



Office of Institutional Research

2009 Spring Check-In Survey Report

All surveys

All surveys:

Number of surveys = 500

Number of completed surveys = 123

Percent of surveys completed = 24.60 %

Number of people who have asked to be removed from survey pool = 0

Number of bad email addresses = 0

Number of inactive UofM email addresses = 0

Number of inactive UofM email addresses where survey was completed = 0

Full Report:

13. In what ways have you addressed your main concern/anxiety?

I just work through it and do what is required.

I have began to study harder and longer.

I convey myself as friendly, engage in conversations and hope that I can make connections.

I just browse the undergraduate majors catalog every couple days and see the courses that each major requires to look for something particularly interesting.

I actually enjoy my spring classes and schedule so it's not that big of a problem.

tried researching the different variety of majors and the requirements involved for each.

I am currently taking a major exploration class.

trying to eat better, working out and trying to get sleep

I plan to work next year and tried to choose a more inexpensive living situation next year than what I originally wanted.

Tried to begin a regular routine, "diet" of sorts, to keep myself eating healthy foods.

I have a lot of loans in order to pay for tuition and I have a part time job.

Attended Tutoring, Reduced amount of socializing.

i dont know. a lot anyway

I am switching Majors to something I actually care about.

Joined a student group on campus.

Moving to a different house

I work.

Budgeted my time more wisely, planned ahead, prayed and rely on God to take me through the things I struggle with.

I study a lot

I've tried harder to find motivation

I'm trying to meet new people and spend more time with friends. I've also tried to stay in closer contact with my family and friends from home.

I am doing all I can to prepare myself for the med school application process

I have been working on getting my homework done early because that eliminates a lot of the stress and time management concerns I have. However, I don't always succeed in doing that.

Although everything would/will be fine at the end of the semester, it is really hard at the beginning because I really don't know how hard the courses will be and how much time I had to spend on each course. Although it is easy to understand the content in the textbooks and lectures, but the points between each student is very close and which makes "a little wrong could make a big mistake and put the GPA down." Also, I have no problem with the amount of homework, but I think to reduce the kinds of homework will be better. For example, some course has only 4 hours homework to do, but there's a lot of different kinds.

Just try to study a lot and manage time wisely, not procrastinating.

I've tried studying a lot more for my tests since last semester. It's only been about a 50-50 payoff which is annoying.

Studied more often.

I have worked hard to alter my study habits.

Experimented with different study techniques to find which one works the best.

I have weighed my options and decided on a pair of majors which I enjoy, one more than the other, and the other more practical for success.

Attended class, done the reading & assignments, and prepares for exams.

looked for jobs, volunteer work

Being conscious of what I eat in the residence hall, and doing my best to get adequate sleep.

Still working on that.

I met with my calc 4 TA every week last semester to ensure that I understood all of the material. I often study with a group of friends taking the same courses. I also go over practice problems with my roommate before tests.

I have been trying to manage my time better, and focus more on school work and less on socialization.

Making sure I put 100% of my effort into doing my homework and studying for quizzes to the best of my ability.

None yet.

I have been active in exploring different career options. I have made appointments to meet with career advisors. I am also in the process of setting up some job shadows to see what I might be interested in.

Studying, office hours, tutors

changed my major

Developing a routine and getting to know people helped me to adjust well.

on exams

Tried different study skills for different classes

I've gone in to one stop and have talked with the counselors there more than 5 times.

Went to my administrator.

Thought long and hard.

I can't find anything that would work for only the semester.

Trying to study more and get help when I need it.

studying a lot

I try to go to the gym at least 5 days a week. I wish there were healthier food options in the dinning hall.

I can't. I am half way across the world. I try to keep myself busy.

I study all the time

Looked for an apartment for next year

Joined a sorority

I've been ignoring it.

Taking lots of meds, sleeping in, and attempting to avoid the reality of it all when I realize I've been screwed over by an illness, such that my grades will tumble because of it.

Worked harder and less free time for anything else.

Talked with people in the line of work that i want to go into, talking with my advisor, faculty, parents etc.

Simply adjusting slowly to the switch from an IT based major in Math and Science to a more historical and cultural major in IT based on reading and research skills by taking extra time in determining what needs to be done.

I'm trying to get a job.

I've tried making connections with people in my classes.

NA

separate home from school. no hw on weekends, no fun during week.

Study more

I have tried to spend time studying and doing homework, and also balancing that with free time, so I don't get stressed out.

Saved money.

Trying to use the university's job search site.

I have joined student organizations & have gone to residential hall activities.

tried finding an on campus job.

I have try to asked instructor and friends/students from the same class for help.

-Make sure do suggested homework problems. -This is mainly a concern because it is my top priority but I have a tendency to procrastinate.

I have been going home more, but that sometimes just makes me more homesick when i come back. I have a really great family

I have done research on the majors I am interested in. I meet with my adviser to discuss classes and a plan for the next four years. My adviser is really willing to help and tries to get me headed in the right direction.

Studied harder and organized my time better.

I am in pursuit of all applicable options.

spent more time studying.

Blocking off more time to do homework and less time to be with friends, joining a study group to socialize and work at the same time.

I started studying much more than I did last semester

I have been asking other students for advice, as well as seeking out other resources to help guide me in finding a worthwhile path to follow.

I keep trying to meet more people and add others to my friend base, so I can find a group of friends like I had in high school.

I have tried to develop better study habits.

Send technical questions/comments to J. Scott Murdoch at: j-murd@umn.edu.

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