University of Minnesota Day (U of M Day) OVERVIEW
SEPTEMBER 2, 2011

Goals of U of M Day
- Foster institutional pride & respect
- Acknowledge student’s individual responsibility & ownership of college experience
- Encourage the respect and responsibility of students as individuals and toward others on campus
- Provide academic and student development programs to assist in adjustment to campus
- Enhance capacity of students to lead and work among students from diverse backgrounds
- Meet students and staff who can encourage academic and personal success
- Navigate campus and its many resources
- Be intentional in creating a successful college experience

How Goals Are Met
- Students navigate campus in small groups led by two Welcome Week Leaders
- Students will participate in an introduction session emphasizing the concepts of respect and responsibility as U of M students
- Students visit each campus (East Bank, West Bank, and St. Paul) of the Twin Cities campus via Campus Connector, spending approximately 1.5-2 hours on each campus.
- Programs are intentionally connected to the Student Development Outcomes
- Programs are offered to introduce students to transitional issues & resources that address:
  - Financial Literacy
  - Student Engagement
  - Transition to adulthood
  - Health and Safety
  - Community & Diversity
  - Academic & Career

U of M Day Programs
University Day addresses the many transitional issues first-year students encounter as they adjust from high school to college. Two topics (Live Like a Student and a session on the strengths based approach to the college experience) will be assigned and required of all groups. The rest of the issues will be addressed in a variety of
ways and students will be able to select from opportunities available. Specifically these programs include:

**Required Sessions for Students**
- **Live Like a Student:** One Stop coordinates a required presentation that addresses financial literacy issues related to budget, on-campus employment, work study and managing realistic financial expectations as a college student.
- **Strengths:** Students will receive a half hour training on the Strengths based approach and more detail on what their 5 talent themes mean for them. They will also learn how they can use their Strengths as a U of M student.

**Optional Sessions for Students**
- **Interest Sessions:** Interest sessions are collaborative sessions between departments to address student transitional needs. These sessions are 20 minutes in length and scheduled (at most) every 30 minutes (actual number of presentations will be based on the number of sessions offered). Presenters hosting interest sessions should be prepared to present up to 12 times in one day. Multiple staff can be scheduled to present. Location will be a West Bank classroom in Anderson or Blegen Hall.

**Submit a Proposal**
To submit a proposal for an Interest Session please complete the online form at: [http://www.ofyp.umn.edu/en/programcollaborationintro/universitydayproposalintro.html](http://www.ofyp.umn.edu/en/programcollaborationintro/universitydayproposalintro.html)
You can also find this link [www.ofyp.umn.edu](http://www.ofyp.umn.edu) by clicking “Higher Education Professionals” and “Program Collaboration” **Questions or Ideas?**

Further questions or ideas can be directed to:
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