



Quotes from Former Students

The following student quotes from anonymous end-of-course evaluations and surveys were selected based on their relevance to University of Minnesota - Twin Cities Student Learning and Development Outcomes.

AWARENESS OF DIVERSITY & APPRECIATION OF DIFFERENCES

- “It provided many viewpoints to the subject matter, which increased my consideration and tolerance of how the people around me may have different opinions than me.” (SM, 2014)
- “[I’m] much more respectful of others’ identity.” (SM, 2013)

EFFECTIVE CITIZENSHIP & LIFE-LONG LEARNING

- “The whole focus of this course was to provide lifelong skills for you to take away and apply to your future years in school and beyond. I think they presented the aspects that are important to everyday living and showed how to achieve a strong balance between them.” (SEE, 2013)
- “I have taken many different classes in my life that have taught me many different things but I’m hard-pressed to name another class I’ve taken that has taught me so much about the real world around me, and given me tools to use in everyday life.” (ACL, 2008)

EFFECTIVE COMMUNICATION

- “I do find that I am more communicative as result of this course, and more introspective of my own values, beliefs, and behaviors.” (SM, 2013)

GOAL ORIENTATION

- “My mood has improved, I am happier, I have more motivation to stick to my goals and make healthier lifestyle choices.” (SEE, 2013)
- “This course played a very important part in the evolution of myself. This course forced me to address my values, and realign my actions to match those values...” (ACL, 2014)

RESILIENCE

- “I have found many ways to relax and calm myself down when I get stressed or worked up over something.” (SOS, 2012)

RESPONSIBILITY & ACCOUNTABILITY

- “This course was very beneficial to me personally, especially being a first year student. It helped reassure me that stress is normal, but sometimes I need to take actions into my own hands to help make the stress more manageable.” (SOS, 2014)
- “It was eye opening...It definitely changed some of my behaviors towards alcohol and my college life (in a good way).” (ACL, 2012)

SELF-AWARENESS

- “The thought-provoking questions made me re-evaluate myself at times and caused me to view things a little different (in a good way).” (ACL, 2012)
 - “I really liked how this class wasn’t a course that was determined on changing me, but rather a course that made me want to change myself.” (ACL, 2010)
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Rothenberger Institute Course Contributions to UMN Student Learning & Development Outcomes

| | Alcohol & College Life | Sexuality Matters | Sleep, Eat & Exercise | Success Over Stress | Financial Fitness |
|---|------------------------|-------------------|-----------------------|---------------------|-------------------|
| Student Learning Outcomes | | | | | |
| Can identify, define, and solve problems. | ✓+ | ✓+ | ✓+ | ✓+ | ✓+ |
| Can locate and critically evaluate information. | ✓ | ✓+ | ✓+ | ✓ | ✓ |
| Can communicate effectively. | ✓+ | ✓+ | ✓ | ✓ | |
| Have acquired skills for effective citizenship and lifelong learning. | ✓+ | ✓ | ✓+ | ✓+ | ✓+ |
| Understand diverse philosophies and cultures within and across societies. | | ✓ | | ✓ | |
| Understand the role of creativity, innovation, discovery, and expression across disciplines. | | | | | |
| Have mastered a body of knowledge and a mode of inquiry. | | | | | |
| Student Development Outcomes | | | | | |
| Responsibility and Accountability by making appropriate decisions on behavior and accepting the consequences of their actions. | ✓+ | ✓+ | ✓+ | ✓+ | ✓+ |
| Independence and Interdependence by knowing when to collaborate or seek help and when to act on their own. | ✓+ | ✓+ | ✓ | ✓+ | ✓+ |
| Goal Orientation by managing their energy and attention to achieve specific outcomes. | ✓+ | ✓ | ✓+ | ✓+ | ✓+ |
| Self-Awareness by knowing their personal strengths and talents and acknowledging their shortcomings. | ✓+ | ✓+ | ✓+ | ✓+ | ✓ |
| Resilience by recovering and learning from setbacks or disappointments. | ✓+ | ✓ | ✓+ | ✓+ | ✓ |
| Appreciation of Differences by recognizing the value of interacting with individuals with backgrounds and/or perspectives different from their own. | ✓ | ✓ | | ✓ | |
| Tolerance of Ambiguity by demonstrating the ability to perform in complicated environments where clear cut answers or standard operating procedures are absent. | | | | | |

No Check: Not Addressed

✓: Addressed to some extent

✓+: Addressed to a great extent

<https://policy.umn.edu/education/undergradlearning>