get a schedule down and hopefully have a daily routine that I can get use to.
- I hope to explore classes to find my greatest interests and work with career counselors for career options.
- Being as personable as possible
- Trying to look into jobs more at the U but its hard with school.
- Seeing how I feel after orientation, having my brother who currently goes to the U show me around, reminding myself that I'll get use to it after a week or two
- Finding and applying for scholarships
- Working hard. Studying a lot. Paying attention in class.
- I have thought about addressing it (or learning about it) at the welcome week activities.
- Budgeting my time wisely so that I can maintain a healthy lifestyle. I plan on joining an intramural or club sport to stay active and I want to have a healthy workload for school so that I can stay healthy.
- Finding ways to stay in touch, and keep base with my friends and family, facebook seems to be a great medium for that.
- I'm not really sure...I've been working on cultivating good study skills and I'm decent at note-taking, but I'm concerned it isn't enough.
- Finding scholarships and loans.
- Hearing that whatever I learned in high school is a complete joke compared to college work.
- Continuing research for possible majors as school year continues. See how I feel about the major I am currently on track for as I progress.
- I haven't thought about it yet.
- Finding ways to study and keep my grades up and get to know my professors!
- Contacting my roommate and getting to know them, as well as doing everything possible to make my dorm feel like home.
- Broadening my interests.
  - I have found an alum of the University that has offered me guidance and advice and is always there for me to talk to. I plan on also meeting with advisors and teacher, as well as finding tutors if I need extra help; I have found it is always better to ask for help and ask questions then be afraid or let pride take over.
  - Putting school work ahead of everything finding good places to study and friends to study with stay on track with my major classes ask questions if I ever need help
  - I am going to develop good study habits, get enough sleep, workout, stay attentive in class, join study groups, and maintain a well balanced diet.
- Applying for more scholarships and possibly transferring for a year or so.
Praying about the situation.

Speaking with parents, job searches, asking other college students

Being as outgoing as possible and not worrying about whether not everyone will like me. I plan to get involved in campus activities and go out of my way to talk to and meet new people.

applying for a job

Talking to people within the fields I am interested in.

Join some clubs.

Getting a job on campus where I could work about 9-14 hours a week. Saving any money I can before hand.

I hope to plan out my time wisely. And make sure I get enough time to study and get all my reading and work done.

Meeting people while i’m with people i already know

I’m just hoping I’ll meet people everywhere, and become close with them.

I plan on calling my family and friends regularly to help stay in touch.

Speaking with those who have experience.

I just need to let go of the anxiety, and muster up the courage to be the first one to say, "hello", or introduce myself. I’m sure there are many others with the fear of making new friends all over again!

I have no idea... i always have the telephone i guess.

I am not an out-going person so I dont make friends easily. I will do my best to overcome my shyness and try to to meet new people during welcome week.

I will try to attend social activities on campus and participate in campus groups that interest me.

Trying to study more than I did in high school

I plan on creating a study schedule and separating myself from my room, my friends, and my laptop for as many hours as needed each day.

Working hard and not getting side tracked.

I have decided to keep in close contact with my advisor. They will be able to answer my questions about academic concerns. I am also planning to use tutoring and open office hours as well when I need help.

I'm not really a friendly person, so I've been trying to be friendlier, and it's been working so far

Planning my day out ahead of time.

Continuing my current life style of daily excercising for starters. I am also hoping on attending sessions during Welcome Week in order to better understand how to manage my time, deal with stress, and how to efficiently study and work.

I have thought a lot about it because I am leaving my high school of 400 students for U of M with, by far, many more. I know that I will just have to get used to not being able to know everyone.

In order to address my anxiety, I have already asked some students from the Class of 2011 related questions about the school's academic coursework. They have provide me some helpful suggestions. I think I will get benefit from that.

Finding a job, moving into more economic housing.

I've thought about being more outgoing and introducing myself to new people.

I plan on doing the same things as I always do, work hard, study, and try my best in all my classes.

In many ways, I have already addressed the financial issues I am confronted with. I have saved most of the profits made from my waitressing job, I have applied for and received scholarships, and I know what I must do as far as taking out loans and what sort of work-study I must do; however, because I have been concerned for such a long time whether or not I can afford the education I desire, I really do need to feel secure that my expenses are covered and I really can go to the U of M.

Applying for many positions on campus

To not worry about it and just take in the new situation.

I have spoken with former teachers about the subject of coursework, and I think it will help me in the end. I have to develop different study habits to make myself a better student.

Taking the bull by the horns.

Making certain times when I study, and keep to the same schedule every week so that I always have study time.

I haven't really thought about it much.

Hoping that my roommate situation works out, and if it is absolutely horrendous transferring rooms.

I am in a single residence room and was expecting a double, so I've become a little worried about meeting new people and not having what I think of as the traditional college experience. I realized that most of the rooms in my hall are singles so I plan on leaving my door open and meeting new people that way since most of us will be having singles.
Managing my time to the best of my ability. Try my hardest with everything that I do.
I will make sure that I am on top of all my work by setting up certain time to get it done.
Creating a schedule for myself, turning off my cell phone while studying, limiting my time spent on Facebook
Not really much other than trying to meet people once I get there.

I have to set times to study, manage my hours at work, and make my first priority school.
Being smart about my time and keeping a good schedule and calendar
to study hard and take school serious
Making the most of my time there and meeting new people every change I can.

I've taken previous courses of college-level material and have hopefully adequately addressed this issue.

I just thought about just being myself and being open mined because in my younger days I used to be shy of talking to people. Now that I’m older I have more confidence of talking to people even if I just met them.

Talking to my financial aid counselor

I was planning on doing work study and asking for advice from financial aid planning professionals at the university.

Getting a loan and trying not to spend much on personal wants.

Talking to them.

Working in the summer and saving my money.

Just one step at a time.

Taking out a loan and working through the summer so I can pay as much as I can.

Not really much other than wanting to meet people after I get there.

I haven’t.

I have thought about being open to meeting new people and forming new relationships.

Making sure I study enough

To be more open to others, and different people that I might not normally be friends with.

Plan ahead well and utilize time well.

Getting to know my teachers is the biggest thing that I can do. I have talked to a lot of friends that are second year students at the U and know the transition academically from high school to college and it has helped me with the stress.

I have saved money and maintained a relatively stringent budget over the summer to try and prevent myself from wasting money. I have also discussed with my parents the issues of tuition and paying for books. I feel pretty comfortable with my financial situation at the U and I hope to do Work Study, but finances are still a concern.

Maintaining a healthy work-out schedule and watching my eating habits.
I have made a few calls, but I would like to get a job where my work study is accepted.

Hard work
I plan to just be well prepared for all my classes, and go in ready to learn. I want to start out right, and put the adequate amount of time needed for each class right away.
I will ensure that I have enough study time.
I need to set the bar a little lower for myself.
I have decided to
Making sure to keep in touch with my family and friends back home on a regular basis, but also trying to branch out and meet new friends so I'm not constantly thinking about home.
Talking to my future roommates?
Joining a club or two maybe.
I have thought about this concern and I think I have found a way to deal with it by having a web cam on my computer and my family has one at their house. They will be talking to me that way and on the phone. I will also be dealing with it by bringing pictures of my friends and family back home.

Getting a job while studying
I will just have to work on my study habits and be sure to stay on top of things.

Work hard
Just being myself.
Taking classes in areas of study that I find most interesting and those I have never before had the opportunity to explore will afford me the opportunity to develop an understanding of what I may be interested in.
By making sure to do my work so that I succeed.

Trying to just play things by ear
I've decided that I'm going to put aside certain times of the day for studying, and allow myself to take breaks after a certain amount of time spent studying so I don't stress myself out too much. With 18 credits, I feel I can learn to balance all of my class' workloads and still have a good time. I'm going to utilize a lot of organizational tools, such as planners and reminders, to keep me on track.
I have thought about my different studying options and the amount I will need to do in order to be successful in my classes.

Doing my best to talk to people when I get to college.
Getting to know my roommate before move-in day.

Ignoring it.
Well I've asked questions about financial issues that I'm not sure about but I'm still worried.
Treating each day I have class like a work day to lessen my workload on the weekends
I tell myself to be open and friendly to anyone and everyone that I meet but it's still scary!
Mostly trying to focus on a routine and try to find resources that will help me figure out a schedule and such so that I can fit everything together.
I am looking for a job and have tried to get scholarships.
Making a lot of quiet time to get used to what amount of work I'll be doing.
I will get involved in activities that I am interested in to meet people with the same interests.
Using the tools that the U provides such as study groups and tutors
Just participating in the Welcome Week activities and hope to meet some people along the way.

taking every class and situation as it comes and blocking out plenty of time to study
When I visited the U for orientation, there were not very many vegetarian meal options available (I had a choice of salad or cheese pizza) so I will probably be bringing a lot of frozen soy-based foods.

Running
Talk to a lot of different people.
Group studying, socializing while learning and staying on track
speaking with department heads & academic counselors, taking introductory classes to sample the field, & exploring my passions
I have decided to not get a job during my first year and I will be involved in a limited number of extracurricular activities.

I intend on attending class all the time and not procrastinating my class work.
Making sure I have allotted portions of time for studying etc. and making sure they can be uninterrupted.

I have always been a shy person and so I have decided that I will break out of my comfort zone and talk to people. I will also get engaged in the community outside of my classes.

I just plan on buckling down in my first semester and get into good study habits. Find the right times and places to study, and find the tutoring centers.

Doing my work

Getting involved in as many activities that I like that I can.

Just hoping for a great aid package.

I have started talking to people on my floor via Facebook. I have also joined the community Facebook group for my dorm.

I'm hoping for a good financial aid package to help out.

When I'm in my dorm room, I'll just keep my door open and be inviting to other people.

My biggest vice is my sloth so I am going to actively try and not be lazy and in that way I know I can succeed come fall.

Work out at the gym and take healthy eating classes.

Talking

computer lock

student loans, scholarships, grant money, finding an on campus job

Looking for a job with limited hours..

Being outgoing.

Taking things one step at a time, learning as I go, weighing my priorities

Joining clubs and activities offered by the U.

Being more outgoing towards others; talking to others and introducing myself to everyone

Talk to professors and my student advisor about my worries and possibly get a tutor.

I will spend a lot of time on my school work and if I need help I am not going to be afraid to ask for it.

Doing more research into loans grants and scholarships and making an appointment with the Financial Aid office.

Taking surveys researching careers

I am just planning on being open, friendly, and out-going.

being organized and working hard to make sure i do well in my classes

Finding the right friends and developing good relationships with professors

Conversations with parents and relatives.

Trying different techniques until I find a method that works best for me.

i will try to meet as many people as possible

None

Resisting the Urge to procrastinate. I CAN do it, it's just difficult for me..

i plan on trying to change my study habits

i applied for scholarships.

working on my time management skills and using them to succeed in classes

trying to study more and manage my time more wisely

Trying to not take on too many things.

Taking classes about things I am interested in.

Going to tutoring

I have thought about managing my time, by using my Gopher Guide all the time. Also setting aside time to study each day. But also setting time to have to myself to relax or go out and have fun. Staying focused will be something I will work on too.

I'd try to get involved in as many activities I can, I'm bound to find some similar people. Also, excelling in studies would help in making friends.

Becoming involved in activities, such as Marching Band. Also, just being open to new people and situations, meeting people in the res halls, things like that.
Applied for financial aid and tried to save as much money as possible.

I haven't thought about it that much but I know that if I struggle, I'm going to ask for help and get tutoring, as I know there's plenty available.

I've chosen to take a variety of classes so I can accurately evaluate what I enjoy doing the most.

I am going to go into the first few weeks with an attitude focused on doing well in school so that I can start good habits for the rest of the year. Hopefully I can stick with it...

I still have no idea about it. Some of my friends told me that it's really hard to do well in class because of language problems.

Welcome week, classes, intramural sports, residence hall.

Being welcome to everyone that I meet.

I will be open and not as shy as usual to meet more people.

Forming study groups, talking to professors during office hours for help.

Closely monitoring myself to make sure that I am able to stay on track and focus on my academics, while balancing it with my social and work life.

I have issues with procrastinating. Of course I always think about starting earlier, but that doesn't really happen. The only way to motivate myself to start working sooner is to somehow frighten myself into doing it, so a higher level of anxiety is actually better for this purpose.

Keeping my door open and not being afraid to introduce myself to new people.

I figure what needs to be done to maintain good grades, I will do.

Finding time to look online at the job options I have.

Finding financial aid including grants, loans, scholarships, etc.

Working out more and getting rid of stress

I have an off campus job. I plan to continue working throughout the year.

Doing my best not to get overwhelmed. The Summer Bridge program has given me the tools I need to start the year out well; I expect Welcome Week will compound upon them.

I don't know.

Not sure.

Talking to people

figuring it out as I go along and learn what I like and don't like

researching more about the majors, and deciding what fits me

I want to get involved with some of the UMN organizations as soon as possible so that I don't feel like a fish out of water.

Not procrastinating and starting things when they get assigned.

I have thought about how I need to make sure I put my coursework first, before I plan other activities.

I plan to be as outgoing as possible so I can meet people and make friends easily.

By really using my Gopher Guide and prioritizing my time.

Managing my time wisely

Being outgoing and open-minded

Asking the student leaders or group leaders what to do, where to go and who to ask about how to get a job and use my work/study loan.

Focusing on school more than the other things going on around me until I can find my happy balance!

I plan on doing what I can to learn about all the different study groups and help that I can obtain.

I hope to overcome some of my shyness and be very outgoing.

I'm going to take advantage of the teachers' "office hours" that they set aside to help students who come in. I'm also going to try to not take on too much all at once.

Talking to someone, or just thinking about it to myself.

I've thought about my academic past in high school and how much more I could have done, and now am willing to do now that I'm in college. It just hit me that I can do whatever I want, I just need to make sure to make time for it and prioritize my time.

I want to try to find a job on campus somewhere and set up a spending budget. I also hope to get good grades this year so that I can apply for scholarships in the next few years.

I don't know, maybe calling home once in awhile, or emailing them.

Plan my schedule ahead of time and designate study time.
Some of my best friends live here in Eden Prairie. The way my schedule worked out, I don't have class on Friday's, so if I want to see them it doesn't seem like it will be too too difficult. I've been trying to find things to destress myself. If I can figure out some now, I will be ready to take better care of myself in the fall. I have been trying to find things to destress myself. If I can figure out some now, I will be ready to take better care of myself in the fall. Getting out there and talking to people who seem to share some common ground.

Well, seeing as the anxiety is, as many are, fiscal in nature I have been looking for ways to obtain money for my schooling. Getting a job and saving as much money as possible. Working a lot.

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Well, seeing as the anxiety is, as many are, fiscal in nature I have been looking for ways to obtain money for my schooling. Getting a job and saving as much money as possible. Working a lot.
Making sure that I spend enough time on studying and classwork-related activities. Also, I plan on attending some workshops regarding time-management, study skills, note-taking, etc.

I will use the resources available to me such as study groups or tutoring.

be open minded

Working and Budgeting

I have been an introvert my whole life, so I’m just going to have to be more outgoing.

Not to think about the amount of classwork and just get it done. It does no good worrying about how much you have to do because that just wastes time.

I know that everything will be alright its just meeting new people can always create a little bit of anxiety but i just tell myself that everything will be alright.

basically by being open-minded and friendly.

To just be who I am and hope that it will get me to have good friends and good relationships.

I am just going to work hard and not take things easily, even in the very beginning of the year. I think it will be harder to bring my grades up if I let them fall, so I will try to start on a good foot!

Making friends

Getting a job and saving up as much money as possible.

Meeting with my advisor to see if they have any advice.

To start great habits right away and never be afraid to ask for help. And to get some study buddies.

Talking it over with my boyfriend.

Just focus and do well. If I try obviously I would do well

work hard

Making sure I spend a lot of time studying during the first couple weeks to see what kind of commitment my classes will take.

I want to get involved in a lot of activities on campus. I also plan on trying to make friends during move-in and with people on my floor.

Go to career planning and the career services. Talk with them about my major. Take the quizzes to find what I would enjoy.

I’ll make sure to make my classes and the work that they entail the top priority.

have not

attending all events and trying to meet new people.

making sure I have a set study schedule

Trying out different courses and seeing what I am interested in.

Work Hard

Getting a job or several. Looking into scholarships.

I made a financial plan with my dad and signed up for the job guarantee program so I can make money during the school year.

Start off immediately with good study habits.

Talking to people at the University of Minnesota for career/major advice.

Try to do my best in class, and ask for help when needed.

Hopefully I’ll find a friend to work out with me at the fitness center, and I’ll try not to buy a lot of junk food...

Find a job and search and apply for scholarships

Talking with Counselors. Talking an extra course during the first week of class to see what it’s like and if continuing it would be beneficial.

I just need to make sure that I study hard, especially in the first few weeks, to establish good habits and a strong base for my academics.

I’ve decided to just be myself.

Trying not to worry about it.

To just be myself and not put on a show for others to like me...

I think I am going to have to see how hard it is first and then see how much I have to buckle down. It’s really going to be a reality check for me I think

Looked in to scholarships and work study.

Making time in my schedule for studying.
taking my time
Study Hard dont party to much concentrate on school work.
trying to be involved as much as i can
Going out of my way to talk to some people.
Study hard but know when to take a break to.
exploring different career options
Researching what health and fitness programs the University has to offer.
I am not sure if i can handle the workload
At this moment, I have put much thought into this anxiety/concern. I am trying to make the best of the summer at home before moving to Minnesota. I will think more about this problem that closer I get to leaving home.
talking to my peers and other adults ho have advice about their previous trials and errors.
Being open to all people.
By working through it all with a calm head.
Improving study habits, getting to know upperclassmen that may have some insight
Going to office hours, asking for help
I need to go out of my comfort zone and be friendly to everyone I meet.
Talking to people ahead of time, being open and outgoing!
Studying a lot and focusing on school and less on fooling around.
I've already met people through orientation and I plan on meeting many people at Welcome Week and through my dorm.
i have not really thought of an exact way to address it, but i plan to check out the career center at the university and see what assistance i can get there.
Getting involved and being friendly to roommates.
I'm nervous about meeting new people and making friends because I've lived in the same town for my entire life. I've never been the "new" kid, so I hope I'll be able to make new friends. I think that worrying about making new friends will only make it worse. I guess I should just relax and be myself because everyone's in the same situation.
I will try to relax and start meeting new people.
Get my homework done early, no exceptions.
Seeing my advisor and researching what each different major does.
Talking to friends at the U, and maybe seeking tutoring?
Figure out the actual cost of living on campus for me and how my financial aid covers that.
I'm trying to keep my job at home throughout the year so that I can earn money over longer breaks. I'm also going to work on campus. Hopefully financial aid will reduce the cost enough so that I don't have to get too many loans.
I have been thinking about starting the school first, see how it goes then decide if i can do it.
Taking it one step at a time. I'll go to class and get accustomed to the workload, and if I can't figure out how to manage my time, I'll talk to other people (classmates, friends, professors) about how I can change my habits.
Speaking to financial aid counselors.
I will research all majors/careers I am interested in and hopefully narrow down my options until I am able to choose on.
Not really anything yet.
I plan on beeing open minded and plan on meeting new people.
Holding on, and take it in, it will just take some time to get used to
Focus on schoolwork for the first couple of weeks to get a feel of things before I get too wrapped up in social activities and sports.
Making time more useful, not wasting valuable time. SixSigma.
applying for scholarships, not focus on it too much
Umm, hopefully getting a JOB. that pays well.
Have not thought about it much... just try to not be so nervous and be a little more outgoing.
Therapy
Get into gear
Joining study groups if I'm feeling overwhelmed.

Getting to meet new people over the summer during my internship will help me adapt to new situations. I'm also getting to know my roommates. Doing all the welcome week stuff, going around the dorms and talking to different people, etc.

Being more outgoing

I'm living off campus, and I'm planning on taking the bus to the St. Paul campus. I'm just unfamiliar with how it all works, and then just knowing where to get off and when to let the driver of the Campus Connector know when to stop. I've told myself that I'm just going to have to do it a couple times and then I'll be familiar with it.

I plan to use my time wisely. I will try to balance my day and make sure that I always will have enough time set aside to study. Also, instead of procrastinating, I will try to get my work done ahead of time.

Throughout the summer, I have tried to develop my skills in time management and planning.

Research possible majors

Making popcorn in my room, and leaving the door open for people to follow the smell to me.

I am just going to let it come to me.

I am going to go to the career center.

Loans, grants, and any available scholarships

I will attempt to get a job to address this concern.

Creating a strict schedule to follow that includes exercise, meals, homework, relaxing time and sleep. Joining a phy-ed class? Talking to the Fencing coaches to set up drills and things I could do on my own or finding a partner to work with because my Finnish class conflicts with all of the Fencing practices.

Scheduling my time to have time to study and complete classes successfully

Applying for scholarships...joining the military.

Always going to class, studying, and working hard.

Going to the gym, sleeping well, not drinking, and eating salad

Make myself known to my professors, not being afraid to seek help when I need it, using all my resources at the university to get help.

Work harder

Talking about it with others who have already done something wrong or well.

Sleep

I'm planning what to take, how to adjust to living in a significantly smaller space and how to live on my own for the first time. It's not an anxiety, per se, just the thing I'm thinking about the most.

I am concerned because my 2 roommates are both sophomores and they are friends already. I am planning on addressing the concern by seeing how it goes and hoping it goes well.

The U of MN provides numerous of resources for students to seek. In order to relieve my anxiety on the workload that college provides I have to take the initiative to seek resources for student aides as well as the professor of that course.

I am going to make sure that I put my academics first and my social life second. I'm going to college to further my education so I'm going to place much of my focus on school.

Finding an on-campus work study job/place, but don't know how.

Working as hard as possible to obtain my goals.

I've applied for many scholarships. I'm hoping to be apart of the Founders Free Tuition Program. I have my fingers crossed!

No way, not sure how to address it.

I have not really thought about it. I guess just hang with some friends

Meeting new people and getting involved

I have signed up for some of the events offered during Welcome Week where I can learn tips for studying and maintaining my grades.

Gradually spending more time away from my home and family. The U of M has helped with this step with such events as orientation and Nature of Life.

Just taking general courses to start out and them over my years in college narrow everything down and finally decided.

I got put in my last choice of dorms...Bailey. I am planning on sending in a hall transfer on Friday.

Contacting my roommates and starting to get to know them before I move in.

Introduce myself to others and just be me =)

Student programs, tutoring, study.
I am naturally a shy person to being with. Ever since elementary school it was always hard for me to socialize with others unless they made contact with me first. I have learned to be more open to people and ideas. I am also very friendly and a good listener. I have learned to be myself around others and to how to carry myself with more confidence because I am more comfortable with myself. However, I am still shy to this day. But am more likely to strike up a conversation when I see that I have something in common with that person, whether its just a small compliment or talking about college life. I am anticipating meeting new faces and wondering who my new friends will be. I am especially nervous about having a roommate, although I have shared a room with my sister since she was born. I would just like to make the right first impression on everyone.

I am going to try my best. Just going to class with an open mind and try to avoid being overwhelmed by being organized and on top of assignments.

As international student, I should learn more about American lifestyle and how is American teens. Also improve my English communicat skills. I am also bit anxiety to find a job on campus, I will try to do so.

Getting all of the materials that I need, and then wait and see what is expected of me from each professor, and live up to and try to go beyond those expectations.

By making myself a time management schedule - something that is actually required of my NOL course for CBS. I'm hoping to be able to stick to it!

Making sure that I know my exact route when I get up there so that on the first day of classes I can focus on the stresses of the class and not have the extra ones of worrying I won't make it to class! Being able to keep up with the coursework and maintain a social life is my main concern.

Keep my dorm door open when I'm there, be open and an extrovert

Being open to people and just to be myself.

Blocking out specific time to do homework and study and developing a schedule.

Taking classes that focus on areas that I'm interested in and then learning which one I want to make a career out of.

Call my mom a lot.

Making sure that I balance my time well and always put school work above anything else

I'll try to have more conversations with future roommates and classmates. In this way, I will also adapt to the new environment easier.

Talking about it with friends and family members.

I have thought about what job I could find and what I can do now to help out for later on in the year.

thought about contacting roommates and getting to know them. Plus, what to bring and not to bring.

I just remember that I have to be outgoing and hope that people like me for who I am.

I know that I will meet people in classes and activities but I was also counting on meeting my roommate and then meeting more people through her, so I am really nervous to find that I will be living in a single room.

getting involved in the campus community

As an international student, I don't know much about the lifestyle of local people. I'm afraid they will stay away from me and don't make friends with me.

I have decided to take course Lask 1001, so that I may acquire better studying skills. I often say that I am a bad test taker, but I know that I can improve.

First and foremost, college is about learning and education, so my study habits will function accordingly. At this point, doing well in the classroom is my greatest priority for college, and my daily schedule will entail necessary study time. I realize that if I set my mind to succeeding academically, which demands a concerted effort to comprehend coursework, I can achieve my personal aspirations.

I am talking with my roommate to get to know her.

I have thought about it a lot and I would like to find out if I like the classes and see if this is really what I want to do with my life.

Going to the University functions

Working through college
I am trying to take many different general classes in order to explore different areas I might enjoy.

MEET NEW PEOPLE!!!

Doing the best I can by using the right tools.

I will work hard.

I've realized that debt is a part of life because you're always paying for something

I have a job and have come to terms with my student loan situation. I talked things over with my parents and things will work out more smoothly than I originally thought.

I plan to stay focused on school work and really limit myself from some social activities that might take away from my academic achievement. I also plan on asking for help when I need it in areas such as writing and Spanish.

Worrying

Deal with the work as it is brought upon me and reward myself for working hard.

To just be talkative and open to people

I plan on seeing a financial adviser at the school to see which student loan would be best for me. I still have not gotten my final Financial Award email, so I am hoping the adviser can help with that also.

Making sure I work throughout my career as a college student, if at all possible, avoiding loans as much as possible, and seeking out scholarships.

I am supposed to have work-study and I haven't been in town a lot this summer to apply for anything.

Join a bunch of clubs or groups

Balance my social life with my academics.

Scheduling specific times for exercise around my classes

Managing my time between school work and social life

Just plain studying and reading more than I did in high school.

I am afraid that language is the most important factor when I choose the class, because spoken language is easier than academic language. The first one is to communicate but the latter is to learn the new knowledge.

I have told myself that if I get too homesick, I will be able to go back and I know that my friends and family will always be there for me when I need them.

Being confident

Getting info from the school on on-campus jobs

Getting a job to have some money that isn't going to go towards paying off school.

Using my adviser

Tutoring, saving harder classes until second semester when I have adjusted

Getting to know my roommate better before moving in.

I have discussed these issues with family and friends.

Being more open to people because usually I am quite reserved. If I am open, people will see me as I really am and probably like me more than the person I usually show others.

I thought I'd make good use of the tutoring services that the U of M has to offer

Be nice :)

I've thought about going to a counselor on campus.

I have thought about sitting in a place where I can easily take notes and hear the teacher.

Using a webcam to keep in touch

I have talked to students who have also been in the same college as myself, and I have looked for ways to get help if I am stuck.

Studying hard

I haven't yet.
participating in welcome week activities that will help me to better understand the resources available for success through the university.

Meeting with my Academic Advisors, attending study groups, attending classes as a top priority, setting aside specific time periods in the day to study, etc.

I hope to become a much more motivated student, but don't know how exactly to go about it. Earning good grades has always been very easy for me, but I want to change my habits for college because it will be a lot easier to get good grades if I develop better habits.

Talking with older people that are in college and getting their opinion and advice.

I plan to work hard and schedule my time to better my chances of success. I plan on attending study groups and helping others while I help myself to advance my education.

I have thought about just not being as lazy as I sometimes am. Parents are not going to be there to do everything for you. I will just have to adjust my schedule and use my spare time wisely and not be on the computer as much instant messaging with friends.

be nice and outgoing

Attending class and ask for help when needed. To stay organized and focus.

I got a web cam so I can talk live to my family and boyfriend at home. I have also looked at all sorts of transportation so I can go home and visit or have people come visit me at school.

I have thought that perhaps the University of Minnesota should consider making Welcome Week OPTIONAL so that those of us who are coming in with a 4.0 GPA through 20 credits of U of M coursework, including mathematics through 2283 and multivariable calculus, do not have to waste our time with this horse shit.

creating a study schedule and working on stress levels

Try to be more outgoing

I have taken a couple of courses of action to try to resolve this matter.

Using a planner, and a calendar to organize.

Commuter Connection Study Groups

Planning time out each day for each activity and getting acquainted with my time frames.

Trying a lot of different things and figuring out what I like best

Working hard and getting help from professors when needed.

I guess I have always had a rough time making new friends and I have become more out going.

Live in the dorm

I don't really know. I hated orientation, and I have just been really nervous about leaving ever since.

create study groups or homework groups

I'm taking a gym class where I will be running 4 days per week. I also will work out on other days as long as time permits.

I have better study habits, don't wait until the last moment to do it all. And take breaks every now and again. Don't over do it.

Keeping an open mind and going outside of my comfort zone.

getting involved with clubs and activities

be open with people.

Financial Aid, making a budget

Just gather more information on some of the majors I've thought about, along with where they well lead me.

By looking at what classes interest me and what my skills and weaknesses are, and finding a major that fits my criteria or one that I like

I am going to try to balance everything in my life better so that I may do well in class.

I hope that my first semester of classes will give me an idea of what I'd like to do. All of my potential choices are in mostly the same area, too, so it's not as huge of a decision as it is for some.

I'm trying to decide how I will budget my time so that I will earn good grades as well as have the opportunity to become involved in clubs and athletics.

I plan to stay open minded and just be myself.

By getting to know my roommate and fellow students during welcome week.

Interacting with my professors about assignments, exams, etc on a frequent basis. Studying everyday and getting help in areas I struggle in whether it's through study groups or U of M resources.

By taking a variety of courses.
To save money, I have decided to commute rather than live on campus. I am also working a lot this summer to save money for tuition as well as transportation. I plan to get a part-time job during the school year. In addition, I have applied to several scholarships to supplement the money I earn from work.

Transfer request!

Try not to schedule too many classes, or at least not the hard ones all at once.

I have to loan the tuition under my responsibility. I think it is too much.

I will have to do my best to study hard and find a good balance of friendships and studying.

talk to people

Skyping

do my homework.

Getting involved with student groups, being part of a campus ministry, being open to new people and new things, etc.

I really have not yet.

Exercising and hanging out with friends

I try to keep telling myself it won't be that tough but the problem is I never studied in high school because or managed time. I really didn't need too because high school seemed easy for me. I did take good notes but never even really studied them. If I have too I will seek help but as of now I plan on working on it once school starts to see how it goes.

Talking to people that have already gone through the transition from high school to college.

Involving myself in as many activities as possible without overwhelming myself. I will use my networking skills to meet new people whom are freshmen and use the upperclassmen that I already know to meet even more people. Additionally, I believe that the upperclassmen will provide some genuine advice for me and help with the transition into college, and they will help guide me to activities and clubs that I may enjoy based off of their past experiences at the U.

talking to my advisor

I plan to discuss the matter with other students who have faced a similar situation.

I have already started looking at the classes available for the spring semester. I have also started using the graduation planner online to determine which courses I need to take and when I need to take them.

working hard

I think just being open-minded and get out of your comfort zone is the first part in meeting new people and making friends in college. Especially going into a big campus, I understand being alone sometimes is probably gonna be the case, but just stabilize some friendships would be nice.

Just remember to always do my best and to work hard.

I've looked at the U of M job center and plan on applying around campus.

Attending Welcome Week seminars that address this problem and give techniques/solutions for success.

scholarships, grants, loans

i havent

Talking to friends and family, looking up career options, taking career placement tests.

I know that I need to manage my time wisely and keep all my school work organized.

Obviously focusing most of my time and energy on coursework and studies...that's why I'm there!

first, I would look at whether the concern is something that would benefit from thinking about. If it isn't, I would simply not think about it by occupying my thoughts with something else more productive.

being open minded and willing to meet in the middle

Talking to my parents and not being afraid to ask for help and advice when I need it. I know I have many advisors on campus who are there to help me, so that is comforting. Working on study and time management skills.

Seeing what college is like throughout the first week or so, and changing study habits as necessary.

making a budget and sticking to it. maybe posting a chart?

work during college

To enrich my residence hall life experience I must make friends. I must cooperate with my roommates and we must understand each other.

managing my time in a schedule

Researching financial aid possibilities, applying for scholarships

I plan to go into college with a positive attitude, and the lessons that I've learned from high school. I will try to make a lot of time to get all of my school work done, as well as try not to burn myself out.
joining campus groups
Taking every advantage that the U has to offer.
Talking to new people. exploring different school subjects. calling home
I chose really social roommates over roommate search so I can meet a lot of people through them.
Budgeting my time, working really super hard and giving up some activities I might have otherwise participated in, in favor of studying to get good grades. This is mainly a concern because my tuition is being paid completely on scholarship, and for most of it I have to maintain a certain GPA, which I'm anxious about.
Loans.
Budgeting myself
Communicating with an advisor.
Less social time, more studying.
Spend a decent amount of time studying every day
Hanging out with highschool friends and meeting new people as a team!
Study what I am going to be tested on
meeting people in my dorm/classes.
Going in with an open mind and being myself, but being more outgoing. I like to be outgoing but I don't like to be judged.
Taking one day at a time.
I applied for a hall transfer.
Taking out loans
Making sure I can manage my time wisely but still have time to have fun.
Prepare myself for tests and quizzes to my best ability and attend class.
Being open to confront anything that may happen in my dorm, and being open to making friends with my dormmates.
I am going to have to start studying a lot which is new to me so I have just been trying to think of places to study.
Taking a variety of classes.
I'm just going to do my best to join groups and keep an open mind to everything.
Being open minded and not afraid to talk to people
Being open-minded and knowing that it's a once in a lifetime experience.
asking questions and working hard
Finding good friends and relaxing whenever possible
Exploring classes to see which class i'm more interest in.
I've thought about checking the job search tool at onestop and also talking to my counciler but i'm not positive on how to go about this.
I am a international student. English is not my first language. And i assume i can't manage the time in study. It's really big different between china and US in educational ways.
I am constantly looking for scholarships. I have been working this summer and I also filled out the Freshman Job Guarantee so that I could be sure that I would have a part-time job during the school year.
Just being myself and talking to people.
Thought about how to use my time best to do well.
Try my best
Staying on top of homework, taking notes, studying.
I don't know.
I have been working two full time jobs this summer in hopes that I can save a little cash for the school year.
Trying to be as open as possible to new people.
I think just being really open with others and realize everyone is in the same position.
Study all the time at the University of Minnesota
I'm just going to focus on studying and not get into the party scene
Just knowing that I will try the very best I can.

Hopefully I will be able to make myself speak up more and less shy.

I plan to keep careful track of my money and also be careful in my purchases. The most important thing I will be doing is continually seeking the Lord for wisdom and providence in this area.

When registering for classes, I tried to space classes out in order to give me time to study and do homework before/in between/after classes. I think it will come down to time management.

I have a strong support system at home and I am also willing to talk to advisers if needed.

Being more confident.

scholarships/student loans

Keeping myself organized and always finding time to eat healthy and make sure I’m exercising

Bring a map and tour my schedule route during Welcome week. This could help me learn my weekly procedure

try my best, study really hard and try to party less :) 

Asking questions

I am trying to step outside my box and talk to more people when I am at work or when I am in public places like the mall.

Asking questions

By continuing to eat healthy and work out.

Setting an organized schedule for studying/time management

Learning how to plan my time wisely and make sure I have my homework load under control before I take part in social activities. I need to fine the best time do do my homework and the best time for studying

I am addressing this concern by complaining about to you and to my friends and family.

Ignore It

Making time for studies, but fun too.

I’ve started planning out what study habits I’ll try to employ.

Studying and holding off on the whole social scene until I know what I have to do to do well in my classes.

Finding a club or other group I can fit into.

Talking to counselor.

taking more time on it.

I have thought about time management, so that I do not procrastinate. If I start a routine, it will be easier to accomplish everything that I need to.

Consulting financial advisors and working a lot to pay for my tuition and bills.

Work.

etting a job.

Being Organized

telling myself that everyone here is new

Read in the summertime to better prepare myself for the rigorous workload ahead this upcoming fall.

going in and talking to professors as well as getting tutored

Meditation

Being communicative, talking to as many people as I can, expressing myself so people kinda get to know me.

I will try to introduce myself to new people.

I have planned to review my notes for my Calculus class in an effort to make its easier to transition to a more rigorous course load.

Studying very hard and minimizing other distractions other than work.

Talked to my uncle about possible career options

Trying different classes.

Checking out the Rec center.

internet to stay on contact with home,

Call home.
Talking to an academic advisor

Being more openminded and outgoing.

I am from China and will be attending a school in a completely different educational context. I have heard of the differences between Chinese and American educational systems, but I am still concerned about my academic performance in the future. Problems include choosing the appropriate courses, taking advantage of the tutoring (which actually doesn't exist in my previous educational environment), and allocating time efficiently as a college student. I am glad that UMN is helping us with our anxiety, and I look forward to being a real part of UMN as soon as possible.

I want to meet new people but I think it's going to be a little awkward at first. I think I'll get used to it over time.

Getting involved in activities I enjoy to find others with similar interests.

I'm really not all that anxious. I'll just be my outgoing self.

I'm not sure what career path to choose.

Explored career options in my chosen field

Working my hardest at all times.

Well, my physics and my IT calc class has been a frustration getting it to work out with the AP score. But I have emailed the correct people.

Going out of my way to meet new people

Many ways.

I plan on taking the advice of my orientation leaders...college is first. They recommend 3 hours of study for every credit per week.

I'm not sure what career path to choose.

Well, my physics and my IT calc class has been a frustration getting it to work out with the AP score. But I have emailed the correct people.

Many ways.

I plan on taking the advice of my orientation leaders...college is first. They recommend 3 hours of study for every credit per week.

I've decided to explore my options and use the resources that will be available at the U to get involved and see what I like and don't like and take classes about things I think I am interested and hoping also that I might just stumble onto something I would love to follow as a career.

Not staying in my dorm room. It will force me to meet new people.

Don't go into all my classes believing they might be too hard or I won't be able to complete coursework; I was put in those classes to succeed and create a good future for myself.

Study hard

Just do what I do and everything will probably be fine

Study, stay in the books.

None, really.

getting a job

Just first of all realizing it will be much different than highschool.

I just have to pace myself and use time management. Staying motivated is a big concern for me. I hope I can enjoy my classes, so I will want to learn.

Setting time aside to do homework.

just experience it

I have been seeing a nutritionist due to an eating disorder, and I have been advised to go to the health center at the U and go once a month to check on my weight.

I have decided to be more outgoing and to try and involve other people who may be left out or feel left out.

I have thought about how to budget my time so that coursework doesn't accumulate and become overwhelming.

I know that in school before I haven't ever had to study, so I know that I am already planning on committing a certain amount of time each day to studying.
I am going to start by taking general classes and exploring possible interests that I already have. I am just going to narrow down from there.

Making sure that a study for a certain amount of time each night so that I can do well on the homework as well as the tests.

Be very friendly and willing to talk to new people as I go through welcome week and the beginning of school.

Joining a study group, creating a work/social schedule.

To not be afraid to ask questions to clarify something that I may not understand fully. I've been working on my time and stress management by having a calendar with all my activities I have going on.

Just going with the flow.

Studying a lot, attending all classes, and working hard.

I am considering a transfer, because I would prefer living with just one roommate. I am not overly concerned.

By getting involved and staying busy.

Researching different kinds of loans that are available to try to find an option that works best for me.

I'll just have to wait and see if a problem develops.

I plan on making a few "practice" trips to the U and finding all of my class rooms.

Getting a job to help pay tuition and applying for scholarships throughout the school year.

Going to the rec center and biking.

I'm worried about balancing my workload with wanting to do other things such as hanging out with friends and living the college life. I need to use my time wisely which will take some adjustment.

Trying to better understand what is expected of me in a university course.

Studying a lot

Knowing when to say 'no' when people ask me to do something and I have homework to do.

Try to be outgoing and friendly.

Talking to individual teachers during office hours and studying diligently.

Life would not be enjoyable if the two of us didn't get along and had to live and sleep with each other every night. That makes me anxious.

I know I will join study groups and always go in and talk to the professor.

Over the summer I have been working, but that only goes so far. This relates to finding a job during school, but that again relates to my workload and interfering with coursework. So it's a vicious cycle to look at. It's my primary concern, but I figure I can top it.

I have always been a good student, and I have thought about addressing this concern by learning about resources available and about campus life so it will be an easier transition and more manageable to balance academics and social life. By learning about my courses as well, I feel I will be able to better transition into the course load and continue my academic success.

Talking to somebody at the University to see if I can not be a part of the expanded housing assignments.

Do my best to meet new people. Be friendly to everyone.

Having a car down there to drive home.

I can just try to adjust as quickly as possible to college classes, and talk to an older student or adviser about the problem.

I'm just going to do my best & study as much as it takes to do well. I will ask for help if I need it and converse with my professors & my student advisor adviser when needed. I also need to realize that I'm not perfect and I may have to accept a grade lower than an A at one point or another. I am persistent and driven so I plan to do well academically. I'm a good student so one way or another I will get into a good rhythm and succeed.

Making good work habits and sticking to them throughout the year and getting ahead of my school subjects.

Making sure to get out and be open to know people and places.

Just thinking that it's not going to be that bad...getting enough sleep, eating good, good study habits.

I am still working on it! But my best solution at the moment is to work hard. Harder than when I was in high school.

Talk to people. :)

I will have to spend my own money, I hope more money from parents.

Getting a double for a dorm so I am forced to meet someone I do not know yet.

Changing study habits.

Going to the Career Center and talking to my adviser.

Finding a job is a big priority.
Making connections with my neighbors in my dorms and meeting my friends (people I already know) getting to know my classmates and people with similar interests.

Keeping my eye on the future

Currently, father and I are looking at student loans, which were the last resort, since scholarships were not attained. Other than that, I hope that FAFSA will cover all financial needs/concerns.

None

I have lined up a workout buddy, I have a workout schedule, I plan to not eat all meals in the cafeteria or maybe just lighter meals. I just need to find time to fit my health into my schedule

I’ll see what works when I get there

I have plans to manage my time well and set aside time for studying.

Making a budget and control how much I spend each week

Find or make study groups. Stay focused develop time management and avoid procrastination get plenty of sleep

I haven’t really

Getting a job, taking out loans, looking for more scholarships

Being more outgoing and remembering that everyone is trying to meet new people and doesn't know anyone, as well as me.

Studying a lot. Oh yeah.

Through living with new people in the dorms, meeting others during welcome week, and meeting others I will be on a team with.

Applying for scholarships, getting a job on-campus

I have thought about just keeping my mind open to new ideas and meeting as many new people as possible. I know that everyone is in the same boat that I am in but sometimes I thing that will be hard to remember!

I have not.

Well, I was placed on the wait list for Carlson and was a little hard on me that I didn’t get in, but I’m working hard to take the classes that I need to transfer into Carlson next year. However, I’m still nervous that I will continue to not get in, while the major I have always dreamed of is in the Carlson School of Management.

Participating in study groups

Getting involved in many group organizations.

I need to get an on-campus job and start paying for everything as soon as I can.

Keeping a good relationship with my advisor

Transferring Halls

Learning better ways to manage my time

Using my time wisely, asking for help if needed, finding a time and place that I always study and keeping it consistent. Trying my hardest

By talking with other people.

I’m going to try to be more outgoing and really work on saying hi to people and starting a conversation.

College is a new start, a chance to change who you are. So I plan to take advantage of this opportunity to make friends and meet new people.

Making sure that I exercise at least 4 or 5 times a week, and be sure that I eat a balanced diet and get plenty of sleep.

Getting a job

Internships

Trying to be as outgoing as I know how to be

Being active and friendly

I am not scared to ask for help, so if I am having trouble in any of my classes I will find a tutor.

I’m going to make sure I don’t rush any of my work and do it before there is pressure on me at say 1 A.M. to do it. I feel once I become more comfortable with my schedule, homework, and studying I feel this process will become easier.

Doing as many activities as I can to be involved and meet people

I believe that most people coming into college are having the same anxiety, so if I just stay open and be myself, I will meet some people like me in a campus this large.

I have checked numerous job websites and reviewed job postings on the U of M human resources page.

Keeping in contact with family

I plan to study rigorously this first semester and try to see how difficult the classes are by taking the tests.
Try to be social and get involved with a lot. by setting time aside to make sure I get my studying done, as well as keeping in touch with classmates and asking when I don't know something. Also, I hope to be able to use my professor's office hours to learn even more and excel.

talk to advisor

Getting out and talking to new people!

I have been filling out scholarship applications and I have sent an email so that I might set up an appointment to talk to a financial aid person to help me at the help center.

Becoming friends with people on facebook

making friends on facebook

I have continued to check my FAFSA status and am looking into other options to help fund my education at the U.

I am preparing myself by obtaining the necessary materials, making an appointment with my guidance counselor, and reviewing paperwork from the U.

Just being outgoing and being friendly to everyone that I meet.

debt.

I'm just going to try and have a good time and remember that all my friends and family at home are a phone call away!

Asking God for help, listening to the guidance that my dad gives me, and reading a book to get other advice.

I have gotten a summer job to help contribute to my tuition.

Keeping in touch many nights of the week and going home once a month.

Take different classes that interest me.

Conserving all of my money and working all summer to pay off what I can. I also am just going to go with it because I understand that most students have this concern, and they all manage to pay it off.

Manage my time wisely.

By hanging out with people I already know and meeting people through them, and joining a group of some kind.

Studying very hard.

Making sure to go to tutors before I have an issue with class. Going to talk to professors during their office hours, and studying.

See above.

Try hard to meet new people during welcome week.

I tried to email my assigned roommate, but she hasn't responded.

I've thought about how much I should study and what my priorities are.

I don't know how much harder it will be than high school.

studying

Working overtime during the summer.

Be open to new people and put myself out there.

Just being myself and being sociable.

I have been working hard to explore all of my career options. I decided to take a variety of classes which will help me decide what area of study will be best for me.

Being more approachable and outgoing.

I will make sure I always attend class and try to study as much as I can.

Immediately becoming aware of how to manage time well to take help when needed.

Just getting involved and putting myself out there, but I'm usually shy.

Meet with the nutritionist on campus to set up an eating plan and exercise plan.

I will be open to everyone because where I grew up there wasn't a lot of diversity.

Participating in some fun events, try to be more outgoing in meeting people.

Working out because it relieves my stress. Not letting things overwhelm me.

Build friendship with my roommates.

I will go to the library.
I've tried to prioritize the things in life that make me happiest and apply them to career paths, and also compare those to my skills in certain areas.

I never thought about addressing it.

talk to everyone that is around me, learn more about them.

I am taking out a student loan.

I have some financial aid already, but I will need to continue to work and save my money so I will be able to pay off my student loans.

Organizing my daily schedule

Going on a game show to win a lot of money.

I will take classes that interest me and see where that takes me.

Finding ways to not be as distractable, staying focused when doing classwork independently (e.g. writing papers).

I've thought about being more open to new situations.

To focus more on courses and attend all the classes and seminars. Try to spend as much time as possible on study without being out of community activities.

none

Being friendly!

by applying for financial aid and also applying for a job to take off a bit of the financial burden

Just being outgoing and friendly at school.

being open to all kinds of people and communicating

I thought that I should make a study schedule, and make sure that I stick to it.

I'm nervous about having a roommate from another country. I have sent a few emails to him to try to figure some things out and solve my concern.

I used to study in an international high school in MN. I've never attend in a public school, i dont know what kind of situation i gonna face, and how to adapt it.

I know that the study skills and time management that got me through in high school won't be adequate in a college environment, so I'm going to try to use time directly after class to study/do homework. After being immersed in my college courses, I will (hopefully) adapt effective note-taking and studying methods.

I am trying to be flexible, i cant change the world according to my will, so i have to change to be better at understanding others and having patience

Reaching out to other students and friends to help me when the going gets tough. By connecting with other students in my classes, I can create new relationships and possibly some A's.

Putting aside enough time to study and read for my classes

Put academics as my number one concern and go from there.

always walking with someone else and using the university escorn program.

Just being friendly and trying to meet the people around me.

I decided not to overload myself first semester with classes and make lots of time for studying. I also and going to wait to get a job until I know I can handle everything.

I remind myself that everyone is nervous, just like me. While I might be feeling anxious, other people are too, and if I can get past my own anxiety, others will be welcoming to new friendships.

just talking to some of my friends and other people

Making a schedule on when I can have fun and when I really need to study

being myself, and being open to the people around me. I plan on meeting new people by separating myself from the people that I have gone to school with for the past few years of my life.

I have talked with current U of M students about the workload.

joining academic groups

Taking it as it comes, acceptance of change.

none

I haven't really addressed it. I have taken some difficult classes for the semester and I just have to make sure I devote enough time to studying.

I wanted to start joining intramural sports.

I took an identities class in order to find out more about what i am interested in.

By being myself, open-minded, and outgoing i know i will be fine.
My family is very close and I should be in contact with them at least every day in one way or another.

I will try to be very open-minded and outgoing while I'm here and try to make a lot of new friends.

create a new resume

Studying

Scholarships and other resources

By trying to obtain a job as early as possible before a lot of them are gone. Looking online through the U's Employment and Career Resources and also Goldpass to find a job before even moving to the cities.

Just working as hard as I can to do well in school, and if I am having troubles, I want to see somebody that will help in assisting me.

I don't really have a plan.

I think the best thing to do would be facing this issue head-on and accepting any outcomes. Mainly, trying to make the best of the situation.

I am trying to take some general classes to see what academic areas interest me!

Stay in school more to avoid distractions that may be present at home.

Studying

looked into jobs at the university

talking to my room mate early

Just be outgoing and try to be friendly to everyone I meet.

i need to study more than i did in high school

I registered for a small workload for my first semester but I'm still worried that the classes may be too harsh or I will take them too easy and not study enough.

Haven't

Stay in contact through phone's and e-mail.

I will try to talk to people more and introduce myself to people

I have thought about taking classes in different areas of interest for me and I also think that I would like to maybe take some tests and things to try and figure out what areas I am strong in.

I'm just hoping that my roommate and I get along. I know we'll both be giving up personal space and we just have to give and take.

studying

Joining groups, etc.

Getting involved, staying busy

I plan on trying my best to focus on studying and not socializing.

I will just try really hard right away in my classes.

I've tried to consider all my options and do what appeals to me.

Transfering to a different hall on the Minneapolis campus.

I plan to talk with friends who have already attended classes at the U and see if they have any tips.

I've been looking for work

winning the lottery

studying a lot and working hard

I got a weekend job.

Getting a job.

Talking to my advisor/counselor, meet with him/her to see what I can improve or can do, and talking to my professor.

Studying my butt off right away and not going out to parties because college is for learning...not drinking.

I don't really think about it

Just doing what I have the past 4 years to get to where I am now

haven't, im not really concerned

Creating a financial plan.

I've just got to deal with it the best I can from day to day.
To try and be outgoing as possible and allow myself to be open to new people.

Set aside set times for studying and cut down on time wasted.

Studying and time management

I've thought about the importance of studying and the importance of time management.

Study and make time for classes before having fun.

Take classes dealing with subjects that I enjoy and see what stands out the most.

talking to my parents and figuring out what to do.

talking to people about course difficulty and try to get a better understanding of what i may like to take as a class and pursue as a major

Balancing my time more

Putting myself out there by being assertive in meeting new people.

Being open to people, and trying to realize that everyone else is in this same position.

Going into it with a positive attitude!

Talking to my parents and my bank about how I can manage my income.

looking into scholarships and financial aid

Making as many connections with people as soon as I can.

I'm sure everything will be fine, there is nothing i can do to lessen it.

listening and speaking...

I have thought about finding adequate time to study, and staying organized.

Hopefully, some current students will have tips/advice; otherwise, I'll look into some of the Welcome Week sessions.

Talking with other/ current students who already attend the University of Minnesota.

choosing a good roommate who i feel is studious so i will be motivated and looking into the tutoring programs

Finding a job, taking out low interest loans

Take it day by day, doing the majority of it like i have before. Focus and do the homework first and i should have nothing to worry about.

I have frequently checked the lists of available job opportunities through the school website, and considered what type of job I would like to search for off campus.

?

I think that it is unfair that I had just received the postcard and wanted to participate in certain events but they were already full. I want to participate but I don't like the feeling of being forced to participate. I feel that I might be too busy, I am coming from almost 1300 miles away, and I want some time to get adjusted before hitting the grind.

Engaging in conversation with classmates on Facebook and through orientation and Nature of Life.

Just to try to be outgoing and meet as many people and create as many new friendships as possible outside the classroom

I have not really thought about it.

working

I don't know yet because I am not in school.

setting aside certain times to do my homework no matter what each day.

Realizing that I have to make a total commitment to my schoolwork in order to fulfill academic success.

Trying to meet people and not being shy

I obviously want to concentrate on focusing on what is put at me in my classes. It's simple, yet hard to do sometimes.

Trying to interact with new people

Practicing note taking, strategized ways to take notes.

Not procrastinating as much as I normally do.

Loans, a job,

I plan on working hard and committing to my coursework. I will make my coursework my number one priority and leave my job and other things second to my studies.

Well, other than finding time to get tutors and speak with professors one-on-one, I don't really know what else there is to do.
keeping in touch with family and friends
I will talk to some of the older students on campus and I will also try different locations and find a place that will work for me.
Visiting with an Academic Advisor, meeting with the career plan coordinators, etc.
I had a job all of my life, however, budgeting my money is a bit new to me. So, this year, especially, I have tried to spend less and hopefully I will be able to continue to do so as I enter the upcoming school year.

no idea at this point
Taking things slow. Doing things one at a time and making sure I have a planned out schedule so I do have time to study. Probably make sure there is a place where I can go where it is quiet.
Make sure to file everything and make sure to be as organized as possible with important financial papers and whatnot.

Asking for help Office hours
N/A
I don't think I can address it until I experience my classes
I have an older brother who is also attending the University and well just spending time with him whenever i'm feeling homesick or talking to him.

Hopefully using good time management.
I have made contact with my roommate. I guess I will try to overcome my shyness
Being more social, and putting myself out there.
Just opening up to any ideas, finding interests in things I will enjoy, and getting help from professional who know how to help me reach my goals.

Talking to other people out of school. Getting my stress out by talking to people.

I reapplied for housing. I'm stuck way out in St. Paul as of now and do not like the thought of it at all. I want to switch into one of the main residential halls on East Bank if possible. If not, I know some people looking for a roommate in an apartment and I also know people within 'The Lodge' and both are very good second options if I cannot get into a residential hall. In any event, I will not be staying in Bailey Hall.

Talking to other students of the U and also professors.

I am trying to get a job on campus.
Ask around to see where all the good tutors are from present students.
going home a lot on the weekends. or maybe once in a while after class on weekdays. just to visit friends and family.
I have already met a few people from Registration, and I am hoping to hang out with them while I meet new people.
going to school at the U
I have opened a saving account that I hope to maintain.
I will make sure I follow a schedule and get all my work done. Also i will ask for help if i need it.
Throughout high school I have tried to obtain successful note taking skills and ways to remember information i've learned. I'm hoping that I will be able to be interested enough in the subjects to actually study.
I hope to get out there and talk to people, hopefully meeting friends
By visits relatively often.
I have thought about asking for guidance/advice on how to manage my work load.
Be open to meeting new people
By asking questions and filling out may applications.
Be Focused
just being open to others
Balancing time and making study times for myself
Getting it over with so that the transition from PSEO to regular enrollment will finally be done, as this has been the most irritating event in my 2 years at the U.
By keeping an open mind and accepting others for who they are.
Study groups
Setting aside specific times to do homework and studying.
just trying to choose healthy options and finding a workout partner
Being more outgoing.
Spending more time studying
Things I have thought about is looking for scholarship or any other financial aid.
staying on top of all my notes. Getting to know my professors.
Be open and relax
I want to try to be more involved in school and groups. This will hopefully give me a better opportunity for meeting new people.
Purchased a bike for transportation, planning on exercising regularly and eating healthier
Discussing my options with a financial aid officer.
getting ready mentally for the school year
Learning to manage my time will give me more time to study and do well in classes.
Considering loans, on-campus jobs, summer jobs, etc.
Getting a lot of sleep while I'm still at home, eating healthy to form good habits
Finding support through the resources at the U, my friends, and my family.
I will need to dedicate the necessary time to studying and preparing for course work.
Examining possibilities, fiving myself time.
N/A
Set aside specific time to study and make the school work a top priority.
I haven't, really.
I realize there are a ton of new people coming to the university but I'll be five hours from home and only know two people
trying to talk to new people.
be organized, manage time
being organized, manage time wisely
I think coursework is very important for my major and my future.
I have not settled with what major or career I want to pursue. I want to chose something that I will be interested in. There are so many things I
am interested in, and that is why it's so hard for me to make a decision. I will seek more help and opinions once I get on campus and when
it's time for me to decide my major. Once I do this, I think it will help step into my career path.
Looking around and online would be helpful in this case, as would talking and asking questions about the topic to people that could help me.
I have to pick something and stick with it and committ to it
Balance.
i guess just managing my workload and balacing school work with play…
Recount from what I learned in high school. Be confident that I can make a plan and stick to it.
Talking to my new roommate and getting to know her. I just feel that I work the best of my ability when I am alone. I have had 3 roommates
last year that I didn't get along well with. I just hope I can come into college with an open mind and maybe learn something from my
roommate.
joining clubs and activities.
Just giving it my best, and being an open an interesting person. Who does what he's interested in.
Nothing concrete so far most find me very interesting as a person and even my current friends find me very unique.
Practicing organization.
Speak to my advisor.
Be open and outgoing.
Just don't worry about it and work.
Explore to find out what I really want to do.
Have a small part time job on the side.

I hope that I do well next year and I will make sure that I get all my coursework done on time. I have talked with older students and asked what has worked for them.

I am concerned about meeting new people!

I am prepared to study a lot.

I am hoping that the planned activities will give me a chance to meet people in an easy way.

I hope that by being actively involved in my community I will be able to meet and associate myself with my peers.

Using a web cam to keep in touch

looking for a job

setting up a study schedule and devoting the majority of my day to studying.

I will try to be as open to others as possible, and try not to be too shy or introverted.

Creating a schedule that allows me to take time for myself but also addressing the issue of homework and study time.

Work hard and stay on top of my coursework.

Looking into what study resources will be available to me in the library, online, etc.

I googled my residence hall to see what others had to say about it.

Leaning from others and as I go.

Perhaps going to bed earlier or getting to class right after i wake up from bed without eating.

Just taking that first step into my classes.

I have thought of different experiments to try to figure out which way I like best.

I don't really have any concerns about college.

Just be myself and try to meet as many people as I can.

I've spent many, many hours thinking about what really interests me, what I have a passion for, and what career would I never tire of.

I've been talking to other people who are currently in the same situation or were just within the last few years. I've also been doing yoga. I think it helps.

I take things one step at a time. I try to watch how I spend and look to see how far I can really make a dollar go.

being relaxed as possible

I have been filling out applications for near by available jobs.

I've done some research on tutoring. I've also considered looking for a study group when I get to campus. I plan to arrange my schedule so that I have as much time for studying and homework as I feel I need.

working much harder than i did in highschool

I have come to the realization that my new friends, like my current friends, probably are not going to be people that I am 100 percent on board with everything they are doing in their lives and i will have to compromise and hang out with people that don't click with me completely.

I think I just need to learn how to relax and socialize more with different people.

Trying to stay on top of my school work, and keep my priorities in order

io

Finding a job on or off campus that doesn't interfere with campus life and studying.

I think the best thing is just to dive into the opportunuties offered at the U and see what peaks my interest. I have also thought about talking to my counselor to help me explore different possibilities and options.

I asked my sisters a couple of questions about what the workload is like and I think I know what to expect.

Just be myself, people will like me if they like me

Getting a job and taking out loans and filling out scholarships to make money to pay for college tuition.

Trying to meet my roommate before we move in

I learn that to do well in college is difficult for students. College students' life is busy with study, work, and their privacy. Moreover, we are easy to forget to do important things, such as homework and papers because sometimes we want to do thing that we like, but not important. Study is not fun, could be boring, and requires a lot of disciplines and responsibilities. That's why, I really concern about academic coursework, especially when English is my second language.

I intend to try and minimize distractions that I can live without. Time wasting has been a major problem in high school, and while I want to have time for fun still, I need to spend less time on it. Another way is to try and schedule myself more, and pick particular times for particular assignments in advance, so I can't just wander off as easily.
<table>
<thead>
<tr>
<th>Topic</th>
<th>Notes</th>
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<tbody>
<tr>
<td>Exercise, Monitoring eating habits, etc.</td>
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<tr>
<td>Becoming more outgoing.</td>
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<tr>
<td>I don't really know, I just plan to be approachable and friendly and try to make friends or something. It's my primary concern, but that isn't saying much; it is that troublesome of a concern.</td>
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<tr>
<td>The only way that I have thought about addressing the concerns I have is simply by being myself and constantly being openminded.</td>
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<tr>
<td>I have prepared myself with resources I probably need in order to do well my freshman year. I have attended workshops during this summer that help me organize my assignments and notes, especially during a Professor's lecture. I thought about balancing a life at school and at home, as well as managing my time. Hopefully, a structured layout of my freshman year will be conducted so I can follow the layout routinely. I thought to involve myself in groups and clubs at school to keep me well-grounded in school, but then consistently inform myself I have loved ones I need to go to for love and nurturing.</td>
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<tr>
<td>I'm an international student. I'm afraid there will be a lot of differences between culture to culture. It may be difficult for me to make friends with others, especially native Americans.</td>
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<tr>
<td>The American culture is quite different from the culture in my hometown. More or less, I must face these problems such as the way of life in America, people's attitude toward life and how to make friends here.</td>
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<tr>
<td>Working as much as possible during the summers to help pay tuition.</td>
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<tr>
<td>Time management</td>
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<tr>
<td>- Do not hesitate to ask questions to professors - Spend much more time for class work</td>
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<tr>
<td>trying to balance time with friends and family so no one thinks I'm ignoring them.</td>
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<td>Putting forth the effort</td>
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<td>Being open about meeting new people, and not being shy.</td>
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<td>Applied for loans, have an on-campus job</td>
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<td>I have not worried about it too much.</td>
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<tr>
<td>None, I can only take it as it comes, but any other help would be nice.</td>
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<tr>
<td>Attending a variety of events as many as possible.</td>
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<tr>
<td>Focusing in class, studying for every class every night, study groups, schedule my time out.</td>
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<tr>
<td>Loans.</td>
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<tr>
<td>Get involved with the activities held by the community, and learn the language as soon and well as possible. Get used to the lifestyle of the locals.</td>
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<tr>
<td>staying in contact with friends that are achieved at this skill</td>
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<tr>
<td>Live life luxuriously</td>
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<tr>
<td>Study a little bit at a time and take in what I just learn or read in a textbook and try to apply to real world sense.</td>
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<tr>
<td>Deciding how much I should work during the school year to pay for college.</td>
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<tr>
<td>I think that taking a variety of courses will allow me to make a decision on a career path. I think talking with a counselor at orientation can help analyze my results from the career path quizzes.</td>
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<tr>
<td>Positive attitude</td>
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<tr>
<td>Try to talk with more people and improve communication skills.</td>
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<tr>
<td>Seeing how things go first semester, then possibly getting an on-campus job second semester.</td>
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<tr>
<td>I will try not worry about it because I know I will be just fine.</td>
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<tr>
<td>Taking some classes that I'm interested in and hopefully find a major.</td>
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<tr>
<td>Well I never really had to study much in high school because everything came pretty easy for me, but I think that there are many study groups I can use to my advantage and also I just need to be more responsible and set aside time during my day to study for every class. We've made it an effort to get to know each other via email and Facebook before we actually meet each other.</td>
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<tr>
<td>Staying on task</td>
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<td>Open up to people</td>
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<td>Rather positive and optimistic</td>
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<tr>
<td>Study hard, put forth a lot of effort</td>
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<tr>
<td>reminding myself that I don't have to worry about it just yet</td>
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<tr>
<td>Pushing myself to do even better.</td>
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<tr>
<td>Just take it one step at a time. Be well prepared for my first few days.</td>
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</tbody>
</table>
Making detailed plans to manage my time wisely.

Being open with everyone

I plan to look into the University dining option as well as fitness classes to get involved in.

Staying in contact with those people

Finding time for work and balancing my studies and activities with friends.

Taking a wide variety of academic courses.

good study habits

Getting loans.

Getting in contact with my roommate, finding out where my friends are living, keeping in touch with people.

I have thought about just making sure to know how to manage my time well. When I get a lot of assignments I need to make sure to take time to do them correctly and not rush through them. I am going to need help in these areas because I am also nervous about doing well in school and getting good grades

Joining student groups, networking with classmates and neighbors in my residence hall.

Talking to my counselor

I plan to do as many activities as I can so I can meet new people.

I have kept in touch with several friends from my orientation group, and I have made a connection with my future roommate.

Since I am living off campus and coming from another state, I thought that the easiest way was to join groups.

Doing tasks around the house, friends and family, working. Keep telling myself that it's going to happen and that I have to make the best of whatever comes my way.

Strict schedules

I'm going to apply for a part-time job.

Trying to be more outgoing and talk to people even though I am shy.

Using time management skills and staying on task

Transferring to a two year college instead because of my family status.

Trying to be more open and outgoing.

I think it will probably not be a problem once I meet my roommate.

worked with others who have gone through it

Finding out where I live and figuring out how to get around campus.

Reasearching different career paths to figure out what I want to do

study groups

studying more than ever

Be very outgoing and friendly.

Study and stay focused.

To see what happens when I get to school and let it work itself out.

Getting loans, constantly applying for scholarships and federal aid

Be disciplined and study; join study groups.

Try not to over think everything and just go out there and make friends.

joining many activities

I'm really not concerned about meeting people and making friends- I've been doing that for 18 years now and it's worked out pretty well for me. Academics have never been a problem for me, and money.. well, money is a situation that can always be better no matter what position you're in, right? So, relationships with others- I'll be doing one of those long-distance relationship things that everyone says never works out. Well, I want to make it work out, and I've got plans to visit and everything, but I guess that's not really something I want to talk about on a survey. Let's just say I've put thought into it.

A lot of pression

I'm going to try my best to be more outgoing and approach all my professors outside of class. Also I am going to try to be close friends with my roommate.

I'm going to be living in a single room, so I need to leave my door open so people can just walk in and talk. Also by getting involved in various activities on and off campus.
I am taking a wide variety of courses while looking more in depth into majors/careers that I am somewhat interested in. Hopefully this will help me to at least narrow my choices considerably.

During the Spring, I've signed up for the Freshman job guarantee. Not thinking about it, focusing on my studies more.

Actually experiencing college life, it's hard to fully judge something you have never tried. I'm shy, so I'm going to try to be more outgoing and come out of my shell.

By making sure to schedule time for my schoolwork.

Be confidence! Talk to others.

Being open to meeting others

Adjusting my daily schedule when problems arise.

Well I'm trying to meet up with my roommates as soon as possible, so that when I move in I won't be a total stranger, but I am mostly anxious about the fact that I am in expanded housing, and I am afraid to get too settled in before I have to move out again. At least I automatically meet more people because of it.

I have been looking for a work study job.

Visiting the fitness facilities regularly, planning to eat the right foods, planning a good balance between study time and social life, while planning a correct amount of sleep, too.

Taking specific time out of my day to study and do my work. Pace myself so I don't do everything all at once.

Haven't really thought about it that much yet...but I am going to make a schedule of what I have to do each day in hopes of getting everything done.

In high school I was swamped with activities and never had any free time, which led to very late nights for studying. I don't want to push myself with activities as much. I want to get into a study group or two. Being a student will be my priority more than it has been in the past.

Budgeting my money and saving as much as I can in order to pay for any remaining tuition that my financial aid won't cover.

I plan to be open to meeting people and inclusive to others. Most people have this concern so if everyone is friendly then meeting people shouldn't be a problem.

I have been searching through University sites and other locations, but have not found exactly what I am looking for at this time.

Taking one step at a time

Become more comfortable

Being open and friendly with people

I want to stay in touch with the people that I love back home.

I think as long as I stay organized and do not allow myself to procrastinate I will do fine.

I will take out student loans and attempt to obtain an on-campus job.

I have thought about making a meeting with my financial advisor to see what are my best options for covering my college expenses.

I am working on taking out as many loans as possible.

Talking with a Counselor

Talk to current students.

I just need to be outgoing and talk to people.

Investing more time on my studies as opposed to being social while still maintaining a balance of work and play.

Lots of time studying.

Not think about it

Taking things slow and creating a routine.

Talking to counselors or deciding my path of interests.

I will make sure to be outgoing but remain myself. I will also use every opportunity during welcome week to meet new people. I am going to try to get involved so that it is easier to meet people on campus. I have been talking to my roommate so I will already know someone.

Studying, attending class all the time

I have a variety of things I am interested in doing but I do not know much about what someone in those fields do on a day-to-day basis so I have been thinking about interning as soon as possible with a variety of companies to figure out what I really like.

Force myself to talk to others. Talk to the friends I have now before that.

Learning new ways to balance nutrition with studying.

Attending the events of Welcome week to allow me to meet many others.
<p>| trying to be friendly and joining clubs |
| Applying for loans and scholarships. |
| I'm just going to keep working hard like I did in high school. |
| As a student from China, I know how difficult it is for my parents to support me. They work in China, and earn a salary in RBM. Their total income, if exchanged to USD, is not even more than $15000 per year. I'm already an adult now. It's high time to be independent and support myself. For 18 years, I've been growing up under the comfortable wings of my parents, who sacrificed a lot for me. So how can I bear to let them continue working so hard to earn me a college degree? I think it a must to find a job and abate their burden. |
| just figuring out what i want a major on but im not worryin too much. i just want it to come to me. |
| getting work/studying done or started when you receive it. |
| Trying to be as social as possible and be non judgemental towards anyone. |
| Force myself to go talk to people. I am a very outgoing and friendly person, but when I don't know people, I tend to just not engage others &amp; just keep to myself. |
| I just need to approach people and try to find friends that fit me, I can't shut myself off from making friends. |
| Creating a very organized daily schedule that includes a healthy diet, exercise, a bit a socializing. If all are accomplished, I feel like studying won't become a task that becomes dreaded. |
| I've begun doing school work over the summer in order to prepare for my classes |
| Going on the U of M website and applying for jobs on there |
| Learning how to manage my time well, taking good notes, and putting in a lot of out of class time. |
| search for scholarships |
| Simply working really hard. |
| Getting a fit pass at the recreational center on campus and eating healthy. |
| I have already addressed the issue it is just living in severe debt for the rest of my life that concerns me. The fact that the government believes that a family of 5 support by one 5 digit salary is enough to pay for my education is enough to make anyone feel anxious. |
| I wouldn't call it an anxiety or concern. I'm just aware that balancing my general education courses and BFA acting classes could be a challenge. As long as I stay on top of my work and keep a steady routine, I know I'll be fine. |
| I need to step out of my comfort zone and talk to people. I have realized that everyone is in the same boat as me. So, I just need to be myself and be an outgoing person. |
| Getting more experiences and general knowledge so that I can better judge what type of major will be most suitable for me. |
| councler at orientation |
| Making sure I set aside time to study. Try to get into study groups. Visit office hours. |
| I am going to be as outgoing as I can possibly be. I will be open to all of the diversity at the U of M and be excited to meet whoever I can. |
| Trial and Error has been a possible method I have thought about for coping with developing new or adapted skills for a successful academic experience. Also, knowing that my rigorous high school curriculum has prepared me fairly well to what college will throw my way. |
| I have thought about joining student groups. |
| Dedicate myself entirely. |
| study more |
| Looking at several different options for majors. Trying to find out what I am interested in, and if that could translate into a major. |
| Researching loans, pawn shop, moving to a cheaper home. |
| make plans to be able to do everything i need without getting stressed out |
| studying, time management, study groups, |
| I listened closely to suggestions during Orientation about using downtime wisely. I've talked with friends who are already in college. I chose to take classes that interested me, as well as fulfilling requirements. |
| Having a job while in college and continuing to save money. |
| I plan to get very involved and be open and nice to everyone. |
| Asking someone where to study |
| I think the main thing is staying on top of things and setting aside time every week to study and ONLY study. |
| Walking. |
| I have addressed this concern of mine through time management skills and attentiveness in the past and plan to do so in the future. I plan on making and keeping a daily weekly and monthly work schedule. |
| Planning out my time to study and finding a good place where I can go to study. |</p>
<table>
<thead>
<tr>
<th>Task</th>
</tr>
</thead>
<tbody>
<tr>
<td>Being open minded to everyone</td>
</tr>
<tr>
<td>Joining study groups, or getting help from tutors throughout the school.</td>
</tr>
<tr>
<td>Getting a job on campus.</td>
</tr>
<tr>
<td>Focusing on getting my work done and putting enough hours towards studying.</td>
</tr>
<tr>
<td>Getting out of my comfort zones and just trying to fit in. And be myself. Other than that I have no clue.</td>
</tr>
<tr>
<td>I just can't think about it. Everybody is in the same situation as me.</td>
</tr>
<tr>
<td>I thought about talking to as many people as I can to get advice. The best advice that I got was to talk to an advisor at the U and to fill out as many scholarships that I can for my money situation.</td>
</tr>
<tr>
<td>I'm sorry I don't know what the question mean.</td>
</tr>
<tr>
<td>having balance between study time and social time</td>
</tr>
<tr>
<td>Umm... Really Trying to Find find some great study groups. also take advantage of advisers and i really want to live on campus but im on the waiting list and i feel if i was on campus i'll do allot better just because all my resources would be close</td>
</tr>
<tr>
<td>Studying, meeting people in my classes.</td>
</tr>
<tr>
<td>Finding a job before I lose my Work Study.</td>
</tr>
<tr>
<td>Making schedules and sticking to them, leaving time to relax but also devoting time to studying, and staying organized.</td>
</tr>
<tr>
<td>Being outgoing</td>
</tr>
<tr>
<td>looking online for a job.</td>
</tr>
<tr>
<td>im just waiting until it actually happens...ive asked people that are already in college what they feel about the topic</td>
</tr>
<tr>
<td>I plan to be as open as possible in order to meet people and develop friendships.</td>
</tr>
<tr>
<td>hoping everyone else is in the same boat.</td>
</tr>
<tr>
<td>ask students!, they will probably know a good place to point me towards..</td>
</tr>
<tr>
<td>Exploring different majors</td>
</tr>
<tr>
<td>I want to study hard and do my best .</td>
</tr>
<tr>
<td>I will be closer to home so my family is able to come down and visit.</td>
</tr>
<tr>
<td>joining study groups</td>
</tr>
<tr>
<td>Going study groups</td>
</tr>
<tr>
<td>Figuring out my financial situation, and having a part time job.</td>
</tr>
<tr>
<td>Contacting someone that would be able to help me either switch my major or college of choice.</td>
</tr>
<tr>
<td>I know that I have a meal plan, which is helpful, but also i dont have a job yet and i need some way to bring in money! I have filled out applications and submitted my resume to various companies around campus.</td>
</tr>
<tr>
<td>Seriously.</td>
</tr>
<tr>
<td>Hopefully after studying for awhile I will start to understand my likes and dislikes better and will then be able to decide on a path for the rest of my life.</td>
</tr>
<tr>
<td>Studying</td>
</tr>
<tr>
<td>I've been looking for a job and saving up money.</td>
</tr>
<tr>
<td>Staying well organized and spending the time i have on what is necessary first and other things second.</td>
</tr>
<tr>
<td>Getting my own study room away from distractions. Not working so I don't have to worry about another thing when I'm concentrating on school. Use all the tutoring that I have available to me. Asking for help whenever I need it. Create and go to study groups. well i plan to get to know my roommate as well as possible. and hope to work out any problems we have. and make the best of the school year</td>
</tr>
<tr>
<td>Getting a job.</td>
</tr>
<tr>
<td>Haven't thought about it.</td>
</tr>
<tr>
<td>be involved.</td>
</tr>
<tr>
<td>I have thought about getting involved in extra-curricular activities to force myself to meet new people.</td>
</tr>
<tr>
<td>create good study habits right away.</td>
</tr>
<tr>
<td>I chose a couple different Welcome Week activities that deal with these issues.</td>
</tr>
</tbody>
</table>
I've asked co-workers who are in college and/or have attended college what to do. I've been thinking about just asking around (ex: my roommates, peers, etc) and hoping someone will help me understand better about taking class notes, doing well on exams, and managing my time and workload.

Keeping my dorm room open, and having an open mind about meeting people.

I applied for scholarships and am looking at loans

Just going into it head strong and being prepared for the worst but hoping for the best. Studying real hard and trying to make study groups that will help me do well in each class. I am taking 18 credits so I am ready to work and study harder than ever.

I have just thought of being open and being myself around people.

It's ok, if you join in the activities, and don't be shy, you can handle this anxiety.

Just to try and stay focused on coursework.

Taking seminars on it and mostly just through practice.

Well, I don't mean everything in a bad way. Nothing stands out is all. I think it is mostly nerves and I will get over it once I settle down. If I don't settle down I will seek out help from my parents and school officials.

Since I'm an international student from different country, I have been having language problem. So, I've been always worrying about making friends from either the States or other countries.

I will talk to people I go to class with and the people I live by.

I'll pick a major

I'll figure it out later

Being open to others.

I am bringing my bike, getting around campus will be easier and more convenient.

Just study a lot and make sure that schoolwork is my first priority.

Just thought I should try to be more outgoing and just go out and have fun with people.

I am a international student, that means English is my second language. It is hard to speak or listen or write or read in English. So I concerned if people can't understand my English. It is definitely hard to be friend, if communication is impossible.

I have applied to transfer residence halls because I was put on the Saint Paul Campus, so hopefully my request is honored.

I have been looking into loans and just saving as much as I can.

I can join study groups or set specific times during the day to study.

Don't waste time. Take any/all free time to get ahead in class. Review a lot!

By using the Rec Center to work out and try to eat healthy.

College life sounds so excited for me now. Since I got a single room, I am more worried about that I don't have people to talk to. I'd like meeting new people and make friends, because I am kind of scared of being myself in a new place.

I can join study groups or set specific times during the day to study.

Try to be outgoing

Ask college students what they do to be successful and get an idea of what my classes will be like. Also, plan to have good study habits.

Organize my time well.
I will study a lot more than I did in high school.

Buying organizers and talking with my roommate on the phone about things we can do to give storage space.

talking with the friends that I trust and having an open mind to new experiences

Find a job and saving money to help pay for tuition, and apply for scholarships.

I'm going to try to be more outgoing and less introverted. Get to know people, even if it's a little awkward and uncomfortable.

I have researched opportunities for financial help and talked with others about how they handled it.

Creating a budget and keeping a close eye on all of my expenses. Always trying to find new ways to cut down on spending.

I guess what is going to happen at college is GOING TO HAPPEN and that I just need to take it all open-mindedly in that way!

Finding a job on campus, which is the second concern I have.

Talking to other students about how they have managed.

be positive

Trying to apply for scholarships and other financial assistance.

Setting apart a lot of time to study

I've thought about joining some study groups, but other then that I really don't know how else to deal with it.

Try to stay focused on school work and not be distracted by other things.

Ive decided to concentrate and work hard in all classes

Getting to know my roommate

spread out my course work and see a tutor if needed.

by remembering that I'm not just going to college to have fun, it's to prepare myself for the rest of my life, and doing well is the most important thing. i need to focus on that.

I will keep my mind open to different options at the moment. I will try to find what interests me most for my final major by learning about other class choices.

By taking time to do other things besides study.

Being more organized

Trying my best and studying as much as possible.

Just being social to anybody that i would seem to get along with.

I hope that just by being at the University and becoming involved, I will meet people and make friends.

Being as social as possible and being open to new ideas.

Talking with people who have been in my shoes before.

Student loans, scholarships

It is a minor concern I'm not that worried, I am sure it will work itself out.

going to class

Studying hard and not getting distracted.

looking for a job that will fit my needs and give me a push towards my career ideas

I have filled out FAFSA and my older brother and sister have both been through this, so I am not terribly concerned, but I am slightly worried about loans building up over the years.

I am going to try to be outgoing and take the time to meet new people.

Not having a job. Studying.

Being responsible.

Joining a lot of new groups to create more opportunities to meet people

studying very hard

Talking with my roommates, trying to get myself ready for living with three girls i have never met before.

By applying for jobs

Working as hard as i can, and knowing that everything can't always be prefect and being fine with that

finding good loans and trying not to focus on it. saving as much money as possible.
Study groups and resources at the U.

Try to be willing to be the first to go up to people and start conversations. Get to know my roommate. Get involved in clubs etc.

By being confident in myself where ever I'm at.

Talking to my advisor.

?

Study

By joining clubs and doing intramural sports

Contacting different departments and searching the university employment site

eye contact

By concentrating, having time management, not letting a little mistake put me down, and getting use to the pace of how things work at the University.

I have made a plan before i go to campus on what activities i will participate in so that i can maintain my health and fitness.

I am going to try and get involved with people on my floor, and hope to meet people during welcome week.

Since I am living on campus, joining a few clubs, being a part of study groups and maybe club Tennis.

I havent addressed it yet.

study a lot

Developing a healthy sleep schedule (trying to transition before move-in and Welcome Week)

I have gathered my options.

None.

being myself

I want to be more outgoing and social, however I feel like a barrier is created because of the different races. I plan to join clubs on campus when the school year starts and hopefully overcome this anxiety.

Make a list of all the careers/jobs that I'm interested in. Take to people who are majoring in the majors I'm interested in.

keeping in touch as much as possible with my friends and family around me now...leave on all good notes!

Using study groups and writing centers

Being nice to everyone, not judging people

Making sure I make time to study for my classes.

stay focused

being open and myself

All work no play on weekdays.

Talking with teachers/professors about ways to improve these skills and stay focused on my schoolwork.

Explore the campus to see prime studying spots.

Getting a job on or near campus during the school year in addition to my summer employment, and possibly take out student loans if I can't afford to pay.

I just need to balance my time well and figure out what I have time for

manage my time well

I hope to naturally develope time managment skills.

Making my studies my number one priority and not being afraid to ask for help when I need it.

Just pacing myself and using my time wisely to get through

Tutoring assistance

spend time researching various career paths

solitary confinement

Talking with people in possible fields of interest

Trying my best to manage my coursework and seeking counseling or assistance if needed.

I have to be more outgoing and friendly when I first get to school.
By getting to know my roommates well and being comfortable with them.

Being myself and not trying to get people to like me.

Just being very friendly and open to anyone new, and trying to engage in new conversations with people I don't know.

learn to study without distractions

Talking to others with similar interests.

Making Schedules

I'm looking to hit the books hard from the start so that I don't fall behind. I'm going to start the year by managing everthing I do around school, while letting everything else fall in around it. I want to do well and I just plan on working extremely hard to succeed.

get a job

I will try to introduce myself to floormates in the first couple weeks of school.

Never skipping class

Trying to keep a balance between school and socializing.

I think I will get used to the life here soon.

I have thought about different resources that will help me with coursework and questions concerning subject material (ie tutor centers).

Im anxiety for everything for new school life with new people.

I know that there are many resources available to me so i will find the best one to help me with any problems i encounter

I have been working on a workout plan and eating plan. Also on ways to manage my stress level.

I am not in a position in which I have the power to do very much about it at the moment.

I plan on forming study groups, and exploring all the options I have in getting academic help.

joining clubs, being open

Trying to get involved in University activities and Residence Hall events in order to find people who I have something in common with

Scholarships

I am going to branch out and meet many new people on my floor.

setting aside time in my schedual just for studying

I have not figure it out.

I plan on setting up a schedule and try to study for classes right away so I don't procrastinate.

try my best to talk with others

I think I just need to manage my time well, and I will be fine.

Haven't really, except maybe to meet new people with someone I know, so it's less stressful.

Studying.

Just to make sure I plan out what Im going to do and kepp things that I need to do in my planner and just maintain focus of the task at hand.

Studying more

Study.

I'm just going to be as out-going as I possible can and hope for the best.

just by studying more and making sure i have a certain time each day designated to studying.

Just realizing that I need to make time for studies in addition to everything else.

Put my work before anything else

Try not to get a job and spend as much time studying as my body allows

I have talked to my parents

Switching with someone or requesting a new roommate

Putting in a hall transfer, learning new ways to commute.

Well I am just not really all that anxious. It is my biggest concern but in the end these things will usually just work themselves out. So there really is not too much stree about it at this point.
Studying as much as I possibly can.

Haven't thought about it a lot.

Have to wait and find out what my roommates are like.

wanna c how it is, how hard is it to finish a course, how hard is it to graduate in 3 years.

Being more open and approaching people.

meditation, organization

Talk to people in classes and on campus, get involved, learn how to make small talk

Having access to the Beirman, and studying with them will hopefully guide me in the right direction of a major.

Meeting with a nutritionist, familiarizing myself with campus athletic facilities

I plan on meeting new people and staying busy to help make the transition easier. I also know that I can visit home on the weekends if I want to.

study longer, ask for help when needed, get to know my teachers, and not being shy to ask questions.

Staying focused, but try not to become too stressed out.

I know that I just have to stay very organized and be confident in myself and my ability to do well.

Attending some of the activities like clubs, study groups, and residence hall activities.

I'm going to work very hard on saving the money I get from my job. I'm going to try not to spend money on things that I don't need in college and will continue working. I hope to apply and get some scholarships in the years to come but I'm not counting on it.

Talking with my academic counselor.

Careful planning and time management

talking with my brother who will be a sophomore at the u.

I know that everybody else is nervous about the same thing, so we are all in this together.

I will spend a lot of time each week studying.

working more instead of going to useless events during welcome week

I plan to continue the study habits that I have been using my entire experience in High School.

Getting a job or maybe two so I don't have to take out a lot of loans

Study with my buddies Shawn and Sarah.

meeting with advisors

The main way that I have thought about to deal with this concern is to really pay attention to how I manage my time, and to make school my top priority

do the work

Applying new techniques for cutting out some of my social life in order to focus on studies.

saving constantly, managing purchases

develop good study habits

Rooming with someone different so I'm meeting new people right away.

By trying to become more outgoing.

I plan on taking full advantage of the resources provided to me, including the experience of professors and other students, to help me adjust to the struggles of time management.

I have explored options of getting involved with campus organizations, groups, and clubs that match my interests and personality in order to meet people similar to me.

I plan on talking to other older students I know who go to the University and talking to teachers and teachers' aids when I need help.

I've talk with family members about which majors would work out for me.

how do i decide when to hang with my high school friends who are going to the U and when to hang with new friends? that is my biggest concern. and I don't really know how to resolve it, so I was planning on just letting whatever happen, happen.

join clubs right away

Make sure I pay attention in class and go to class.

Just trying to work really hard.
Facebook, phone calls...nothing too often. I know that it's not ideal for me to try to make it seem like I'm still at home when I'm literally 5.5 hours away. I do plan to go home for my high school's homecoming weekend about a month after classes begin.

Staying focused and balancing my days

Help from my friends.

I've taken and am planning on taking varied types of courses to get a feel for the many opportunities this college offers.

Studying a lot and working hard.

Take advantage of the resources like tutoring and such.

Taking chances.

don't be alone (my cousin is a psycho)

Getting to know roommate, participating in Honors housing

Asking questions

I will attempt to find a job on campus during the school year and I work during the summer. I will need to take out student loans as well.

Form fun pizza study groups. Also finding a tutor for the respective subject. Review the classwork necessary to succeed in school.

I am just going to hit on a variety of topics and see which ones really spark an interest within me.

I plan to make goals and meet with my professors during office hours.

By going to all my classes and keeping my grades up.

I've taken advantage of the FAFSA and if needed, I will take out some student loans.

Only working 10 hours a week with work study, and finding a job that allows side study. Participating in intramural sports instead of club sports, and other activities that are not too demanding. Lots of scheduling. Gathering/taking advice.

Skipping welcome week.

I plan to address this concern by managing my time wisely.

haven't

Finding available scholastic resources.

I am going to make sure to find libraries and other places that I can effectively study. I also will try to find tutoring centers or make sure that I can go to teachers' office hours if I need help with any homework.

Prioritize what I have to get done and finding that balance where I get what I need to get done, while enjoying myself.

Getting involved on campus through club sports, a job etc.

efforts and hardwork

apply for jobs...

Manage my time wisely and do my best.

Managing my time moreso than I did in high school - put academics first always.

I have been job-searching because I was given a work-study opportunity but it has been difficult finding a job that works with my schedule.

I redid my school schedule so it would be easier to balance with work.

Coming home on weekends to spend time with family and old friends.

finding scholarships and loans

Work

Making intelligent decisions so as not to throw away the money I'm being offered

Searchcing for on campus jobs.

explore

Taking time to fill out all the financial information needed and work towards completing it to relieve the stress

working more, saving money, living on a budget

Writing Essyes

Taking as many college courses in high school, talking to college students about the differences between college and high school classes and taking classes that I'm excited to learn about.

Try to reach out to new people instead of hanging out only with old friends.

Good time management, bringing food with me, looking at nutritional info online
I'm taking an orientation to health services class.
Learning how to manage my time will help me to do well in class.
I will organize my time wisely.
Not spending as much money on non essential things.
Developing a consistent system and healthy routine.
i have tried to make some money
I'm thinking of finding a job. Ideally, a scholarship or student loan, both of which are difficult for me as I am an International student.
I'm going to try and overcome my shyness and approach people often.

None.
Making a set schedule
small talk and get to know more people to feel more comfortable around people who were just strangers.
time management, take things as they go
prepare well.
Getting a part-time job on campus.
Don't procrastinate.
I talked to my mother.
I am taking a class that will explore different majors and help me decide on what my interests are and how they will help me pick a major.
work out.
Breaking up with my boyfriend, but I would never do that.
N/A
Finding people who have gone through it to talk about it. Waiting it out.
I am going to actively look for scholarships and a well-paying job.
Discussing my options with academic and career advisors.
I have thought about studying harder and making sure everything, including homework, gets done.
Hopefully I will be able to balance 17 credits and a job. If not I will have to work a lot next summer and that wouldn't be very fun.
I haven't honestly put that much thought into addressing this concern, yet. I just know that I am concerned about it!

Studying before classes begin on September 2nd
I have tried to find people who will be living in the same dorm or who are going to the University. I am trying to know people better before I am in the school.
being open to all new things and new people
Checking bus routes and schedules. I plan to ride the transit system to find out how long it will take me to get to the campus.
I've thought about how well I will adjust to the difficulty of my classes. My concern is that I will not be able to get the grades I need to transfer into Carlson. I've been taking the time to review my coursework for the past few weeks.
- Doing my best to stay organized - schedule my time/ use my time wisely - create better motivation towards completing my work
I am not too worried about it
By making sure I will have enough time in my schedule to study, and not putting it aside.
taking a wide variety of classes in order to see what interests me and also talk to an adviser.
Getting a job on campus, Getting a good job after college so I can pay off my loans easily
Participating actively in Welcome Week and joining various clubs and student organizations.
I just want to meet a lot of people and be friendly with them!
I'm going to try to get a job on campus and still keep up with my studies and meet people. I will hopefully get some financial aid and maybe some loans to keep up until I get into my career.

Putting my school work before leisure activities.
I have thought about how I will manage my time and work harder and be more determined.

Applying for jobs at the U.
I plan to address this concern by keeping an open mind with regards to the classes I am taking, attempting to seek a broad range of possibilities within various fields. Ostensibly, this should be a way to find something that I like.

Not Procrastinating

I think once I get to the campus and get used to it everything will work out and I realize that all freshman are wanting to make friends and meet people also.

I'm definitely going to be using my planner and making sure my time management skills stay strong. I'm not too concerned about getting things done, but I know the marching band takes up a lot of time, and I'm a little worried I won't be able to find the time. However, I'm already okay at time management so hopefully it won't be too much of a concern.

I am not sure.

talking to people

Speaking with advisor's who are experts in their given fields

Being friendly and outgoing at orientation.

Talk to parents.

By making as many friends as possible.

just trying to be open and easy going, going out of my way to meet people.

Being open to meeting new people and taking to them.

Being prepared to try to get involved as best as I can.

Taking time to study, and finding a good balance while in college. Also, taking advantage of speaking with professors and tutoring programs if needed.

Take advice from others

I plan on meeting people who share my interest and major.

Ask appropriate questions and be myself to others and make friends that are positive influence.

Learning what I need to do for each of my classes & putting in the needed study time.

Making sure I am ready to get into a rhythm of working once classes start

Study!

Relaxing with friends.

Asking for help, finding ways 2 relieve stress

By keeping myself busy with not much down time. When I am busy, I seem to do better academically, because I make sure to take care of certain priorities as soon as possible. --And, I will go to class.

Trying to stay focus and balanced. Not being tempted to go out and be sidetracked by other people or events.

getting to know my roommate now and try to prepare mentally for it

Staying in contact with my friend through talking on the phone adequately and over the internet too. Just basically staying in contact.

Study more, quit procrastinating.

I haven't decided my major. I have many interests but could not decided yet.

I plan on asking my professors and TAs for help if my classes get tough, and also making sure I spend enough time on schoolwork each day instead of procrastinating.

manage my time better

Haven't thought about it, not to worried about it.

applying for jobs

I will speak with my advisor/people I meet during Orientation about job opportunities that work with my schedule...

I don't think there's much I can do. Just have to accept the fact that I'm from a different place than most students here.

Filling out Scholarships.

becoming involved in several activities around campus...

Study with a friend or a group.

I haven't really except to keep looking for a job and reminding myself that there are still a lot of jobs yet to look through.

I will work hard to manage my time. I will also balance out my life between friends, school, and work.
Be open minded and willing to try new experiences and try to be as social as possible.

I have already contacted my Dining Hall Manager, and I plan to go shopping at a healthfood store at least once a week for other food I may need. I might also join a gym.

Getting involved in as many different ways as possible to meet as many people as possible.

Putting effort into my courses and setting up schedules and due dates.

I've talked with other college students about their transition, and have come to the conclusion that I will have to adjust to coursework once I've seen it for myself.

Utilizing the services available to me through disability services and the Trio program.

Relaxing

When I am in a new environment, with new people, I get shy and it is hard for me to start the conversation and get to know people.

I plant to address this anxiety by pacing myself and avoiding procrastination during the semester.

Applying for scholarships and working very hard to earn money to pay for as much as I can right now.

I'm going to try to take a variety of courses so I can see what career path most appeals to me.

Making friends with the people I met at orientation so that I have some friends before I get there!

To ask for help and stay on top of my work.

Getting involved in activities at the U such as band. Going around and talking to people on my floor.

I have looked into on campus jobs and other jobs nearby in the twin cities.

None

Be outgoing and allow myself to feel uncomfortable.

Learn how to study most efficiently.

Taking out loans and sign up for more scholarships.

I plan to bring a mini-fridge to school where I can store food.

Work as much as possible while in the university, and get more scholarships for the rest three years.

Talking With Others

By beginning with good habits and then sticking to them.

Making sure I have ways to relax myself and get the help I need in my classes.

Studying hard and having good time management.

I've gotten advice from students already in college.

I'm not sure yet. I won't be around to balance shit at home any more. Not to mention, I won't have a home any more...

consulting with a career councilor

Researcing interests

Keeping up on my studying and putting time aside to make sure all of my work is complete to the best of my ability.

Figure it out.

By doing whatever I can to apply for a job, early.

Working hard.

I haven't

Just by being open to new experiences and open to making new friendships/relationships in general.

how to overcome shyness, how to communicate effectively and make friends while I am not a native English speaker, how to maintain friendship

Try to be more outgoing and join lots of student groups

getting active in activities

Well, when the school year starts i will be looking for scholarships non stop to help me with my financial problems.

By just trying my hardest not to get stressed out by getting things done ahead of time instead of procrastinating.

Discuss career options with other students and faculty.

studying
Do not escape from the problem and tell myself do not be too worry about it.
By using my time wisely and using tutors if needed.
Calling my parents every time i have the chance. so that way i will not feel as bad.
calling friends and family frequently.....using IM, texting, letters, e-mail, etc
Just to study hard.
Stick it out.
loans
I'll be friendly.
Taking more time out of my social life to put towards studying.
looking at the maps and trying to find parking.
talking with classmates
Being outgoing and talking to new people
Getting to know as many people as i can early to create a wide base for me.
Not many ways.
Being open to new people and just welcoming those who I don't know, as well as speaking up and just be myself.
Getting out and being friendly.
I'm used to studying in my room, but i don't think I'll be able to study in my dorm. I guess I'd like suggestions about where to study.
I plan to avoid getting stressed over my school work by using my student planner in order to keep myself organized. I also plan to clear my mind of the thought of procrastinating.
How to adjust well to the university academic environment
possibly taking an exploration course or shadow people in different careers.
Ask other people for advice.
Career fairs, varied course selection, clubs
I have looked into where tutoring can take place, where I can find help if I need it.
Talking with a financial aid officer, asking family members for financial support, and focusing more on my studies and realizing that that's what will really count in the long run.
i have read a book about proper study habits.
Getting a job during the academic year.
Planning to studying more in college than I did in High School. Taking a lot more notes and putting in more time into studying.
Organize my schedule so that I am able to complete all of my responsibilities.
Getting involved in physical activities/intramurals/fitness classes Healthy Habits
exploring careers in class
Filing a special circumstances appeal. Holding my grade point average at an excellent level, so as to receive academic scholarships.
Planning and budgeting.
Study hard until the first tests so I know what to expect for a college class.
Do the homework right away and study and take every class seriously.
Find somewhere to work out
Working out, eating right, being healthy
Studying related coursework prior to start of classes
be as friendly and outgoing as possible
I thought of working during the fall and spring semesters. Applying to scholarships and doing the FAFSA.
Get to know people and be open minded.
Meeting roommates before going off to college
Take it one day at a time and use a planner.
Talking to older students and getting a lot of feedback from them in order to know what to expect.

I don't know

I will be sure to get enough sleep, exercise, and allot time to studying and reading.

Being as open as possible and realizing that most people feel the same way I do.

Seeing how my first week goes and trying to adjust to that experience

Since this is my first year here at the U of M, I have to learn how to build the time right for myself.

I have thought about addressing this problem by focus on class, and making my schoolwork a top priority

trying out different classes, not rushing to choose major

Study a lot.

Joining clubs so I can meet people.

Ask upperclass students, faculty, and academic advisor.

take as many different classes as i can to help me get a feel for different types of careers

Setting time aside for studying everyday and talking to people when I need help. Confronting my problems right away.

Studying Hard

Going to the gym at least 4-5 times a week. Trying to make good choices for food. Not eating late at night...

I've been working as many hours as I can at my job and have been saving money for quite awhile.

I'm planning on getting an on-campus job, budgeting well, and taking advantage of federal loan opportunities. There's not much anxiety there at all.

by listening to other's experiences and scheduling!

Be outgoing, open up to people

just getting used to the classes and making sure I give myself enough time to study

Try to find a part-time job

Be outgoing when you meet new people, while still being yourself.

talking with different people

Probably embarrassing myself

Scholarships, working, balancing my schedule as much as possible. It will work out.

Using the career resource center outside of class time. Getting involved in clubs that have to do with my interests, and finding jobs on campus that will give me experience that will help me shape a decision. I have also thought about taking a range of classes that interest me.

By taking part in as many activities as possible during welcome week.

I will try to keep in touch with my friends and family. It also helps that I only live an hour away so visiting in an option for some of my friends and family.

I haven't really thought about it all.

Studying everyday, reading before class and reviewing after class.

I know it's going to work out fine.

Study plenty, limit time spent on the computer/internet not doing schoolwork.

working out

Spending as much time as necessary to study.

I plan on visiting the career options center that was located in the same building that my adviser works in and possibly sitting down and researching what I can do in the future with the interests that I have now.

I'm going to be open and try not to hide anything that could cause problems later.

Taking some classes.

At this point I feel that I just need to live life away from the comforts of home and stuff to figure things out. Not that I just expect there to be a clear path for me, but I hope more light will shine on the issue. Also being in college and away from home I will have opportunities to ask questions and just receive the help I need.

I have no idea. I guess I just have to take out loans.

getting a job and taking loans
Hopefully I will have good/great roommates. Also, I plan on participating in a number of activities to get as many opportunities to meet people as possible.

Talking to a financial counselor

deep breathes

none

Setting up a graduation planner.

Focus and Study Hard!!

By trying to be proactive and involve myself in welcome week activities that interest me in hopes that I will meet people with my interests.

The way pay for tuition fees.

I've decided not to worry about it till it happens

Go to classes everyday.

Finding a job, cutting back on spending.

doing bad in classes and not being able to study as well as i would want to.

Just dealing with it.

Working

Studying a lot and really focusing on my courses.

Joining groups/clubs

Working hard and focusing

Meeting with people with the same major to study in groups. This way you achieve the social aspect of effective study.

taking one think at a time and not worrying about it before i even know what it will be like

Looking for scholarships, doing well in school to obtain the scholarships, and getting a better job.

Being more open and participating in student clubs and events.

Just doing my best in every class and using the many resources that the university had provided. Asking for help, and getting to know my professors, and meeting with my advisor as well.

Having a room mate meeting.

Keeping on task.

Make sure to organize my time effectively

Studying hard and taking some time to myself to calm down.

Getting help from older students and staff.

I figure i will take my lib ed's and go from there. i have time before deciding on a major and i plan on talking to my councilor to give me advice and suggestions

Trying to be out there and willing to talk to people. I'll try to be less self conscious and more talkative

asking for help when needed, and spending my time wisely.

Finding a job, having a frugal lifestyle. Baking my own bread.

Getting involved in different groups, and being open to experiencing new things.

focusing.

Being more open to the people I meet.

As I'm an international student living in canton(southern part of China) and I haven't found any friends yet, so I decided to join some activities for making friends who have the same interest to me.

I plan to try to be a lot more well-organized than I have in the past. I'll write stuff on calendars and keep papers and stuff in order. I will try to avoid procrastinating!

A "live and learn" approach. By working hard, ad doing the best I can. By learning from my mistakes as well as utilizing the advice and help of others. Study groups and strong relationships with my classmates could also soothe this concern.

Managing my money wisely.

Talking with friends because we are all going through the same stress factor.

I need to E-mail those responsible for my schedule and find the right forms to make sure that things work out and I don't forget something important.
When I talked with my advisor he helped relieve some concerns. I have kept in contact with him past orientation in order to keep up on what I need to do. I also took some of his advice and am taking a class to teach me how to study and how to succeed in college. I’m hoping that class will be effective.

I’m taking an internet class that offers me a look at a variety of careers that might interest me.

Working through school and living cheaply

Studying

Making time to study.

Everyone will be in the same situation and I just have to go out there and meet as many new people as possible.

As I am an international student and this is my first time to study in America, so I am little worried about whether I can do well in my coursework. And this will also be my first time to use English all the time, so it will not be easy for me to have class and communicate with my professor. So I dress this concern.

I applied for a hall transfer so that I am closer to classes

I am pretty much over it because I know I will meet friends… I’m just pumped for the whole thing.

Looking into office hours, forming study groups, setting aside time for school work.

Applying for many jobs around the University. As well as searching in the job database at OneStop.

Try to be more outgoing and not so shy

I am going to go home a few times a month, maybe only one, and visit them. They also have thought about visiting me, even if it is only lunch or a quick visit. Both them and I are willing to do whatever to make this transition as smooth as possible.

Make time to study, spend lots of time in the library, read the chapters and ask lots of questions to other peers, and the professors.

I’m going to get involved in as many activities as I can while still managing my time.

Attending job fairs applying for positions

Study extra especially during my first year

Develop good habits.

Adding others on Facebook that I know are going to the U. That way I can meet a few people before I get to campus.

I’ve thought about this anxiety and concern for the past 2 years, and yet still I don’t know exactly what I want to major in. I know I am interested in the medical field, somewhere in it. But I’m having a hard decision to decide which major, they all have their pros and cons. Its just a really hard decision for me to make, what I want to expertise, what people would know me as, what I would want to see myself as.

Working hard and staying focused.

I usually leave it up to my parents but I know I’m going to have to get involved. So I’m going to go to a couple meetings with them and try to understand more.

I’ve decided to make coursework my first priority under any circumstance.

I live 20 minutes from the u campus so I can go home whenever I need to.

Taking more time to spend with my course work and decating more time to study and work on the work thats the hardest.

Joining the running club, eating healthy, playing intramural basketball, and getting a weight lifting program

Being open-minded and willing to make new friends. Made contact with roommate and hope to be compatible.

Waiting and hoping to find something that interests me.

I’m afraid paying off student loans will be overwhelming.

Simply being ready to adapt and problem solve.

Word hard and manage my time well.

The way that I will study better in college will be by taking my time and listening.

Finding people that have similar interests as myself. Check out many different groups.

Getting involved in different activites. Branching out and not being so shy.

I have talked to my friends in college and listened to their experiences.

Joining groups and getting involved with the community through service.

I will try to be outgoing and open to everyone.

Studying a lot

Staying on top of my work, keeping organized.
studying more than I did in highschool

i have already began to talk to my roommate and others attending the U as well.

trying to look for a job.

I'm going to have to find a way to stay organized and keep on track with work and testing. And there's going to be a lot of studying to do.

Talking to my roommate before we move in and getting to know a little bit about her. Trying to become more open with being around people 24-7.

make myself busy all the time so have no time to worry

Creating a relatively strict time budget that allows set time for studying.

just try as hard as i can, and try not to procrastinate!

Making a budget

By being more open-minded

I haven't really thought about it.

Participating in as many activities as I can to meet new people. Also, by not being as shy but more open with people.

I've started to talk to as many people as I can and am trying to become more outgoing.

Being open and friendly

To be openmindeded and try to get to know as many people as possible.

Forcing myself to talk to people

None

Getting a Job!!

Just waiting until classes begin and from there, learn to manage my time.

I can't really until i know how my classes will be..

I will have to make a real effort to meet new people, especially since I have a single room.

Living on campus.

Being more open.

I will continue to think about how I want to spend the rest of my life and what type of work I will be satisfied with for many years.

Taking time to my self by reading or working on sewing projects.

Working hard to try and make as much money as possible before leaving.

I will attend the job fair and interview for various positions.

Talking to the friends I have already

I plan to make a schedule for myself so I manage my time properly and have time to devote to my school work in order to succeed.

I plan not to overload myself with too many things to do and to make as much time as possible for school work.

If I am desperate I can come home because I live close but it is something that I am sure I will experience and will just have to get through and I know I can call my parents.

be open and outgoing

I plan on getting a job while I'm down there and taking out a federal AND student loan to pay for the expenses.

Student loans, student job

I've thought about trying to become involved in a sport or club outside of class. Also having a roommate should help.

I have thought about just being friendly and outgoing.

No special way. I do not anticipate problems but I worry just the same. Will I get along with my roommate?

to address this anxiety/concern,i often reach out for help from the university's faculty and seek as much help as possible through different resources provided and to find out other ways to lessen my concerns

work as much as i can

Learning over time how to manage my time and ask help when needed.

Being outgoing and going with the flow
Being friendly and being myself!

Just going in and making the best of things. Being myself.

Putting myself out there and participating enthusiastically in welcome week.

I've already started to create a study group.

Develop good study habits. Stay focused on schoolwork.

HAVEN'T thought about it much.

By going to welcome week to meet new people. I have taken many college classes but I would like to meet more kids my age and I hope I can accomplish this during welcome week.

My meeting people and exposing myself to different situation, and in doing so will test what i honestly believe to be the right thing to do. College is about finding and testing your voice as a person, and i hope to find a way to do so.

Just being more out going

taking a course first semester about career options

I just feel as though it's going to be harder to make friends and build lasting relationships since I won't be living on campus. I wanted to live on campus, but my budget just couldn't afford it. I'm also worried about how commuting is going to affect my school work since I won't have all the resources I need compared to if I lived in a dorm. My mother has told me that it will all be fine since I'm friendly and I make friends easily, but I'm nervous since this is such a big change.

I just want to meet and introduce myself to as many people as possible.

Taking classes to do with a major and if I don't like them switchin majors.

I would like to participate in a small group during Welcome Week with a person I already know, I find I'm much more outgoing when I'm comfortable with another. However, I plan on being openly friendly and introducing myself to people within my groups.

Being as outgoing, friendly, and open as possible.

Email

Stop thinking ahead, and focus on what i am doing at the moment. Just relaxing and let it run its course

Just getting through it, I guess. Keeping in touch, visiting, etc. I also expect to be very involved in my school work and that will help.

living in an apartment with a friend

Studying hard.

Trying to be as outgoing as I can.

To try and become more outgoing to be able to make friends easier.

I have talked to friends about this and they have assured me that if I am myself, I will be able to make friends easily. I will also work on making friends on my Nature of Life trip next week.

studying

just going out of my to join studet groups

Applying for jobs on campus.

Taking a variety of classes to see where my interests really are

I am working on managing my time better and trying new study habits.

I've been discussing it a lot with my roommate and making sure that we know each other and their boundries.

Well this is not my only stress. Four of my best friends are attending the U but i am so attatched to them and I know they want to meet a lot of people and so do I. I don't think i will have a hard time because i am outgoing, it is more that I don't want to lose my old friendships.

I plan to adress the anxiety/concern accompanied with my academic coursework by developing good study habits and by keeping my motivation going. Although I choose academic coursework as my biggest concern, most of the choices on the list are factors that will cause all new students stress and pressure, and I think that as we go through our first year, we can all help each other out and gain experience and vital relationships on which we can base the rest of our experiences in college.

Declaring a major early on in an area that interests me, but continuing to take classes that explore a range of interests.

Ask and try my best.

Bearing down and doing my work.

Just by planning to work hard

Take major/career exploration classes or go to the Welcome Week activities that relate to the topic. I have also done some research to narrow down my interests.

Studying extra hard!!!

I thought about studying harder. putting more time into school work everyday.
Trying my best to meet many new friends while at the U.

I've been working on increasing my organization to help with managing my different assignments.

I'm attending a few of the seminars at the University about deciding majors and career options. I also will talk more with my counselor about my interests and what major might be beneficial.

I'll just have to figure out when in my schedule I will have time to study, and join study groups and things, to keep on top of my classes. I also know that if I have trouble in like chemistry, there are tutors who could help.

I'm going to work really hard to make any bad habits that I have and make them into good ones.

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I've tried to remind myself that timing is the key and that I need to try to manage my time well.

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I've been working on increasing my organization to help with managing my different assignments.

I am sitting down and talking with my parents to figure out how all the money stuff will work out and my mom and I are going to set up a budget.

I have explored the different career options that the U of M offers and have signed up for events that may help me decide my major.

Well i have actually addressed this concern by contacting both of my roommates which was helpful however i do not believe that my fears will entirely dissipate until i have met these two individuals in person.

Making a daily schedule to manage my time.

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Making a daily schedule to manage my time.

I have tried to remind myself that timing is the key and that I need to try to manage my time well.
Set aside time each day to study.
MLK offered tutors to help out with any troubles with classes.
I plan on choosing healthy foods and allotting adequate time for exercise and sleep each day.
I have thought about new study habits and developed better organizational skills.
just be outgoing and such
I am not really sure, I know I just need to understand that my mom will always be there for me even though she is far away. I need to learn how to cope with things on my own and not always need the approval of someone else to tell me its ok.
Talking to people in my areas of interest and taking classes in those areas.
Take a variety of classes and see what I am interested in and what I am good at.
Getting a job.
By going visting my advisors for help.
Talk with some of my friends about it.
haven't thought about it much. just hope that i'll be able to make cool new people
Being open-minded and optimistic
I'm living off-campus so I can purchase my own food from a local health store.
meeting as many people as possible and being overly nice.
Trying to work while going to school and trying to conserve my money but not driving and taking the bus and walking everywhere.
Trying to be more outgoing and more personable.
By reading up on what majors the U of M offers
I've contacted my roommates and we each wrote an email about ourselves. So we all have an idea of each other.
i don't want to overload myself. i have thought about the classes i am taking and i want them to be challenging, yet something i can handle. I am determined to study hard and I can't get too down on myself if i don't get an "A".
look into more loans and scholarships
I have participated in a few trial runs with family members going down to the U. Everyone keeps telling me that it will come to me as soon as school starts and I think I have just talked myself into believing them no matter what happens.
focusing on fewer things and staying focused
Try my best to be more outgoing and fun.
I would like to participate in different events pertaining to my interests that way I can meet people similar to me.
Walk around campus, ask friends who already attend the U of M.
I've been thinking about what I've really want to do as well as taking some classes that i have interests in.
I have no idea what I'm up against.
I just need to find a balance. I can't let the independence get to me.
I have just thought to attend as many planned activities as possible and stay out of my dorm as much as possible.
Registered for a exploration of majors course.
Scheduling
Maybe getting to know people in my residence hall better.
Taking time to explore and meet people
Making an effort to introduce myself to classmates in my first classes.
I'm not really stressed about any of it, but I hope to start out the semester right
Talking to others about their studying habits and how those habits can help me.
idk looked at lists of majors
Not procrastinating or finding new ways to confront my issues and things that need to get done.
Trying to be more outgoing.

Well, I thought about making a budget plan to figure out how much I am able to spend on personal expenditures and “fun” stuff per month, but I’ve been way too busy. I have an idea of what job I would like to have at the U as well, but I just don’t know how I will ever be able to pay back my loans after I complete my Undergrad degree.

talking to people in my groups making sure I sign up for activities that promote interactions with other new students

listen and ask question

I have been reading up on strategies and trying to mentally prepare myself for the challenge to come.

I am good at adjusting and dealing with problems. There’s no real thought process to it. I jump in.

Talking it out with family members or friends.

thinking about others first

Just do the work and get help if I need it.

I’ve talked to my roommate and learned a lot about him and got to know him

By studying and using all of my resources.

I have gotten many advices from my college student friends. And I studied math and science little bit more this summer.

Immersion in class work, SEAM programs and the Culture House.

Getting extra help from TA’s or student groups.

I haven’t thought about it much. I’m hoping a career falls into my lap or doorstep, so right now I’m banking on that.

Study

Just be the best

Talking to other students, and to teachers if I need help

Talk

Scheduling and Time management

Taking part in events throughout the university

Going in with an open mind

Minimizing distractions (friends, non-productive activities, etc) especially during the first semester of my freshman year. Also to make a special effort to participate in class and make myself known to my professors.

I hope to get out of my comfort zone a little during welcome week and hopefully that will help me find students to hang out with.

Being prepared, showing up to class, not procrastinating during the year, planning and time-management

ummm, well if I don’t get it then I think I might not go.

Being nice to others and being myself.

Not really sure yet

I can’t do anything about it until I get into permanent housing.

study harder than I did in high school

Talking with family members and friends to ease my anxiety.

going out to activities

Focus on studying completely and abandon a social life.

Getting involved.

I really have not, hopefully taking loans that can be repaid after college.

I’m just going to be outgoing and friendly to everyone I meet.

studying

Writing out a schedule that allot’s time for study, work, freetime, class, extracurriculars, sleep, etc…

Just focus on school work and nothing else.

Take courses that will help me figure out a major and I have been browsing the internet on details about certain careers.

getting involved in activities on campus
I'm planning on just being myself and looking out for friendly people without being too expectant or desperate to meet the perfect friends right away.

I have been looking at career options and asking people about their choices that can help me decide and choose a path for myself.

Utilizing my professors office hours, and not being afraid to ask help.

stay prepared and make sure to take notes and study

Making sure that I don't make poor eating choices and I will try to get to know more about healthy food on campus.

Participating in study groups, not procrastinating, and maintaining a good relationship with my academic advisor.

I'm going to start applying places.

Just keeping at it, not letting it pile up

I plan on joining several student groups to stay involved with the things I enjoy doing and being a part of. Hopefully this will help me meet a variety of people.

Tried to find other people in my classes so I know who I can ask if I need help and to study with.

I'm going to do my best to keep in contact with the friends I have, but also be looking for new friends at the U.

Figuring out where to keep my horse, getting a laptop so I can work and study from different places

Studying a lot, joining study groups and forming relationships with professors and T.A.'s.

Taking lots of random classes.

I have been working all summer long. I signed up for the job guarantee program to help make some money to pay for college.

I thought about searching the u of m website.

Keeping in close contact with everyone at home.

Doing well.

Relaxing and not spending too much time stressing over it. At the same time, however, I will try to take on as many opportunities as possible to experience different options that would lead me to discover what I truly want to do.

Keep in touch by email and phone calls but I want my focus to be on school.

Hopefully I like my room mate, and I may want to rush for a sorority.

I plan to address this anxiety by studying hard and putting academic coursework as my number one priority.

Learning by immersion

Trying classes that interest me.

Joining a study group

I've taken note of the programs that the U has to help me academically and once on campus I will be looking for fellow students who can help me if I have trouble in a class.

I plan on joining several clubs and push myself to become more active around campus to meet others.

Talking through it and having support.

I figured that I would get involved (as they so frequently stress) and find friends as I go.

Going to a fitness center and working out and making sure I eat healthy food instead of choosing unhealthy food.

No idea

I will have to study really hard to get good G.P.A. so that I can choose a career for myself. It is important to do well in class and every field where I participate. I will be focused and would try to avoid situations which could divert me.

Start looking for a job and talk to people

I've already applied for multiple positions and when I get on campus I plan to look some more.

Asking questions

I was thinking about asking if there was any information on better writing or studying techniques.

None

Studying as much as necessary, balancing friends, family, and school.

I haven't

By asking my counselor and friends to help me find a on campus job.

I hope to research healthy eating for college students and I plan to swim/ work out as much as possible.
Table containing text extracted from the image:

<table>
<thead>
<tr>
<th>Topic</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>That my friends/family will understand my needs (and that I'll understand theirs) and that I'll make new friends here</td>
<td>I've looked at my schedule and planned times and days when I can hit the gym, and just practicing eating healthy, well balanced meals.</td>
</tr>
<tr>
<td>Getting to know teachers personally</td>
<td>Developing good study habits and work ethic and by asking for help when I need it.</td>
</tr>
<tr>
<td>Buying healthy food and being conscious about what I eat, staying in shape, and learning tips to help relieve stress.</td>
<td>Be positive in everything i do and be outgoing and open to new things</td>
</tr>
<tr>
<td>Just being prepared to have to jump to a new level I probably haven't worked at before.</td>
<td>Join student groups and study hard.</td>
</tr>
<tr>
<td>Talking with my advisor and taking classes that help guide me</td>
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</tr>
<tr>
<td>Applying for a work study</td>
<td>Developing good study habits and work ethic and by asking for help when I need it.</td>
</tr>
<tr>
<td>I plan to email and talk to my roommate a lot beforehand, and figure it out when I get there. I'm better at figuring things out when I have all the resources at hand.</td>
<td>Buying healthy food and being conscious about what I eat, staying in shape, and learning tips to help relieve stress.</td>
</tr>
<tr>
<td>Studying more taking more notes making flashcards</td>
<td>Just being prepared to have to jump to a new level I probably haven't worked at before.</td>
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</tr>
<tr>
<td>Be open to new people and new experiences, and allowing people to see my true self.</td>
<td>Join student groups and study hard.</td>
</tr>
<tr>
<td>Living in the dorms and talking to people on my floor.</td>
<td>Developing good study habits and work ethic and by asking for help when I need it.</td>
</tr>
<tr>
<td>Keep in touch. I'm going to try to get back home when I can.</td>
<td>Join student groups and study hard.</td>
</tr>
<tr>
<td>My goal is to get to know three people outside of my roommate and the people sharing a bathroom with me.</td>
<td>Developing good study habits and work ethic and by asking for help when I need it.</td>
</tr>
<tr>
<td>Applying for a work study</td>
<td>Join student groups and study hard.</td>
</tr>
<tr>
<td>I could find an on-campus job to help me with some expenses, and also give me the freedom to have time to study.</td>
<td>Developing good study habits and work ethic and by asking for help when I need it.</td>
</tr>
<tr>
<td>I've talked to a few of my friends at the U who have already taken some of these classes. I've also looked at my schedule and tried to pin point some prime study times for me.</td>
<td>Join student groups and study hard.</td>
</tr>
<tr>
<td>Getting a webcam and changing our phone plan so I can call home as much as I would like.</td>
<td>Developing good study habits and work ethic and by asking for help when I need it.</td>
</tr>
<tr>
<td>Trying to focus the majority of my studying on the harder classes but still leaving study time for the others.</td>
<td>Join student groups and study hard.</td>
</tr>
<tr>
<td>Cultural differences between America and my country, China.</td>
<td>Join student groups and study hard.</td>
</tr>
<tr>
<td>Time management.</td>
<td>Join student groups and study hard.</td>
</tr>
<tr>
<td>Better time management</td>
<td>Join student groups and study hard.</td>
</tr>
<tr>
<td>I plan to stay in contact with those people and try to visit them often.</td>
<td>Join student groups and study hard.</td>
</tr>
<tr>
<td>Talking with roommate</td>
<td>Join student groups and study hard.</td>
</tr>
<tr>
<td>I'm trying to become a music education major, but I failed the interview the first time around. I'm taking some music courses and hoping to re-audition into the School of Music next semester. If I fail again, I'll just take a variety of different courses and hope that I find a major area that interests me.</td>
<td>Join student groups and study hard.</td>
</tr>
<tr>
<td>Working hard</td>
<td>Join student groups and study hard.</td>
</tr>
<tr>
<td>I am taking classes in areas I might be interested in. However, even if I were to choose a major, I don't know what I would do with it (if it would be something I could spend the rest of my life doing).</td>
<td>Join student groups and study hard.</td>
</tr>
<tr>
<td>I have thought about the activities that I want to be involved in so that I can find like-minded friends who share my interests and values.</td>
<td>Join student groups and study hard.</td>
</tr>
<tr>
<td>I haven't thought about it, yet.</td>
<td>Join student groups and study hard.</td>
</tr>
<tr>
<td>I plan to take things slowly when it comes to my social life. I do not want to get involved with too many people or extracurricular activities until I am sure I have a good handle on my schoolwork. My first concern when I arrive at the U will be to settle myself into my dorm, my classes, and my schedule. I don't think fun will be a hard thing to find when I decide I want it.</td>
<td>Join student groups and study hard.</td>
</tr>
<tr>
<td>Contacting my roommate once I have received their information to acquaint myself with them. Make sure I am open about my expectations of them and comply to their expectations of me.</td>
<td>Join student groups and study hard.</td>
</tr>
<tr>
<td>I plan to focus on balance during the first month to make sure that I understand the basics of each course, which I hope will make the rest of the semester more relaxed.</td>
<td>Join student groups and study hard.</td>
</tr>
<tr>
<td>Possibly bringing mase to college, taking a self-defense course, having my cell phone on me at all times with the University police dept number in it, and traveling in groups especially after dark.</td>
<td>Join student groups and study hard.</td>
</tr>
<tr>
<td>Thinking about all of the good possibilities and knowing that I won't be far from home.</td>
<td>Join student groups and study hard.</td>
</tr>
</tbody>
</table>
Using complete concentration in my studies for the first 6 weeks of the semester to develop good study habits.

Getting a job.

Joining Clubs and being openminded everything and everyone

Working smart and hard, instead of working smart and not hard.

Definitely attending sessions to help me get started on making a plan for good study habits. Also asking friends for advice on how they do it.

What courses to choose.

A healthy social life is important for academic success. Friends can become study peers. Meeting people is important to build a network and connections. Hence, making sure to meet people is both socially and academically beneficial.

Joining a club sport and possibly some organizations

Learn to let things go; don't hold on to criticism as much as I currently do.

Getting involved in clubs, talking to professors, research programs, internships

What I can do to meet people.

Making sure I focus on my school work first.

Get involved in student groups.

Just let loose and have fun.

Get involved!

I have a job outside of the university and was offered work-study as part of my financial aid. The problem is that I don't know how to keep those two while taking on an 18 credit course load. I've already talked to my current employer about working only weekends, so that should be fine. I'm a little anxious about workstudy though.

Studying hard and such

I've thought about talking to my advisor to make sure I can get everything I need done with in four years. I've also thought about taking summer classes to try to get done in four years.

I feel like I can not really address this anxiety or attempt to cure it until school begins.

Study more than I did in high school and talk to professors if I am having trouble in a class. Also a study group might help and if I set aside time daily to study.

Study hard, don't let my work get ahead of me. Take all classes seriously.

Going out of my way to talk to people I don't know and get to know them.

I have tried to prepare myself over the summer in meeting new people and friends. I have been thinking about the upcoming month in that I will have to in a way "start all over" in meeting new friends. I need to be openminded and non-judgemental in these upcoming months as I meet college friends. I have planned some things, like watching the first episode of One Tree Hill, with a friend from high school to make the transition of meeting new friends more comfortable.

sorority

I plan on contacting my roommate before move-in to assure that there will be no problems.

I have thought about how I need to branch out and be open to everyone I meet not only at Welcome Week, but also in the years to come.

I've talked to some friends who are in college, but otherwise I haven't really thought about how to develop these skills.

I have tried to get input on different study habits and asked questions to different people on how they find success in school.

Trying to talk to more people at orientation/NoL.

I have been applying for many campus jobs, and I have my eye on an GLTBA internship. My main concern though, is money (school is EXPENSIVE) and also finding work that is fulfilling. So I just compiled a great resume, and I plan to be persistant.

I have thought about ways that I can save money.

I am going to try to get in a normal studying routine.

I have been in communication with my roommates and have been coping with the anxiety by talking with family and friends and receiving more information about my housing situation.

I have talked with my family about what I need to do in order to live a healthy lifestyle while at the U. We have also talked about what to do if I get sick and medications and vitamins that I will need to bring.

Rereading all my financial aid carefully and taken it one step at a time.

Making a financial plan and sticking to it. This plan will include long work hours, which is of some concern.

Try to be friendly from the start with everyone. Initiate the conversation.

Making sure I get enough exercise.
I have no idea. I mean, listening to how others have done it. Hopefully make some good study habits right at the beginning when I'm really motivated to. Two weeks and it's a habit? :-(

I have thought about using my time wisely and taking the time to study. I will block off certain hours of the day and use that time for school work. I will try to form relationships with other students to participate in study groups.

Planning on calling a counselor

Have good study habits.

I have been contacting University housing and looking through people looking for a roommate in the Minneapolis area. Until I have a place to live, though, I won't feel comfortable.

I have a job at CVS, but I am nervous about juggling that with my U job, volunteering, and school. I am thinking about limiting some things like the U job and volunteering to once a week or once every two weeks to maintain a healthy schedule.

I've emailed my roommate and gotten contact information from all of my old friends. I've also taken a look at a number of clubs and groups where I can meet new people.

Just not to worry about it and let it happen when it happens.

Studying.

Research courses

I have already dealt with it throughout high school, and I believe that I will be able to manage school and training for ski jumping.

Sucking it up, and trying to make myself as comfortable as possible in the dorm room.

Talking with my roommate, classmates, professors, etc. Being open and not shy with new people.

Asking for help right when I need it. Now when it is too late.

Going to various events.

I am taking a course to explore major and career options.

Getting a tutor. Having a planner with due dates and test dates.

Joining some of the many clubs offered by the U and meeting people in classes.

I plan on just talking to people I meet. Everyone is in the same situation as me so they are probably looking to make new friends also. I need to just get out of my comfort zone and make an effort.

Just be a kind outgoing person.

I plan on staying in contact with my teachers and tutors and becoming more organized.

Just coming into the whole experience with an open mind and realizing that everyone else is in the same position I am with making new friends.

Managing my time well between school and extra-curricular activities.

Looking into more scholarship options.

Studying.

I think I will need to spend more time on studying than I did in highschool and I should be fine. But I want to do well.

Balance.

Just being open and friendly.

 Trying to stay positive.

I have been asking other students how they choose their major.

Explore my options.

Working a second job in addition to my work study on campus.

Talking with my academic advisors, taking a variety of classes, taking classes/seminars that provide instruction on majors and career paths.

Keep telling myself that it is out of my concern and that I should only worry about me and no one else.

Doing more research and finding interests.

Find places on the internet, or on-campus in order to get involved in a faith community.

I'm going to address the concerns by talking to people I do not know and trying to get to know them better.

Finding new ways to get myself out there and making it easier for me to meet people.
Through friends and professors
Making sure I set priorities
Just by being myself and always having an open heart to everyone!

Jobs
Just remembering that everyone else is feeling similar and most people are going to be open to meeting new people. Also remembering how nice and easygoing everyone was at orientation.
Just taking it all one step at a time.
I have thought about addressing this concern by going through the different majors that are being offered in my college and seeing which one I would be most interested in.
talk more and try to meet new people
Study and take moderate classes each semester.
I hope that if I just be myself I’ll naturally gravitate towards people who I can make lasting friendships with.
I just need to be open to everyone and try to get to know as many people as possible.
Do my best and stay natural.
To address this anxiety problem in meeting new people, I will keep my single room door open when I am in the room, and not be afraid to introduce myself to my neighbors and other students.

exercise
I've applied for loans and will have a small job while I'm in school.
I just think that everyone is pretty much in the same situation as I am and that meeting new people won't be as difficult as I think it might be.
Making sure I set aside adequate time in which to complete coursework. Making sure as well to take enough credits to graduate in 4 years, while at the same time, not overburdening myself.
I plan to be open to new groups of friends and just be myself.

Finding a job, trying to come up with a decent budget
Coming prepared for class, attending all classes, studying.
I've considered whether or not to take on more or less than I currently have planned for Fall Semester.
I plan on just being open to new situations and to be friendly to everyone that I meet. I won't judge people before I get to know them.
learning how to eat right and finding fitness classes at the rec center, or also I was hoping to join some dancing classes in the city.
I just want to keep an open mind and stay positive. I tend to be shy and I'm going to try and reach out and just be myself.
I tried to get a room with a roommate and I am participating in all the activities during Welcome Week.
I will plan to be active to relax and this will help me manage stress, this will make me become more focus and do well in class.

Working hard and time management.
Set aside a certain amount of time each day to study.
talking with a financial advisor
I've decided I'm going to go back to eating vegan, the way I used to eat for about 5 years until halfway through highschool. I plan on fixing a lot of salads and buying fruit.

Research different Career options.
Working out, and talking to people
Work study and trying to save money.
I really don't get stressed out over anything so I don't think it needs to be addressed, I'll just see when I get there.

Planning early, managing my time especially between my job and school.

I just need to be very engaging and social with the people around me. This is sometimes hard for me because I tend to hide myself until I'm comfortable. This anxiety is worsened by the fact that I have no roommate. It just makes things harder.

1. Asking for help
2. Paying attention to schedules and alarms
3. Going to professors in office hours
4. Study groups

Working hard to find a job.

Just focus on my studies, and not get too distracted by the freedom I will have.

Working on campus in a work study position.

Giving myself more time to study so that I am confident in my ability to do well in class.

Explore different classes that interest me in the hopes of finding out what I want to persue for a major.

Stating off well in all my classes and seeking help right from the beginning.

Going with the flow and hoping I become organized.

I think that I will miss my parents around because my mom is my best friend.

Talking to counselors to figure out which path I should take.

Staying away at home and doing work at a library.

Set up a plan and stick to it.

Exercising

Study hard and review notes daily.

Being more outgoing and talking to more people

By variety ways to recognize different friends in UM.

Changing my study manners.

Setting Goals, thinking about how I want to do in the class. Having high expectations for myself. Allowing myself to understand the fact that it may be difficult at first. Keeping a positive attitude. Not worrying too much.

Increasing my study manners.

I want to get a job for the school year but I cannot find one that would work very well with my schedule. I know that I will also have to pay off loans.

Just thinking that its change and it will be good for me. I've talked to others it's just such a large transition from high school to this.

Try to make as many friends as possible, as early as possible. Preferably before classes start.

Make a goal for myself to study a specific amount of time and complete my goal.

Being open, and acting like myself.

try to balance my time with friends and studying and prioritizing my time managing my time effectively

By not procrastinating and always doing my school work I have always done well at getting everything done on time but I always except way too much from myself and once in awhile set my self up to fail because I am always trying to do everything perfect and it doesn't always work out that way. So i will address this concern by seeking out help if i need it, working very hard, and putting all my effort in to my school work.

studying as much as i see fit

Devoting much of my time to studying in the beginning of the year.

I'll miss my old friends

Getting a job during the school year.

I am going to try to be as open-minded, flexible, and outgoing as possible.

in each and every type of opportunities.

I decide to take a wide variety of classes to see exactly what I want to do with my life.

Just keeping my options open and speaking with career advisor one I am living on campus.

ask others for help

Be myself and not worry about the opinions of others so i can find a group of people that I can get along with.
Keeping busy and get involved.

I am thinking about majoring chemistry. The reason why I choose this major is because it was my favorite class but now I have no idea how it is going to be college so I am not really sure what I will be majoring in college.

Making sure I have all my stuff together before I go so that if I don't have a job in the next week, I'll be able to get one when I'm there.

Take generals first, and hope time will help

Trying different classes and doing what interests me.

To not stress about it until the time comes. There isn't an easy way to solve a problem until it becomes a problem to begin with.

Looking online for options

Just gettin my act together and doin my homework

Create good study groups.

Studying and going to every class

I have communicated with my roommate many times and I also have been trying to meet new people before I move in to the dorms.

Make sure to balance classwork with social life and find a happy medium.

Receiving the proper guidance from my community leaders.

Ways to make money on or off campus (jobs), budgeting, loan disbursements for books/tuition/gas

winning the lottery

Well I haven't given it much thought despite it being a major priority to me. I'm really not worried about anything. If anything, it's the excitement that comes with meeting others that is really not at all daunting but highly anticipated.

exploring majors

As an international student, I have the concern about the language problem and the American-styled studying methods which is totally different from what I am used to. And maybe that will take a certain period of time to get used to.

I've been looking into jobs on and off campus.

study a lot.

By talking to people on my floor.

Making time to study

I have always done well in school but I have heard that college is tougher. While I have heard that it is easy from others.

Just relax and be disciplined… try my hardest, and don't slack off.

I'm just going to try and put myself out there and not be shy.

I was outgoing during orientation and tried to make as many friends as possible. I am also keeping an open mind and hope to meet many people.

I'll just make sure i keep my study skills up, and not procrastinate while i get used to college.

Talking to my roommate beforehand.

I'm going to start off strong by going to all of my classes and not letting myself fall behind by not studying.

Relaxing and being open

Give myself enough time to do my homework, but also to relax and not burn myself out fast.

I try not to think about it, actually.

Making sure that I study and utilize all possible resources available to me.

Developing study habits

I realize if I pay attention in class and devote much of my time to studying, that I should not have to worry too much. I am starting to realize how many resources are available for me and how they can also help.

Joining lots of clubs and participating in various activities

Ask where I can find tutoring assistance from my supervisor.

A new attitude of studying and time management that is more focused than previous years.

Making sure to stay focused and not to procrastinate on my homework... Making sure to have the right amount of studytime

I am disappointed that I was not assigned to one of my top three residence halls, but am deciding to enter the year with an open mind regarding the living situation.

I just want to see how my classes go freshman year, and then talk to my advisor about a major.
taking a variety of classes to see what i am good at

I think I'll try making a study schedule for myself. If I have a set time for studying, I'll be more likely to do it.

I've prepared for both.

My roommate and I are already talking on facebook.

Finding a job at school

Just incase I will need money in me and that I wont have to ask my parents for money.

Talking to other students about it.

none. dont know what to do about it

Really focus on my classes and get help if I need it.

Generally reaching out to people when I initially arrive on campus. Additionally, I plan on getting involved in a lot of extracurricular activities through which I’m sure I’ll meet new people.

Balancing course load with social life.

Open-mindedness and ability to compromise.

I will make sure to study instead of sleeping in really late or just sitting around being lazy.

Just being more outgoing and trying to meet new people.

try to really get to know my roommate and make it work no matter what.

I have recently started a new job that can travel with me to college and allow me the flexibility to work as often or as little as my school work permits.

Manage time well and be on task when appropriate. Try not to get side tracked.

I've met people at orientation.

My interests are quite diverse, I can't decide what my major is. And I am not sure if I can deal with the academic courses successfully because it's the first time I've been abroad.

Opening up to others.

Getting out and meeting lots of different types of people

Making time for studying

I'm going to try and keep a schedule of when I go to the library, and I want to find a place to study that works for me.

There's not much I can do in today's screwed up aviation world.

step, by step really.

Communicating with my roommate, purchasing the items I'll need, being open to compromise

Just be really open and friendly to everyone. Everyone needs more friends and they will all be anxious like me

Study hard and dont get distracted

I have looked into plenty of financial aid services provided by the U as well as by third parties but I am still nervous about how much debt I can expect throughout my college career.

Choosing Welcome Week activities that I think will be easier to meet new people.

Trying not to be shy and just putting myself out there.

I will go to classes and study.

Budgeting time well and always attending classes.

Just being outgoing and myself... my real anxiety is finding a core group of friends that I can actually hang out with and retain

Well I know what I want to do, I want to be a dentist but I haven't found the right major for me yet so I really don't know what to do?

Utilizing spare time to complete assignments, readings and studies. I'll need to find a good place to study outside of a dorm room (i.e. outdoor bench/park, indoor library, etc.)

Be myself.

none

keep with my hobbies and interests as much as possible

Budgeting and working

Refresh my brain before I get to school.
Making a schedule for myself so I have certain times to study and do homework. I try not to pack my schedule either.

My long term goal is to become a doctor. I have researched medical school requirements, therefore I know I can choose a non-science major and still be accepted. I have spoken to doctors who have advised chemistry majors but I enjoy english and history. I am concerned if I major in english or history I will fall behind science majors by not being as prepared for medical school and the MCATS.

Trying to join clubs.

As an international student, I think that the language will be somewhat difficult for me at the beginning. Surely within time, I will catch up, but the first year will be a challenge for me.

Try to make friends fast when I get to Welcome Week and keep meeting new people as the school year goes on.

How i will transition into college and if i can make new friends well and overcome my fears.

Balancing my time so I don't end up stressing out all the time. Using the resources around the campus as much as possible.

keeping family and friends close, taking one day at a time, using my resources

getting a job after accepting a work study

None

I'm pretty confident that it will work out I just have heard a few bad roommate connections and don't want that to happen.

I will make sure I study and go to all of my classes.

STUDY!

STUDYYYYY!!!!

Choosing classes that I can handle and not signing up for too many credits.

I have thought about getting to know my classmates and professors well right away, which would create opportunities for asking questions and starting study groups. Also, I want to get on task right away the first day, and get a good start.

Ask other students as well as using available resources at the college such as staff and councilers.

suck it up and do my best

Consulted friends with prior experience.

There's not much to do besides just keeping my eyes open to different possibilities and critically assessing what I'd be good at doing vs. what I wouldn't.

I honestly don't know because it's hard to gauge how difficult it will be to make friends.

I will consume myself in my studies as soon as possible, not leaving it until the last minute.

Finding a campus job or outside job. Learning how to budget my money.

Well, there's not a whole lot I can do. I figure if my sister could get through college being away from home I'll be able to manage it, too.

I've taken 'interest' tests, but I'm hoping that I'll narrow it down as I take classes.

Meeting people in classes/ my dorm.

Making sure that I interact with groups of people beyond those in my college, and to join activities, clubs, and intramural sports to get more involved.

working and keep track of what i spend

Being very kind to everyone I meet.

I've just been researching my career and major options to see which ones seem more fit for me and which ones are careers I could see myself committing to in the future.

Face it head on.

Taking out subsidized loans and continuing to look for more scholarships.

Working out consistently and eating well.

I should take class and studying more seriously that usual relax

Putting school work as top priority and to not procrastinate.

I plan to study hard and take it at a pace that I can handle.

Stopped drinking so much soda--I get major caffeine withdrawals

Putting enough time and effort into my studies.

Going home at least once a month if not more so I can spend time with family and friends still at home.

I have thought about addressing this concern by attending welcome week activities that are not required and by getting involved in intramural sports.
At my orientation on August 7th and 8th talking to my counselor. Try to be outgoing and easy to get along with. Meeting my roommates and learning more about my dorm room and such. Overall not a large concern. Being friendly to everyone and not being shy, I haven't been open and outgoing and studying hard. Will try to be more sociable/outgoing while still being myself. Try more things. Don't think about it too much and to be confident in myself. I haven't yet. Having a wide range of options. I don't know. I know that collegiate coursework will take more time than in high school, so I plan to just work as hard as is necessary. Taking a class that specifically helps undecided people to see what they are interested in and then from there, what major to decide on. Just be open minded and breathe. everybody will be in the same boat. Looking more into loans and financial aid that is given. Studying when I have free time instead of waiting until night. I'm not sure, because I have a lovely son at home and it's hard thinking through everything right now. The only thing that I could think that can help me to do good in school is all about having faith. Manage my time and take advantage of tutoring/office hours if I don't understand something. DON'T PROCRASTINATE. DISCIPLINE. Doing the best I can on my part to be a good roommate. Being as social as possible right away. Taking classes on subjects that interest me most and finding out which would lead to the best career path for me. To try to communicate with the native people. none. Applying for a job on campus. None so far. just try and meet people from different diversities. Just staying committed to my academic goals and strive to be in the best position to achieve them. I intend on using time management skills and studying in my spare time while taking the time to understand any difficult concepts. If there is a problem with my roommates trying to address it right away and get it fixed. Working with GoldPass to find a job. Also talking with my current boss to find another job in the cities through connections he has. Knowing my study habits and attention to detail, I've recognized that I will not be able to commit as much time as usual to these things. I've also tried to prepare myself for other aspects of college so that my course work can be my main focus. Talking to people, making friends, and asking questions. Improving my study habits to the best my abilities, not allowing as much procrastination in my work that I did in High School. To do my best at not pushing my self beyond my abilities, take what I can do. Take it slowly, so I have time to adjust myself in the correct way. Budgeting my time and taking all study tips to heart; study groups, work time outside of class, etc. Well I change my class schedule at least once a week, hah but otherwise, i am just going to ride it out...everything will be okay :]

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Loaning

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Getting to know people at welcome week events. Balancing everything. But, first and foremost, work before play. Exploring new areas, learning about different majors. I will be staying in the learning community so people on my floor have similar interests and classes.
I have decided that I will work my hardest and try my best.  

Asking upperclassmen how to handle the stress.  

Using the resources available to me such as Coffman Union and MEP. I am also thinking positively about what I can do such as keeping up in class, asking questions/help and learning not to stress or put off assignments but just do them.  

I hope to be able to meet people with interests similar to my own and make great friends.  

Learning about different majors so I can find one that interests me the most.  

I need to be more outgoing and try to make friends  

Being more outgoing.  

I have thought about ways to get more time in studying.  

Applying for more scholarships, finding a part-time job if necessary, getting financial aid.  

I haven't put much thought into addressing this concern yet  

time management  

Working lots of hours and begging for money.  

I will ask questions and interact with my fellow classmates  

talking to banks and family members.  

I will try to take classes that interest me in hopes that they will lead me to a career choice that is right for me.  

keeping my door open while im in my dorm and being open to meeting new people  

Talking with my advisor, and seeing if I am in the right classes during the first week of school. Being a student athlete, I have the advantage to use the Beirman (sp?), and the tutors there will also help me decide a major, as well as the work load in my classes  

Planning to take classes that could help me come to a decision.  

by talking to mentors and participate in pertinent help groups  

I am worried I will not be able to motivate myself to manage my time well and resort to high-school tactics of doing everything the day they are due.  

Finding a job  

Finding good places to study, and getting good study habits early so i have a routine which will make school easier.  

trying to make friends and meet new people.  

What if I don't get along with my roommate?  

Working hard in my classes ang doing mmm very best.  

Trying to do work study and still have time to work on school work while still having free time to do stuff.  

Planning on spending a majority of my time at the library studying, even when I don't have finals or mid-terms to take.  

Try to get my own room. Have my own living space and there would be no anxiety about it.  

Careful planning, stress management, diverse classes, asking for help from my mentor  

Making a study schedule and planning out my days to get the most out of my time.  

Looking into different career opportunities.  

Maintaining a schedule  

I already know a few people from my high school that are going to the U of M, but I'm afraid I might lose touch with them, and I'm afraid I might not be so good at getting to know new people.  

Participating in activities that will push me to be more outgoing.  

I have not really  

just sucking it up even though i will miss the friends i am moving away from  

By working hard in all of my classes, and by making sure that I study a lot.  

Finding a quiet place to study.  

Meeting roomates.  

Managing my time well.  

Don't really have any. But prolly just try to make as many friends as possible!  

I have thought about looking up articles on the internet about studying and time management.
I'm going to talk to my adviser.

To be honest I have not thought about it much, I just figure on going into classes and figuring out if I need to work hard or not. If I am having a rough time with my work load and classes, I've heard that there are a lot of resources available for help.

I am trying to be very outgoing and remembering to just be myself.

Being open during welcome week and the first few weeks with my peers and with the people living in the same residence hall.

Constantly talk and call I guess.

use time wisely

Talking to teachers and getting help when I need it

Taking classes to help me explore my interests.

I have talked to many adults in a variety of professions to see what I might be interested in. I have also talked with some advisors at the University of Minnesota, and they have been very helpful. I have narrowed my ideas down, and I'm excited to "get my feet wet" and start some classes to get a taste of what I might like to pursue in the next 4 years.

Getting a job..?

By not making college friends.

What should I do after I graduate

I got to realise that the american students' way of life is so much different from ours, so I am wondering if I can handle the relationship well. I wish I can enjoy making friends with not only Chinese but people from everywhere, totally enjoy the college life here....

Participating in all the activities I can during welcome week.

I'm going to do a lot if studying.

Just being told that College is so much different than High School

looking into financial aid

Getting a job on campus, saving more money, spend less, only buying things really needed

I plan to make regular trips home of at least once or twice a month if not more. This depends on the coursework I am given in class.

Jumping right into the work, trying not to start out poorly.

City Bus and Carpooling

Perhaps taking fewer credits.

Talking to roommates online or calling them.

Being friendly/ open minded.

talk to my counselor

When registering for my classes, I carefully considered what types of courses I would be able to balance together in a semester. I opted out of taking Physics this semester to help me ease into the increased workload. I am also very aware that I can't allow myself to get behind early in the year. It is quite easy to slake off from the beginning because you are overwhelmed, but, by being cognizant of this tendency I hope to avoid it. I also plan on introducing myself to my professors early on to try and form real relationships. I know my academic weaknesses rather well, thus I know what I have to continue to work on improving once at college. I'm not too proud to seek out assistance such as tutoring if I need it.

Taking classes related to potential majors to gain an understanding of the career.

Don't take it too seriously.

exploring and doing research on major/careers that I would be interested in.

I will just take each class one at a time and have taken classes where I believe I can succeed without hindering my goal of graduating in four years.

Relaxing with friends

Studying

Trying different methods and seeing what works

None

I have journaled and talked to friends and family about it.

Find people that have taken the classes--possibly tutor.

To just be myself and be open to opinions and concerns of those around me while getting involved the best I can to meet people.

I have talked to family and friends who have taken the career paths that I am interested in.
start looking for one now.

I decided I will just go with the flow, take out loans and other ways to pay for college. I'm not the only one with these problems and I am ready to work hard to get through it! yay!

Try my best to meet new people and be open to new opportunities concerning making new friends. Also, remember my best friend but be willing to make more close friends.

Meet people.

Just doing all that i can and asking for help when i need it.

Requested a hall transfer from Bailey to anywhere on the East Bank.

Sarcasm seems like a good option. Perhaps if I made it abundantly clear that I resented the University of Minnesota trying to schedule my life and then probe my psyche, and if others joined me in this, a real difference could me made. Join the cause! Take back our non-surveyed minds!

Trying to be very thorough in planning and efficient in how I delegate my time.

### How important is it for you to experience a sense of community at the University?

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<tr>
<th>Importance</th>
<th>Count</th>
<th>Percent</th>
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<tbody>
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<td>Not at all important</td>
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<td>Somewhat important</td>
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**Total Responses:** 3455 **100%**

**Mean (Based on Assigned Alias):** 3.08

**Standard Deviation (Based on Assigned Alias):** 0.77

### How many hours do you anticipate spending per week on each of the following activities during your first year:

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<th>Activity</th>
<th>Hours per Week</th>
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<td>Working at a paid University job (including assistantships)?</td>
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<tr>
<td>Working at a paid non-University job?</td>
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### How confident are you in your ability to:

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</thead>
<tbody>
<tr>
<td>Understand what professors expect from you academically?</td>
<td>2% 75</td>
<td>25% 865</td>
<td>53% 1842</td>
<td>19% 672</td>
<td>2.9</td>
<td>0.72</td>
</tr>
<tr>
<td>Develop effective study skills?</td>
<td>3% 94</td>
<td>28% 964</td>
<td>53% 1812</td>
<td>17% 580</td>
<td>2.83</td>
<td>0.73</td>
</tr>
<tr>
<td>Adjust to the academic demands of college?</td>
<td>2% 70</td>
<td>27% 913</td>
<td>52% 1802</td>
<td>19% 654</td>
<td>2.88</td>
<td>0.72</td>
</tr>
<tr>
<td>Manage your time effectively?</td>
<td>5% 157</td>
<td>35% 1220</td>
<td>47% 1632</td>
<td>13% 433</td>
<td>2.68</td>
<td>0.75</td>
</tr>
<tr>
<td>Get to know your professors?</td>
<td>8% 270</td>
<td>42% 1446</td>
<td>38% 1312</td>
<td>12% 416</td>
<td>2.54</td>
<td>0.8</td>
</tr>
<tr>
<td>Develop close friendships with other students?</td>
<td>3% 98</td>
<td>26% 906</td>
<td>46% 1586</td>
<td>25% 856</td>
<td>2.93</td>
<td>0.79</td>
</tr>
<tr>
<td>Feel like you’re a part of the University community?</td>
<td>3% 100</td>
<td>30% 1028</td>
<td>53% 1815</td>
<td>15% 504</td>
<td>2.79</td>
<td>0.72</td>
</tr>
<tr>
<td>Be a successful college student?</td>
<td>1% 31</td>
<td>15% 508</td>
<td>59% 2030</td>
<td>25% 875</td>
<td>3.09</td>
<td>0.66</td>
</tr>
<tr>
<td>Study when there are other distractions?</td>
<td>6% 209</td>
<td>40% 1392</td>
<td>43% 1480</td>
<td>11% 365</td>
<td>2.58</td>
<td>0.76</td>
</tr>
<tr>
<td>Write effectively?</td>
<td>7% 246</td>
<td>32% 1100</td>
<td>43% 1466</td>
<td>18% 637</td>
<td>2.72</td>
<td>0.84</td>
</tr>
<tr>
<td>Think critically in order to solve problems?</td>
<td>1% 37</td>
<td>19% 647</td>
<td>55% 1907</td>
<td>25% 850</td>
<td>3.04</td>
<td>0.69</td>
</tr>
<tr>
<td>Communicate effectively with others?</td>
<td>1% 46</td>
<td>18% 612</td>
<td>57% 1980</td>
<td>23% 806</td>
<td>3.03</td>
<td>0.68</td>
</tr>
<tr>
<td>Set goals and strive to achieve them?</td>
<td>1% 27</td>
<td>13% 461</td>
<td>54% 1869</td>
<td>32% 1089</td>
<td>3.17</td>
<td>0.67</td>
</tr>
</tbody>
</table>

### What resources/information would you like to see available during the first days/weeks of classes?

<table>
<thead>
<tr>
<th>Resource Description</th>
<th>Count</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>More opportunities to socialize (campus events)</td>
<td>1995</td>
<td>59%</td>
</tr>
<tr>
<td>More interaction with faculty</td>
<td>1558</td>
<td>46%</td>
</tr>
<tr>
<td>More interaction with academic advisers</td>
<td>1467</td>
<td>43%</td>
</tr>
<tr>
<td>Information on academic expectations and degree requirements</td>
<td>1545</td>
<td>45%</td>
</tr>
<tr>
<td>Information on majors</td>
<td>1605</td>
<td>47%</td>
</tr>
<tr>
<td>More information on what life on campus is like and what to expect</td>
<td>1242</td>
<td>37%</td>
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<tr>
<td>Topic</td>
<td>Respondents</td>
<td>Percentage</td>
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<tr>
<td>Academic and personal skills training (time management, stress management, studying, note-taking, writing papers)</td>
<td>1523</td>
<td>45%</td>
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<tr>
<td>More information on campus libraries</td>
<td>1043</td>
<td>31%</td>
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<tr>
<td>Finding and accessing computers on campus (emailing)</td>
<td>466</td>
<td>14%</td>
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<tr>
<td>Getting help for personal concerns</td>
<td>489</td>
<td>14%</td>
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<td>Information on medical coverage</td>
<td>342</td>
<td>10%</td>
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<tr>
<td>Finding a job on campus</td>
<td>1538</td>
<td>45%</td>
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<tr>
<td>Addressing safety concerns</td>
<td>355</td>
<td>10%</td>
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<tr>
<td>Getting involved on campus</td>
<td>1623</td>
<td>48%</td>
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<tr>
<td>More information on services and resources on campus</td>
<td>677</td>
<td>20%</td>
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<tr>
<td>Other:</td>
<td>66</td>
<td>2%</td>
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</table>

**Total Responses:** 3401 100%

**Mean (Based on Assigned Alias):** N/A

**Standard Deviation (Based on Assigned Alias):** N/A

**Other**
- getting around campus
- Fewer requirements. More options.
- Scholarships
- nothing
- None, I would like free time to get to know people independently without being told how to do it
- Study abroad/foreign exchange programs
- more information on greek life
- Greek life
- sports
- What's after college, and how will college help you achieve what you want to do.
- finding a job off campus
- Productions (plays)
- information on recreation (where is a good place to bike?)
- getting to know where everything is on campus
- community service options and religious activities
- Volunteer/Service Opportunities
- Greek stuff.
- information on how to get to classes/ transportation
- free time
- None
- rule 34
- Free time to get to know people on your own terms
- physical fitness activities
- None, i just want to go to my classes and be left alone
- commuting to classes without a car
- information on study groups
- Information on extracurricular groups
- Information on Housing and getting to classes
- Competitions involving engineering
- free time
- volunteer opportunities
- Greek Life
- Research opportunities
- I Love People.
- More information on fitness classes and inturmural sports
- financial aid
- off campus jobs
- where I can practice music
- Research Opportunities
- How to be left alone by the University
- Intramurals
I'd like to find out why I can go from PSEO, where I received no orientation whatsoever and yet achieved tremendous success, to my "freshman" year, and suddenly need to have "several" orientation events. I'd like to know why the University of Minnesota feels the need to insult my intelligence with all of these condescending first-year programs.

Intramural sports information
More info on how to get Text books.
Career Information
What jobs come out of certain majors
Intramural sports
finding my classes at the u
Detailed computer policy information before move-in
Greek System
athletics
Work in the community.
Learning to find research
Information on specials deals and discounts in the community available to students
Undergrad research opportunities
Resrouces for Student Small Businesess Owners
Interest Groups on campus
More information about intramural/club sports and signing up
Study abroad
Intramural sports
Financial Advising

What or whom has shaped your thoughts about exploring your academic major options?

<table>
<thead>
<tr>
<th>Count</th>
<th>Percent</th>
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<tbody>
<tr>
<td>Current events</td>
<td>1088 32%</td>
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<tr>
<td>Classes I've taken in high school</td>
<td>2495 72%</td>
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<td>Community service activity</td>
<td>579 17%</td>
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<tr>
<td>Cultural factors/influences</td>
<td>604 18%</td>
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<td>Family member(s)</td>
<td>2042 59%</td>
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<tr>
<td>Financial security/earning potential</td>
<td>1081 31%</td>
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<tr>
<td>Friends/peers</td>
<td>1170 34%</td>
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<tr>
<td>High school teacher or counselor</td>
<td>1355 39%</td>
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<tr>
<td>Professional in a career field I am pursuing</td>
<td>760 22%</td>
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<tr>
<td>Internship or employment experience</td>
<td>419 12%</td>
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<tr>
<td>Personal interests, skills, and values</td>
<td>2594 75%</td>
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<tr>
<td>Interest inventory testing (ACT, Strong, etc)</td>
<td>299 9%</td>
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<tr>
<td>Student organization</td>
<td>248 7%</td>
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<tr>
<td>Mentor</td>
<td>191 6%</td>
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<tr>
<td>Other:</td>
<td>61 2%</td>
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**Total Responses:** 3444 100%

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<thead>
<tr>
<th>Mean (Based on Assigned Alias):</th>
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<tbody>
<tr>
<td>Standard Deviation (Based on Assigned Alias):</td>
<td>N/A</td>
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</table>

Other
Lead America law conference
A favorite Sci-Fi television series, Stargate SG-1
PSEO Experience
Coach
i've wanted to major in cscl for a long time
always wanted to do nursing
Exchange program
Me.
music
working with UW Parkside Professors
interest
advisor at the college
movies
I'm confident in the major I've chosen.
academic summer camp
Rush Limbaugh
my general interests
studying abroad
Study Abroad Experience
Personal experiences and Cultural
My mom's friend/MS Guidance Counselor
I don't know yet
College Advisor
The Hunting Massacre of 2004
longtime interest
My U of M professors, since I completely eliminated the need for any sort of "mandatory" Welcome Week activities when I completed 20 credits at the U of M with a 4.0 GPA (obviously a mark of college success, right? You would never know it by talking to U of M representatives on the telephone, because they like to go on power trips and treat the more motivated students like shit for not accepting mediocrity in their coursework.) But that's way more information than you were looking for from this survey, I'm sure. When has the U of M ever given a shit about those of us who stand above the crowd?
The song of the dodo by David Quammen
Personal Experiences
gut feelings
my own thoughts (some of us use them to make our own decisions)
Nature of Life Program
books
Boy scouts, Fire Explorers, Supermileage
scrubs
personal exploration
Santa Claus and Roger Rabbit
Options with that degree.
Courses I've taken in college
Personal Studies
Personal Interest
Tutors
Boy Scouts
Faith
rule 34
Orientation at the Career Center
job shadow
Writers
college courses
my job
I want to take over my father's engineering company.
Books I've read
US Air Force
Interests
My father, and myself
General interest
God
AP tests
personal experience